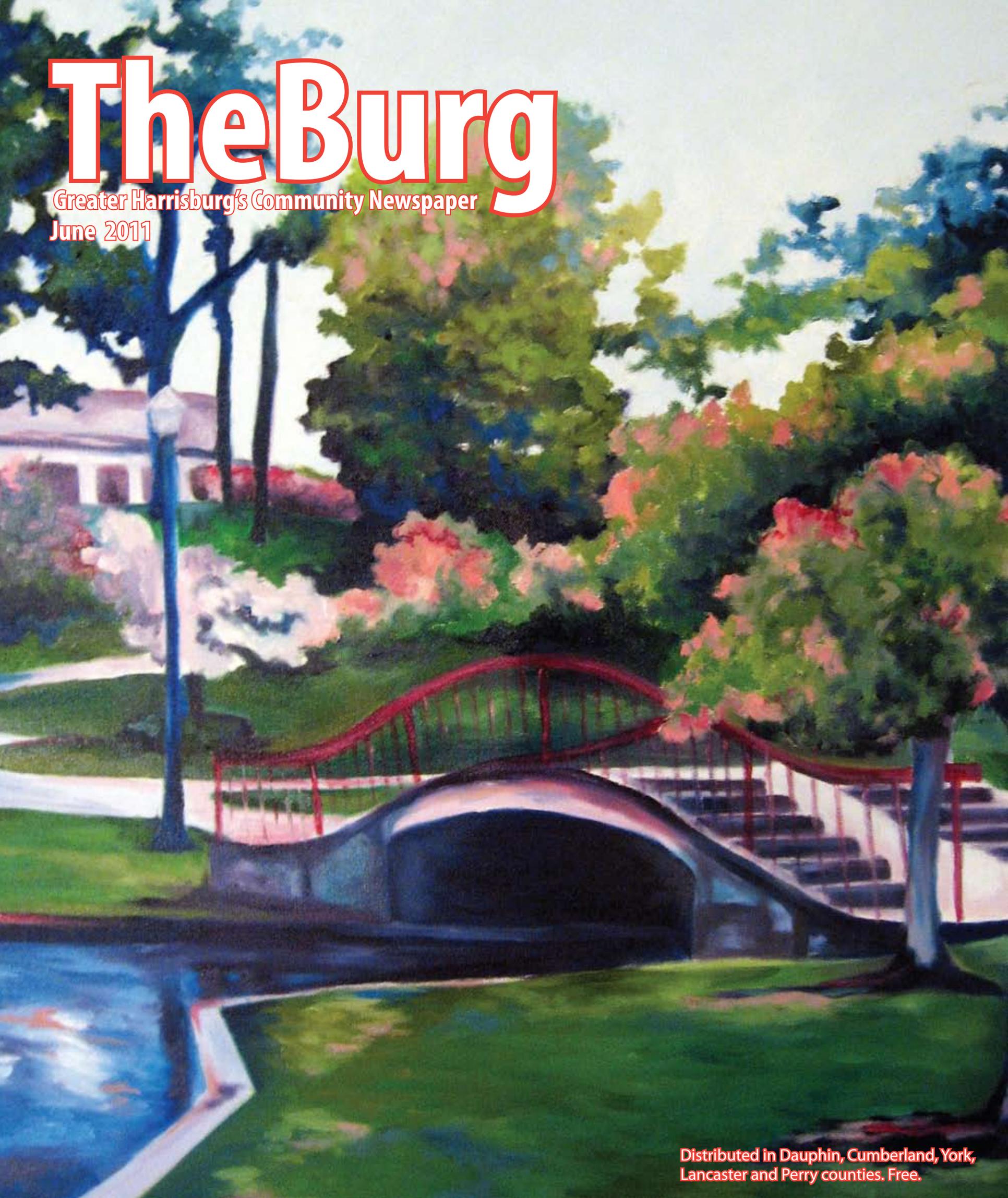


TheBurg

Greater Harrisburg's Community Newspaper

June 2011

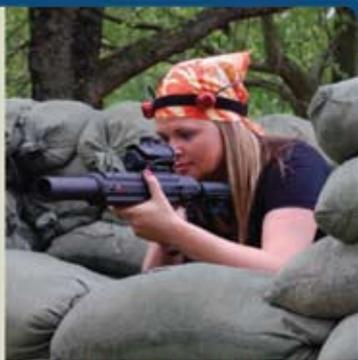


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This month's cover:
"Lago Italiano" by John Holtzman.
Flip to p. 25 for more on the artist.



Harrisburg Voters Opt for Reformers, Youth in Democratic Primary

Democratic voters in last month's municipal primary pulled the lever against the status quo in Harrisburg, choosing newcomers, reformers and youth for city government and the school board.

For City Council, Democrats nominated three candidates who oppose many of the policies of Mayor Linda Thompson: incumbents Susan Brown-Wilson and Brad Koplinski and newcomer Sandra Reid.

"I think it's a referendum on leadership that the people are speaking," said Brown-Wilson. "They're saying that they want checks and balances in their government."

Brown-Wilson had 2,728 votes, Koplinski 2,340 and Reid 1,888. They defeated Camille Erice, Iya Isoke, Ellis R. "Rick" Roy and Patricia Stringer.

Koplinski added that voters have given a vote of confidence to the solid, four-member council majority that has, time and again, blocked Thompson's initiatives, particularly in budgetary matters and in the ongoing dispute over how to resolve the city's deep financial woes.

"We're moving along and getting the job done, and I think voters see that," said Koplinski.

Republicans had only three candidates on the ballot for council—Allen Bair, Michael Bretz and Ruth Cruz. They all go on to the general election in November.

For city treasurer, 23-year-old John Campbell defeated 57-year-old Steven M. Ketterer for the Democratic nomination by 290 votes. The Republicans did not field a candidate in the primary.

For four-year terms on the Harrisburg school board, the top five vote-getters likely will take seats on the board next year, as no Republicans are running against them in the general election. The five winners for the Democratic nomination were 21-year-old Destini Hodges (1,986 votes), Jennifer L. Smallwood (1,678), Arlene Burno (1,661), Wayne L. Henry (1,570) and Rhonda E. Mays (1,421). For the sole, two-year school board seat, Democrat Brendan Murray was unchallenged.

In the race for Dauphin County Commissioner, Republican incumbents Jeff Haste and Mike Pries faced no opponents.

The Democratic race for county commissioner was hard-fought as Wendy Jackson-Dowe (6,186 votes) narrowly defeated Midtown Scholar Bookstore owner Eric Papenfuse (6,169 votes) for the nomination. Incumbent George Hartwick, who picked Jackson-Dowe as his running mate, easily secured a ballot spot. Alvin Q. Taylor trailed the field.

The general election is slated for Nov. 8. To vote, you must register at least 30 days prior to the election.

Act 47 Report Now Expected This Month

The schedule has slipped again for the state-appointed Act 47 team, charged with drafting a comprehensive financial rescue plan for Harrisburg.

The team now expects to release its report in mid- or late June, says Act 47 spokesman Bob O'Donnell.

Under state law, the team has 90 days to issue its analysis and recommendations. Since the team was named in mid-January, people logically believed a report would be ready to go in April, a date later moved up to late May. However, the team now says it actually has until the latter part of June to meet its deadline.

After the report is issued, hearings will be held on its recommendations and changes may be made before final City Council action, which probably now will be delayed until August.

A lot has happened since the Act 47 team was first constituted last winter. The Lancaster Solid Waste Management Authority has offered to buy the city's debt-laden incinerator for \$45 million, an amount later increased to \$124 million.

In addition, the city received an offer from New York financier Jacob Frydman and his company, LambaStar Infrastructure Partners, to lease both the incinerator and the city's valuable parking garages.

Harrisburg seems eager to rid itself of its beleaguered incinerator, the main source of its financial woes—a facility now estimated by the Act 47 team to be some \$310 million in debt. In addition, the incinerator will require substantial investment in the near term to keep operating to standard.

Other issues, including potential asset sales and tax increases, however, are more divisive.

Last month, a council majority wrote a letter to the Act 47 members urging them to ensure that any solution is comprehensive, with possible costs shared by all stakeholders, including Dauphin County and bond insurers, not just Harrisburg residents.

In addition to incinerator-related debt, the city faces a gap in its annual operational budget estimated to be about \$4.5 million this year. Tax hikes and budget cuts may have to be instituted to plug that deficit, as well.

—Lawrance Binda

TheBurg

Greater Harrisburg's Community Newspaper

General & Letters

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Peter J. Shelly, President

Young—and in a League

Sports takes center court for Harrisburg Young Professionals.

Peter Durantine



Side in: HYP volleyballers brave wet courts and falling drops on City Island to get their game in. This year, the league is sponsored by Brick City Bar & Grille in Harrisburg.

Gray clouds sweep across the skies over City Island as a light rain falls on the sandy netted courts where young men and women, wearing the colors of their various teams, happily play ball, despite nature conspiring against them.

It's the weekly volleyball night for Harrisburg Young Professionals, one of nine sports—dodgeball, kickball, flag football, running club, tennis, ultimate Frisbee, darts and bowling are the others—drawing members and non-members alike.

"Everything is played within the city limits," said Wendell Hoover, a former president of HYP who started the sports leagues three years ago, only to find the leagues were filling a void in a city with few sports activities for the 18- to 45-year-old crowd.

Kickball was HYP's first sport, started in June 2008. Hoover, who ran Messiah College's rec sports program for several years as a student, said, at the time, there already was a kickball



HYP sports kicked off with kickball, and it remains one of the most popular activities.

league in the area, but he thought HYP could run a better one.

"And I knew there were a lot of other sports people who wanted to play," he said.

HYP sports has grown quickly since its inception, with more than 1,700 people—about half of them HYP members—participating.

Craig DeKarske, vice chairman of HYP's Sports Committee who started the volleyball

league this year and also runs the program, was astonished when 115 people signed up, creating 16 teams.

"That surprised me for a first-year sport," said DeKarske, who is 30. "I didn't think we could get 16 teams."

The rosters for the other sports are just as impressive: 550 played winter dodgeball, which is so popular that HYP is starting a fall dodgeball league in September; 500 are playing summer kickball; 160 Frisbee; 350 flag football; and 30 bowling.

All sports are co-ed. There are competitive leagues and fun leagues. Sports are played across Harrisburg:

volleyball on City Island; flag football, kickball and Frisbee on the Harrisburg Armory's field; dodgeball at elementary schools, the Camp Curtin YMCA and the Salvation Army on Green Street.

Local restaurants and businesses, such as Brick City, Rookies, McGrath's Pub and Molly Brannigans, sponsor the teams. After games, teammates gather at their sponsoring waterhole to socialize, which is as equally important as the physical activity.

"I've gotten to know a lot of people who I wouldn't have known otherwise without the sports," DeKarske said.

Thirty-one-year-old Megan Barto, a HYP member for five years and chairwoman of the Sports Committee, believes, for most people, HYP sports is a way to meet others, relieve the stress of a job and build team spirit.

"We have a lot of co-workers who play together," said Barto, a lifelong athlete who is captain of her kickball team. "I think part of it is that everyone wants to be active. They want to better themselves. It's exercise, but it's fun."

And for those who don't want to exert themselves too much, HYP has their game too. The darts league will form again come next winter.

To learn more about Harrisburg Young Professional Sports, visit www.hyp.org/sports.

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It Started with Potatoes

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Kermit Henning



Market man: Jim Paulus, among boxes of his freshly grown produce and flowers.

In the seventh grade, Jim Paulus already knew his future. He wanted to be a farmer.

After all, Jim came from a farming background—his grandfather farmed a large portion of what are now homes and businesses in Upper Allen Township. His dad, Creedin, although not a farmer, had a large garden and sparked the interest in Jim. As a way to help with college expenses, Jim and his older brother and sister raised and sold potatoes out of their garage. When the siblings left for college, Jim took over the operation, adding green beans and whatever else they had extra. Business was good; a lot of locals relied on Jim for their store of

potatoes to get them through the winter.

When the borough of Mechanicsburg opened up its town square to local farmers, Jim took advantage of the opportunity. His fresh produce was a big hit, and he soon knew that farming was his calling. He would forego college to work the ground. In 1991, a permanent building was erected on South York Street in

Mechanicsburg, across the street from the family home, and Paulus Farm Market was born.

Today Jim Paulus is farming 750 acres, over 150 just in fresh produce to sell at the market. He is still growing potatoes, lots of potatoes, but the biggest draw is by far the fresh sweet corn. "People always want fresh corn," Jim told me, "way before it's ready for market." He grows several varieties and has corn from July to October, hand-picking hundreds of dozens each day.

As business grew, the demand for more products became clear. He opened his own bakery and deli in 2000. Fruit pies, cakes, muffins, cookies, breads and the ever-popular

whoopie pies fill the shelves daily. The deli includes fresh homemade soups and salads made daily in their own kitchen.

The Paulus family has always raised their own beef for family use and, in 2009, after many requests, decided to offer it for sale in the market as well. Their cattle are totally grass and corn fed with no hormones or chemicals added to the feed.

Awhile back, Jim added a greenhouse and began growing bedding annuals and vegetable plants, as well as cut flowers, to sell in the market. This grew to several greenhouses full of all kinds of annuals and perennials, hanging baskets, planters and a one-acre plot of cut-your-own flowers.

The flowers, and the produce, required a lot of pollination, so Creedin developed his own interest in beekeeping and erected hives all over the farms. They now offer their own fresh processed honey in the market as well.

Jim's wife Amy, with a degree in elementary education, has opened a whole new aspect to the farm. Farm tours for school groups and other parties give the public a glimpse of the operation, including a fall fort for kids, a kids' garden, a small corn maze, hayrides and the popular menagerie of farm animals. The farm is also open to birthday parties and special events.

In 2009, Jim took over the operation of the Deitch's Farm Market on Trindle Road between Mechanicsburg and Carlisle. They offer the same produce, meats and deli items as the home market.

The early season begins with asparagus in April and ends with pumpkins, gourds and fall decorations. Christmas trees, wreaths and roping end the year but certainly not the work. There is no off-season. Winter months are spent repairing equipment, ordering seed and getting fields ready to plant for the following year. It's hard to imagine the work that goes into bringing fresh veggies to market—the time and effort, as well as being at the mercy of weather, which can be disheartening indeed.

But Jim Paulus has found his calling and wouldn't do anything else. Trading a cubicle and desk for a tractor seat puts him right where he always knew he'd be. And after the first 20 years, there is no slowing down now.

Paulus Farm Market, 1216 S. York St., Mechanicsburg. Open Monday to Friday, 9 a.m. to 7 p.m.; Saturday, 9 a.m. to 5 p.m.; and Sunday, 11 a.m. to 4 p.m. 717-697-4330 or www.paulusfarmmarket.com.

Pride Festival a Go, but without Parade

Harrisburg's annual Pride Festival of Central Pennsylvania will go on as planned this summer, but without one of its key elements—the colorful march down Front Street.

Last month, festival organizers canceled the annual parade because they had not received a permit from the city in time to organize the event and because of a lack of volunteers.

The July 28–31 festival still desperately needs volunteers, said organizer Brad Martin. He urges anyone interested in helping to contact his organization at www.prideofcentralpa.org or send an email to info@prideofcentralpa.org.

Homeowners Collect from Casino Funds

The state's casinos will pay out for property owners residing in the Harrisburg school district, who will receive an average reduction of \$421 on the school portion of their property taxes this year.

The tax break is one of the largest in the midstate from casino funds.

The reduction only applies to property owners who qualify for a homestead or farmstead rebate. Senior citizens and the disabled may qualify for additional tax breaks.

Bills for the school portion of the property tax are expected to be mailed out in July.

Faster Trains Ahead

Florida's loss is Harrisburg's gain as \$40 million in high-speed rail money rejected by the Sunshine State will go instead to upgrade switches along the Keystone Corridor.

The money allows completion of the switch project's final design and construction, expected to start in about 18 months. When done, it will cut seven to nine minutes of travel time east of Harrisburg, according to PennDOT spokesman Rich Kirkpatrick.

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Around Town

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Farmer, consumer rediscover a lost connection.

Peter Durantine

Along the edge of a productive farm field at 18th and Holly Streets in Harrisburg, the Joshua Farm has set up bins with fruits, vegetables, flowers and herbs for a select group of people around the region who come, once a week, through spring and fall.

They are the approximately 80 members who have bought shares—either full or half—in the Joshua Farm's community-supported agriculture program, now in its sixth season. It's one of dozens regionally and hundreds statewide, according to LocalHarvest.com, the organic and local food website.

"We do a self-serve setup," said Manager Kirsten Reinford. "Members help themselves to whatever they like."

Other area farms drop boxes off at selected sites. Strites' Orchard Farm Market packs its boxes with fresh strawberries, parsley, peppers and other fruits and vegetables grown on a 300-acre farm sweeping over rolling Swatara Township hills.

The farm orchard started in 1914, before grocery chains and processed foods practically demolished the relationship consumers had with local farms where they could buy fresh products, either from the farmer's roadside stand or market.

Community-supported agriculture is helping to restore that connection. It began in Europe and Japan in the 1960s out of concern for food safety and the toll suburban development was taking on farmland. It took root in the United States in the early 1980s and today, according to the U.S. Department of Agriculture, more than 12,500 farms participate, with tens of thousands of people buying shares. Locally, a share ranges from around \$190 for a half share to nearly \$700 for a full share.

"Our stuff is going to get to people we wouldn't get had we not had this program," said Stephanie Pomraning, a manager of the four-generation, family-run Strites' Orchard.

This is Strites' first year in the program and already more than 150 people have joined, buying full shares (entitling them to a full box) or half shares (half box). In return, a box of produce is selected and delivered to



Ben Langford, a farm worker at Strites' Farm Orchard, packs a box with spring onions, asparagus, lettuce and spinach for delivery.

them via a drop-off site each week.

"You get what is fresh in season that particular week," Pomraning said, noting, "It kind of forces people to try what they normally wouldn't buy."

The CSA program runs through a good part of the growing season, though times vary with every farm. Joshua Farm sets out its bins from late May through October. Strites began sending boxes in early May and will stop the first week of November.

At Earth Spring Farm near Carlisle, the program runs June through October. An organic operation, Earth Spring also offers cheese, meat, milk and eggs, as well as fruits and vegetables, delivered to sites throughout the midstate.

"With the CSA, the price is set at the beginning of the season and does not change" in response to market fluctuations caused by weather or fuel prices, said Luke Hall, Earth Spring's farm manager. "People are locked in to their produce bill."

This is Earth Spring's second year in the program, now serving 90 customers. Consumers benefit from fresh and, depending on the farm, organic foods at prices typically lower than supermarkets, while farmers get greater access to consumers.

CSA also allows farmers to grow a greater diversity of crops so they are not dependent on one or two yields that may suffer a bad season.

"In general, community supported agriculture has become popular in the last five to 10 years," Hall said. "It's a great partnership between farmer and community."

For more, visit joshuafarm.wordpress.com; www.stritesorchard.com/CSA-Information.html; and www.earthspringcsa.com.



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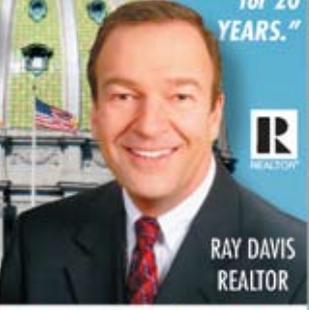
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Events in Our Area

Plein Air Arts Festival

June 3-5: The Plein Air Competition and Arts Festival comes to Camp Hill the first weekend in June. Call 717-909-4332 or visit www.pleinaircamphill.org.

Flea Market

June 4: Heinz-Menaker Senior Center, 1824 N. 4th St., hosts a community flea market, 7 a.m.-1 p.m. Tables are available for \$10. 717-238-7860 to reserve a table or for information.

Tour de Belt

June 5: The 20-mile annual bicycle ride on the Capital Area Greenbelt takes place rain or shine, sponsored by the Capital Area Greenbelt Association and Millers Mutual Group. Starts and finishes at HACC's Student Center. Proceeds benefit the association, which maintains the Greenbelt. Registration is 9 a.m. Cost is \$25 for adults and \$7 for 12 and under. Visit www.caga.org/tourdebelt2011.

Free Concerts

June 5, 11, 18: The Keystone Concert Band starts its season of free concerts. This month, hear them on June 5, at 3 p.m., Peace Church, St. John's and Trindle roads in Camp Hill; June 11, 11 a.m. at the Middletown Craft Fair, Hoffer Park, Middletown; and June 18, 12:30 p.m. at the Ice Cream Festival, United Church of Christ, 5000 Devonshire Rd., Colonial Park.

Entrepreneur Boot Camp

June 6-15: HACC student military veterans can attend a free entrepreneur boot camp at the York campus, 6-9 p.m., on June 6, 8, 13 and 15. The workshops on start-up basics will be presented by the HACC Institute of Entrepreneurial Studies at the Goodling Center. Contact Lisa J. Steffen at 717-718-0328, x3564 or ljsteffe@hacc.edu or Judy White at 717-221-1311 or jawwhite@hacc.edu.

Central PA Jazz Festival

June 17-19: The Central PA Jazz Festival lands in Harrisburg for its 31st year. Event begins on Friday with the annual JazzWalk at restaurants throughout downtown. It continues on Saturday with Jazz on the Green at Dauphin Highlands Golf Course before wrapping up on Sunday with a concert at Appalachian Brewing Co. Visit www.cpfj.org for more information and tickets.

Free Shakespeare in the Park

June 8-12, 15-18: The Harrisburg Shakespeare Company performs "All's Well That Ends Well" as its annual free outdoors show. Levitt Pavilion, Reservoir Park, Harrisburg, 7:30 p.m.

Dauphin County Music & Wine Festival

June 11-12: Sample Pennsylvania wines while enjoying local and national musical acts at this popular annual event. Fort Hunter Park, Harrisburg, 4-9 p.m. \$20 in advance, \$25 at gate. www.forthunter.org.

Networking Mixer

June 16: The Central Pennsylvania Gay and Lesbian Chamber of Commerce holds its monthly networking mixer, 6-8 p.m., at the Best Western Premier, The Central Hotel & Conference Center, 800 E. Park Dr., Harrisburg. www.cpglcc.org.

Building Relationships for Business

June 16: The June session of HACC's Talkabouts features "Building Relationships for Business Success," with Curtis Burwell, Pennsylvania Department of General Services. noon-1:30 p.m., at HACC Midtown 1, Room 227, 1523 N. 4th St., Harrisburg. Bring a brown bag lunch. Dessert and beverage provided by HACC's Institute for Entrepreneurial Studies. Call 1-800-222-4222, ext. 1311, to reserve a seat.

Race Against Racism

June 18: The YWCA of Greater Harrisburg sponsors the annual Harrisburg Race Against Racism. Starting on City Island at 9 a.m., this 5K run/walk seeks to raise awareness related to race in the community. Proceeds support YWCA and community programs dedicated to the elimination of racism. For more, call Devan Drabik at 717-724-2248.

Music on the Rieggle Deck

June 18: The Ned Smith Center's 6th annual Music on the Rieggle Deck starts at 5:30 p.m. at the Ned Smith Center for Nature and Art, 176 Water Company Rd., Millersburg. This year's free event features The Wiyos and Klinger McFry. The event will cap off an afternoon-long grand opening celebration for the Center's new Bradenbaugh-Hottenstein Arts and Education Collections Wing. Call 717-692-3699 or visit www.nedsmithcenter.org.

Fatherhood Family Festival

June 18: Fatherhood Family Festival, including workshops, demonstrations, presentations, dance, activities for youth and free food, starts at 10 a.m. at the State Museum, 300 North St. Contact United Way of the Capital Region, 717-732-0700.

Other

Adopt a Turtle

Friends of Wildwood encourages turtle adoption at Dauphin County's Wildwood Park. Proceeds from a \$20 donation go toward studying the snapping turtle and painted turtle populations in Wildwood Lake. Sponsorships sold at the Park's Nature Center Shop, 100 Wildwood Way, Harrisburg and at www.wildwoodlake.org. Tel: 717-221-0292.

Walk and Roll: 1 Fundraiser, Many Ways to Do Good

Una Martone

How would you like to spend a Saturday morning on June 11 walking a one-mile, kid-friendly course around HACC or, perhaps, a more challenging three-mile hike around Wildwood Park? Would it sound even better if your participation would benefit local education and mentoring programs?

A group of volunteers through the Leadership Harrisburg Area Class of 2011 have organized the Walk and Roll event to benefit the Allison Hill Mentoring Partnership, which includes Allison Hill Community Ministries; Brethren Community Ministries; Brethren Housing Association; Center for Champions; Danzante Community

Arts Center; and The Joshua Group. In addition to the walking options, participants may cycle around Wildwood Park or motorcycle a scenic 20-mile ride through Clarks Valley Road and Fort Indiantown Gap.

Registration is \$15 for walkers and cyclists and \$20 for motorcyclists and includes parking, music, refreshments, and a fun family atmosphere!

Walk and Roll is a collaborative effort to raise funds for and awareness of the needs in Allison Hill. Allison Hill, one of Harrisburg's oldest and most densely populated areas, represents both a vibrant past and an uncertain future for the city. Once a thriving urban hub, Allison Hill today struggles

to meet the economic and human services needs of its residents, many of whom live at or below the poverty level.

The Allison Hill Mentoring Partnership (AHMP) was founded and is funded through a grant by Messiah College's Harrisburg Institute and was developed to provide support and capacity-building for youth mentoring organizations in the region. AHMP is facilitated by Messiah students living in Harrisburg as part of the SALT program or Serving And Living Together.

To register for the Walk and Roll on June 11 beginning at 10 a.m. or to learn more, please visit www.leadershipharrisburg.org.



Una Martone is president of Leadership Harrisburg Area. For more information, contact unamartone@leadershipharrisburg.org or visit www.leadershipharrisburg.org

Summer at the Libraries

Dauphin County libraries begin their summer programs in June, including these events:

June 13

Mind Your Pennies with Buck, 10:30 a.m.
East Shore Area Library

June 15

Summer Movie Fest, 2 p.m., Olewine Library
Letterboxing, 6 p.m., Kline Library

June 16

Mind Your Pennies with Buck, 10:30 a.m.,
Olewine Library

Fiona Siobhan Powell: Folklorist and
Storyteller, 10:30 a.m., East Shore Area Library;
1 p.m., Kline Library; 6:30 p.m., Alexander
Library

June 19

Explore One World, 1 p.m. & 3:30 p.m., East
Shore Area Library

June 20

Mind Your Pennies with Buck, 10:30 a.m.,
McCormick Riverfront Library

Explore One World, 4 p.m., Olewine Library
Discover Many Stories, 6:30 p.m., East Shore
Area Library

June 21

Family Fun Night, 6 p.m., Kline Library

June 22

Summer Movie Fest, 2 p.m., Olewine Library

June 23

Readers Theatre for Teen Volunteers, 9 a.m.,
East Shore Area Library

Discover Many Stories, 4 p.m., Olewine Library
Explore One World, 6:30 p.m., Alexander
Library

June 24

Bugs, Baboons, and Story Tunes, 10:30 a.m.,
Olewine Library

June 25

Bugs, Baboons and Story Tunes, 3 p.m.,
East Shore Area Library

Explore One World, 11 a.m., Kline Library
Discover Many Stories, 1 p.m., Kline Library

June 28

Letterboxing, 6 p.m., East Shore Area Library

June 29

Discover Math & Science, 11:15 a.m.,
Alexander Library

Summer Movie Fest, 2 p.m., Olewine Library
Explore One World, 6 p.m., Alexander Library

Discover Many Stories, 7:15 p.m., Alexander
Library

June 30

Readers Theatre for Teen Volunteers, 9 a.m.,
East Shore Area Library

Readers Theatre Preschool Storytime, 10:30
a.m., East Shore Area Library

Discover Math & Science, 11:15 a.m., Olewine
Library

Tie Dye Your World, 6 p.m., Alexander Library

Olewine Library: 2410 N. 3rd St., Harrisburg
East Shore Area Library: 4501 Ethel St., Harrisburg
Kline Library: 530 S. 29th St., Harrisburg
McCormick Library: 101 Walnut St., Harrisburg
Alexander Library: 200 W. 2nd St., Hummelstown

One Man, Many Stories

Paul Beers has left us, but his words live on.

William S. Jackson

Icon is not a term to be bandied about frivolously, but in the case of the late Paul Benjamin Beers, it seems appropriate. Paul left us on Jan. 24 this year at age 79, and the city of Harrisburg is poorer as a result.

Those who read *The Patriot* or the old *Evening News* in the years before 1986 will know the name well, as his column, "Reporter At Large," graced those pages from June 9, 1961, until his retirement from the paper in 1986.

During those years he entertained and enlightened us with the history of Harrisburg and the characters who populated it—from the wealthy and powerful of old Front Street, the movers and shakers, the churches, the brothels, the speakeasies and the politicians, Paul wrote about them all.

I find myself wishing he was still at his typewriter. He would have a field day with the recent governing of the city by former Mayor Steve Reed and current Mayor Linda Thompson.

Paul was a coal region boy, growing up in Wilkes-Barre, then on to Girard College, where he graduated in 1953, then returned to Wilkes College for an engineering degree and finally, identifying his calling, a master's degree from the Columbia University School of Journalism in 1956. After two years in the U.S. Navy (1953-55), where he earned the lofty rank of journalist third class, he became a correspondent for the *Philadelphia Inquirer* and *Philadelphia Bulletin*. In 1957, he headed up the Pennsylvania Turnpike and joined the staff at the *Evening News* as a reporter.

In Paul's own words, "On a rainy Friday afternoon, May 26, 1961, I had a conference with James R. Doran, editor of the *Harrisburg Patriot-News* since 1951. I had been a staff reporter for four years, and my immodest suggestion was that I do a column for the *Evening News*." Doran was enthusiastic and thus, on June 9 of that year, Paul's "Reporter At Large" was born, running some 3,599 times before he retired.

Wife Rosemary and I met Paul at Harry's Tavern (a newspaper hangout) on 14th and Vernon up on the Hill. We became Wednesday night regulars there after dropping off for delivery

our newspaper, *The Hummelstown Sun*, at the Harrisburg Post Office Sectional Center, then across the street from the *Patriot-News*.

He was interested in everything media-wise and knew as much about the history of *The Sun* as we did. He also became a touchstone, if I ever needed an answer to a Pennsylvania history question. He was already an author with "The Pennsylvania Sampler," and "Profiles from the Susquehanna Valley" followed shortly in 1973. Four other books were landmarks—"The Republican Years: The Scranton-Shafer Era of Change and Controversy from 1963 through 1970;" "Profiles in Pennsylvania Sports;" "Pennsylvania Politics Today and Yesterday;" and "Pennsylvania Kingmakers" (co-authored).

We occasionally broke bread together, usually at Harry's, but sort

of lost track when he retired and became a historian for the Capitol and consultant for the Legislative Visitors Center, lunching often in the Capitol Cafeteria, regaling those with him on politics and legislative history.

One of my fondest memories of Paul was when, on his retirement, we had a "roast" at the Hershey Italian Lodge. All his friends showed up to give him a good-natured send-off. The most memorable story of Paul was about his always wearing a coat and tie, even when he went home from work every afternoon to Bellevue Park ... and then did his afternoon jog (he was a runner) in his coat and tie! When Paul got the opportunity to respond, he looked very seriously at the person who had kidded him about jogging with a coat and tie. Paul informed him he was providing a community service because, as he jogged around



Paul Beers

the neighborhood, usually about 4:30 p.m., he shouted, "Your husbands are coming! Your husbands are coming!" He had the last word and got the biggest laugh.

At Paul's memorial service, the minister quietly finished the prayers and stepped back. There was a period of silence, and then one of his research friends from the State Library stood and said, "We can't end this without some Paul Beers stories!" We spent a good half hour, each in turn, recalling the Paul they knew.

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Friday, June 17th

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Saturday, June 18th

Jazz on the Green!

At the Dauphin Highlands Golf Course, 650 South Harrisburg Street, Harrisburg, in the covered pavilion.

Festivities start 1pm featuring Bootsie Barnes and Larry McKenna; the Brazilian Jazz vocalist, Kenia and her Quartet; the Amy Banks Quartet; and more. Free Parking!

Sunday, June 19th

Celebrate Father's Day

Steve Rudolph will perform at the Hilton Brunch! An afternoon surprise concert at the Appalachian Brewing Company, 50 N. Cameron St. in Harrisburg. \$5 cover.

Saturday tickets:

- \$5 for all students with school I.D.
- \$15 for all CPFJ members
- \$20 for the general public
- Children 12 & under are always free

Purchase tickets on line at www.CPFJ.org. And at the door.

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ShutterBurg

... a Month in Pictures



May 3: School board hopeful Destini Hodges speaks during a candidates forum at Midtown Scholar Bookstore, an event sponsored by Engleton Community Group.



May 5: An army of volunteers, including Frito Lay, Giant Foods and Home Depot employees, spent Cinco de Mayo at the Boys & Girls Club of Central PA on Allison Hill. They helped clean, paint, repair and remodel the facility.



May 14: Attendees consult a map of houses during Harrisburg Young Professional's annual House Tour around Italian Lake. This year's tour attracted an impressive 695 participants, says HYP.



May 17: Primary election night was celebrated at Midtown Scholar Bookstore by a large crowd of Democratic candidates and their supporters. Among the happy winners were Sandra Reid, Brad Koplinski and Susan Brown-Wilson (above) in the City Council primary.



May 20: Friends of Midtown initiated its foot patrol program to improve neighborhood safety. The Harrisburg Police Bureau will provide an orientation to community foot patrol volunteers on June 6 at 6:30 p.m. at Heinz-Menaker Senior Center, 1824 N. 4th St.



May 20: Linda and Ted Walke celebrated the first anniversary of their gallery, Gallery@Second, during last month's 3rd in The Burg.



May 21: Armored vehicles were among the military hardware and equipment on display at the annual Armed Forces Day event on City Island.



May 26: The Art Association of Harrisburg celebrated its 85th anniversary on May 26. The staff, left to right, are Mark Bradshaw, gallery assistant; Terrie Hosey, curator; Carrie Wissler-Thomas, president; Kelly McGee, administrative assistant. In front are Bryan Molloy, gallery assistant; with Tiffy and Elley, and Randy Miller, webmaster.

Past Tense

A Roof over the Heads

Governors have made Harrisburg home for 200 years.

Jason Wilson

Harrisburg residents are most familiar with the large Georgian mansion on Front Street that serves as the current governor's residence, but, for quite some time, the commonwealth did not provide a permanent home for its chief executive.

When Harrisburg was named the state capital two centuries ago, sitting governors were responsible for leasing their own houses. The legislature first appropriated funds for that purpose in 1858. The house stood at 111 S. 2nd St. and was bought for \$8,500, leaving \$2,500 for furnishings.

In 1864, during Gov. Andrew Curtin's term, the legislature sought new housing for the governor. They sold the original mansion for \$10,000, and, through a gift of \$20,000 from the city, bought a three-story brick house at 313 N. Front St.

A few years later, during the John Geary administration, a second "twin" house was built as a poorly functioning addition. It was not until Gov. James Beaver's administration (1887-1891) that a proper renovation was undertaken. Beaver supervised the construction of a brownstone façade and interior refitting to tie the two houses together. Under his term, the mansion became known as "Keystone Hall" and became the social center of Harrisburg.

Keystone Hall served as the residence of governors from Beaver through Arthur James, elected in 1938.

During the 1940s, plans were made to build a new mansion, as Keystone Hall was considered antiquated and had fallen into disrepair. As a result, governors from James through Scranton lived at the current lieutenant governor's residence at Fort Indiantown Gap.

Construction of the current mansion began in December 1966 and

was completed in May of 1968. Gov. Raymond Shafer and his family were the first to occupy the building. Four years later, Hurricane Agnes flooded the mansion with five feet of water. Though most all the historic and artistic treasures were saved, the mansion itself underwent another two-year restoration, and it was not until 1978 that Gov. Milton Shapp and his wife were able to return.

Since then, the mansion has served as the governors' official



Home, State Home: Keystone Hall at Front and Barbara streets (top) and the Governor's Residence at Front and Maclay streets today.

location in which to reside, receive guests and conduct state business, a much different scenario than those early years of seeking temporary housing somewhere along Front Street.

Then & Now



Much has changed at the corner of 3rd and Market streets, looking north, since January 1914, when the left-hand photo was taken. Whitaker Center is the major new addition on the block, built on land once occupied by historic structures like Brant's Hall and the Bergner Building. Other buildings in the foreground remain today, though in somewhat altered form.

HARRISBURG
15th ANNUAL
2011
HALF MARATHON

SEPTEMBER 11, 2011
REMEMBER THE FALLEN HEROES
8:00 a.m. on City Island

PROCEEDS BENEFIT the HARRISBURG AREA YMCA

Now in its 15th year, the Harrisburg Half Marathon is run on City Island and along the scenic Riverfront Park in downtown Harrisburg. Last year over 1,000 participants competed for money and prizes in what has become one of the largest running events in the Harrisburg area. The race is open to individual runners, walkers and 2-person relay teams.

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A World without Drugs

Where there's substance abuse, Drug Free Pa. can help.

Chad Rohrbach

Are you a parent having trouble finding the right words to begin talking to your children about the dangers of drugs and alcohol? How about a small business owner who is concerned with the health and well-being of their employees? Perhaps you are an educator looking for a new and innovative way to teach your students how to understand the meaning behind the thousands of media messages they see every year. If you can relate to any one of these situations, then Drug Free Pennsylvania can provide you with the tools to address them all.

Drug Free Pennsylvania (DFPA) is a 501(c)(3) non-profit that was established in 1990 to address the growing threat of substance abuse in the workplace. Over the past 20

years we have expanded our services beyond the workplace and now use a holistic approach to substance abuse prevention.

DFPA offers the following programs to the community:

Drug-Free WorkPlace Solutions (www.drugfreesolutions.org)

Drug-Free WorkPlace Solutions is a program that provides employers with affordable drug-free workplace programs that include policy development, supervisor and employee trainings, drug testing and Employee Assistance Program services. Several central PA businesses that currently utilize this program include Giant Foods, Interior Furniture Resources, Flagger Force, Schaedler Yesco and Graystone Bank.

Straight Talk for Parents (www.straighttalkforparents.org)

Straight Talk for Parents is a program designed to educate parents about emerging drug trends; signs and symptoms of teen drug use; and assists parents in the development of communication skills to speak and listen to their children about substance abuse. DFPA can provide a 90-minute seminar on the Straight Talk for Parents program at no cost to any organization, business or school upon request.

The Media Straight Up! (www.medialitpa.org)

The Media Straight Up! is a media literacy curriculum for middle school students designed to help them become better decision-makers by developing the critical thinking skills necessary for making informed choices regarding drugs and alcohol. A high school media literacy curriculum is currently being developed and will be released in spring 2012.

Sound Off! PSA Contest (www.medialitpa.org/psacontest.html)

Sound Off! is an annual statewide television and radio public service announcement (PSA) contest for students in grades 6 to 8 conducted in partnership with the PA National Guard Counterdrug Joint Task Force at Fort Indiantown Gap.

DFPA has also created fundraising events for the community to support our substance abuse prevention efforts while having an opportunity to receive a benefit in return for their monetary support. Our 2011 fundraisers include:

Bidding for a Drug-Free Pennsylvania Internet Auction (www.drugfreepaauction.org)

The 6th Annual Internet Auction will take place June 6-12. Participants can register to bid online for donated items such as concert tickets, golf course greens fees, theater passes, restaurant gift certificates and more.

Chopper Dropper Golf Ball Drop (www.chopperdropper.org)

The 3rd Annual Golf Ball Drop will take place at 6 p.m. on Sept. 20. Participants can purchase tickets and/or individually numbered golf balls for this event. Each event ticket includes a numbered golf ball entry. All golf balls sold will be dropped from a helicopter hovering 100 feet over a custom-made hole on the 1st fairway at Blue Ridge Country Club. The first ball in the hole will win the \$2,500 grand prize.

Jingle Bell Bazaar Holiday Shopping Event (www.jinglebellbazaar.org)

The 2nd Annual Holiday Shopping Event will take place on Nov. 27, 1 p.m. to 4 p.m. Participants can enjoy an

afternoon of holiday shopping in one location for items such as toys, jewelry, antiques, baskets, cosmetics, gourmet foods and more.

With your help, we can work together toward raising awareness, changing behaviors and inspiring action to prevent substance abuse in our community. For more information on DFPA, visit www.drugfreepa.org.

Chad Rohrbach is the executive director of Drug Free Pennsylvania.



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A House of a Different Color

At Anderson Pro Painting, customer service gets a second coat.

Peter Durantine



Doug Anderson and Shane Granite brush up on their job strategy at a Harrisburg-area house.

homes in Exton (outside of Philadelphia), as well as clients in New Jersey and Washington, D.C. The core of his clientele, though, is in central Pennsylvania.

He owes his success to hiring motivated painters —such as his best friend and operations manager Shane Granite—who share his vision for a company in an “ultra competitive” field.

“Our clients and our employees know we have a week or less to make a good impression on our customers,” Anderson said.

To add value to his service, Anderson joined Keystone Outdoor Design Center, a network of four companies offering professional design services for outdoor living space. Anderson’s company provides the paint expertise for decks, doors and shutters.

At a New Cumberland house, a southern colonial with four tall, fluted Ionic columns supporting the porch roof, homeowner Mike Shreffler said he hired Anderson based on a referral, which is largely how Anderson has built the company.

“I had a much cheaper estimate, but I was concerned about the columns,” Shreffler said, watching with satisfaction as the team painted. “Good guys working here.”

Anderson’s view on life isn’t all business theory and practice. He spent a year with Americorps in Philadelphia, working at an inner city school.

“It’s a real eye-opener to see how other people live,” he said. “It puts you in a place of gratitude.”

Drive around the region and you will see examples of Anderson’s work: The artful blue, gray and red exterior of Flagship Cinemas in Mechanicsburg; the green-hued H&R Block office building on 13th Street in Harrisburg; and the decorative interior of The Hershey Story chocolate museum in Hershey.

“I’m not willing to compromise on the integrity and quality of our work,” Anderson said. “We try to go above and beyond.”

Henry Ford would be pleased to hear this. As the automaker once said, “Wealth, like happiness, is never attained when sought after directly. It comes as a by-product of providing a useful service.”

Anderson Pro Painting can be reached at 717-860-4977 or online at www.andersonpropainting.com.

Biz Notes

Midtown Scholar Bookstore-Café keeps expanding its hours. Recently, the popular Midtown spot extended its Saturday hours until 10 p.m. Next, it added Monday hours, which are noon to 7 p.m., so that the store now is open seven days a week.

H.O.P.E. Nutrition has opened in Midtown at 913 N. 2nd St. at the former location of La Kasbah. H.O.P.E. features prepared shakes and teas for better weight and health. Open 7:30 a.m. to 2 p.m. or by appointment. Phone: 717-805-1934.

Café 1400 has posted a sign that it plans to open soon. The bar at 1400 N. 3rd St., which formerly housed the troubled Club 1400, is under new ownership.

Scottrade, a branch-supported online investing firm, re-located May 2 to Swatara Township, 4635 High Pointe Blvd. in High Pointe Commons. Tel: 717-561-1341. Hours: Mon.-Fri., 8:30 a.m. to 5 p.m.; Sat., 9 a.m. to 7 p.m. After-hours support: Mon.-Fri., 7 a.m. to 1 a.m.

LifeWay Christian Store, offering music, gifts, Bibles, books, DVDs, children’s products and church supplies, opened April 22 at 5096A Jonestown Rd., in the Colonial Commons Shopping Center between Marshall’s and OfficeMax. Tel: 717-545-1765. Open Mon.-Sat., 9:30 a.m. to 9 p.m.

Five years ago, Doug Anderson, newly graduated from Shippensburg University with a job painting houses and no idea what to do with his degree in psychology, decided to start his own business.

Today, this energetic, 31-year-old owner of Anderson Pro Painting quotes the nation’s most famous and successful automaker to explain his painting company’s business philosophy: “Henry Ford said a business that makes nothing but money is a poor business.”

Anderson also quotes his school-teacher mother: “Do what you love, and the money will follow.”

A pragmatic thinker who constantly tinkers with his company to improve on its success, Anderson decided he needed more knowledge about operating a business. While still running his company, he took 21 months to earn an MBA from Villanova University.

He apparently learned well from school and from following Ford’s dictates: “A business absolutely devoted to service will have only one worry about profits. They will be embarrassingly large.”

Anderson could not agree more. “It’s the service being provided,” he said. “That’s the most important part of the business.”

With his two teams of painters (four men on each team), Anderson has grown his business significantly. Among his clients are two hospitals in Philadelphia, a number of residential



Ellis Paul in concert • 6/18 • 3 & 8 pm

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Save These Buildings

HHA lists preservation priorities for 2011.

Lawrance Binda

Historic Harrisburg Association last month named a row of buildings—including the last survivors from the heart of the city's former African-American community—as among its highest priorities for saving in 2011.

The row, the 1000-block of N. 6th St., is anchored by the boarded-up, deteriorating Queen Anne-style townhouse at the corner of N. 6th and Boas streets. Built in 1896, it long served as the parsonage for the Ridge Avenue Methodist Church before becoming the Curtis Funeral Home.

According to HHA, the building's most immediate issue is "neglect and severe deterioration."

Adjacent properties fare little better. HHA says that, two doors down, 1004 N. 6th St. suffers from "neglect

and lack of attention."

It gives the same assessment to the boarded-up eyesore next door at 1006 N. 6th St. Built in 1884, this Second Empire-style building, known as the Hess Residence, later served as a rooming house and hotel for African-American guests, including prominent black entertainers, such as Ella Fitzgerald and Louis Armstrong, who were prevented from staying at white-only hotels in segregated Harrisburg.

This area, just to the north of the state Capitol, once was home to much of black Harrisburg. Practically the entire historic neighborhood was razed and emptied to widen Forster Street after the Harvey Taylor Bridge was built in the early 1950s, to expand the Capitol complex and in the name of "urban renewal."

A decade ago, the block was deemed a site for an African-American museum, but that plan fell through. Today, the rowhouses await a new use and life, while providing a glimpse of what the neighborhood once looked like.

HHA's other priority properties for 2011 include:

- Santana's Restaurant/Fox Hotel, 236 S. 2nd St. Issue: *possible demolition.*
- Beidleman House, 1225 Market St. Issue: *neglect and severe deterioration.*
- Moose Lodge, 922 N. 3rd St. Issue: *vacant and lack of attentiveness.*
- Furlow Building, 1222 N. 3rd St. Issue: *redevelopment opportunity.*
- Hickok House, 201 N. Front St. Issue: *uncertain plans by new owner.*
- Former Brotherhood Relief & Compensation Fund Building, 2101 N. 6th St. Issue: *preservation opportunity.*
- Sunoco, 2053 N. 2nd St. Issue: *corporate disinterest in community improvement.*



Help me: The historic row of buildings at 6th and Boas streets, several empty, boarded up and severely deteriorating.

- Historic Harrisburg Resource Center, 1230 N. 3rd St. Issue: *capital fundraising for complete restoration.*
- The Broad Street Market, 1233 N. 3rd St. Issue: *aging infrastructure requires major capital investment.*
- Mansions, 2901, 2903, 2905 N. Front St. Issue: *neglect and possible demolition.*

This list of priorities is intended to "heighten awareness of the year-round need to protect and preserve our region's important architectural heritage," said HHA.

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Anderson Pro Painting

Changing Hands: April Property Sales

<p>Adrian St., 2256: Freddie Mac to Burner Properties LLC, \$40,000</p> <p>Brookwood St., 2117: Keech Equity Investments LLC to E. Davis, \$62,500</p> <p>Geary St., 618: Integrity Bank to Rogue Enterprises LLC, \$35,000</p> <p>Green St., 1008: Cartus Financial Corp. to J. Peirson, \$110,000</p> <p>Green St., 1905: HBG Uptown Properties LLC to WCI Partners LP, \$150,000</p> <p>Hale Ave., 375: Freddie Mac to M. Cecka, \$33,500</p> <p>Harris St., 424: Integrity Bank to R. Dixon, \$170,000</p> <p>Herr St., 427: JMDM Properties to B. Parfitt, \$115,000</p> <p>Holly St., 1848: R. Gutshall to S. Djibo, \$74,900</p> <p>Hudson St., 1147: W. & G. Wilson to R. Arroyo Vega, \$101,000</p> <p>Kensington St., 2426: A. Miller to K. Embaye, \$65,000</p> <p>Lenox St., 2003: A. Pace & H. Rhoad to D. & D. Koppenhaver, \$34,000</p> <p>North St., 1830: PA Deals LLC to J. Yesser, \$49,400</p> <p>N. 4th St., 2033: Fannie Mae & PA Deals LLC to J. Frey, \$56,900</p> <p>N. 4th St., 3228: Freddie Mac & A. Gassner to A. Wlazlak, \$82,000</p>	<p>N. 4th St., 2401: Crusaders Ministry to Meda Beyesus, \$175,000</p> <p>N. 15th St., 183-185: S. Yanez to N. Gorzynski, \$64,900</p> <p>N. 17th St., 705: Freddie Mac to E & T Enterprises LLC, \$32,900</p> <p>N. 17th St., 1216: PA Deals LLC to A. Carter, \$69,900</p> <p>N. 18th St., 614: PA Deals LLC to J. Yesser, \$50,050</p> <p>Penn St., 1522: J. Carroll & P. Orzechowski to S. Faridi, \$135,000</p> <p>Penn St., 1604: S. Stroman to N. Andrejack, \$149,900</p> <p>Penn St., 1806: Freddie Mac to Tang & Perkins Property Management LLC, \$45,000</p> <p>Penn St., 2213: Kusic Financial Services LLC to WK Rentals LLC, \$69,500</p> <p>Schuykill St., 419: R. Selene to R. Hess, \$32,500</p> <p>S. 18th St., 1206: S. & M. Blasko to Capital Property Investment LP, \$44,000</p> <p>Spencer St., 1831: P. Williams to D. Dabbs, \$64,900</p> <p>State St., 1326: M. & N. Mulherin to Arthur A. Kusic Real Estate Investments, \$129,500</p> <p>Swatara St., 2038: I. & S. Williams to D. Everett, \$57,000</p>
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Source: Dauphin County, City of Harrisburg, property sales greater than \$30,000. Data is deemed to be accurate.

Man Bites Dog

Stomach growling? Chase down a DK Dog.

Debbie Merlo



Extra onions please: Niko Peslis squirts on the mustard as he prepares a DK Dog.

Pimpin ain't easy for the ordinary dog.

Got proof? DK Dogs, 3867-A Derry St., is where you'll find it—with no exceptions.

One glance at a menu featuring more than 20 ways to do a dog—while offering burgers, sandwiches, salads, fresh-cut, made-to-order loaded fries, creamy milkshakes and ice cream floats—makes it clear the experience is not reserved for just the ballpark anymore.

When owners Dan Shay and Konstantine Pappas set out to create the menu for their latest venture, they did their homework, researching other shops, television and the Internet.

The two, related by marriage and friends since high school, have also forged a balanced and successful working relationship. Pappas, the super-charged and highly energized owner of Rookie's Sports Bar and Grille is complemented by the mild-mannered, even

tempered father of three. Shay, the general manager of Rookies, is also an avid Food Network channel fan.

The duo has created many recipes for the sports bar, and they continue to do the same for DK Dogs. Shay said almost everything is made from scratch: chili, soups and sauces. Their motto: "If we can't find it, we make it."

Shay said the idea for the hot dog shop menu was to come up with recipes

specific to a region, then do "a play on the region itself." For example, the Philly dog is a combination of ingredients that define Philadelphia: grilled onions, mustard and provolone cheese on a pretzel roll. The Southwest dog comes with chili, mild salsa and cheddar cheese sauce, while the Memphis dog has chili and coleslaw.

Pappas, no stranger to the restaurant business, "always wanted to open a hot dog shop." While still in high school, he held down a full-time job at a restaurant in Carlisle where, he

said, "they sold thousands of hot dogs a week." That ignited his dream of one day doing the same, which came in July 2010 when DK Dogs opened.

Originally from Greece, Pappas moved to Carlisle when he was 8. He grew up working hard and learning valuable lessons that led him to want to achieve his goal of helping others. "To help make other people's dreams come true will allow our own to come true at the same time," he said.

Niko Peslis though, wasn't looking for his dreams to come true when he began working at the hot dog shop. He moved back to the area after studying at West Virginia University and began working at DK when it opened. Peslis, who also grew up in the restaurant business, manages the daily operations when

Pappas and Shay aren't there. He said that, when he began working at DK Dogs, he thought it "would be just a job," but found his heart's desire (her name is Abigail) and that he truly enjoyed the team effort that contributes to the weekly "feature" dog. He said they "tweak them to make them unique to DK"—and one of those is the "Muffaletta"—a dog topped with homemade olive salad and provolone cheese.

Ordinary dog days may be over for good if Peslis has anything to do with it. It's certain there's a baby Peslis coming in August—and there just may be a "Mountaineer" dog in DK's future.

DK Dogs, 3867-A Derry St., Harrisburg, 717-558-3610, www.dkdogs.com. Open Mon.-Sat., 11 a.m.-9 p.m. Closed Sunday.

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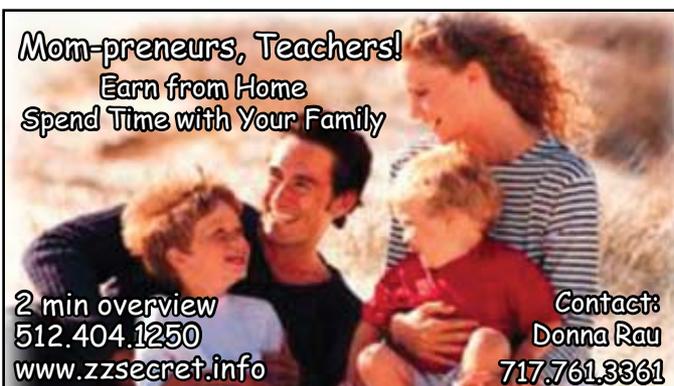
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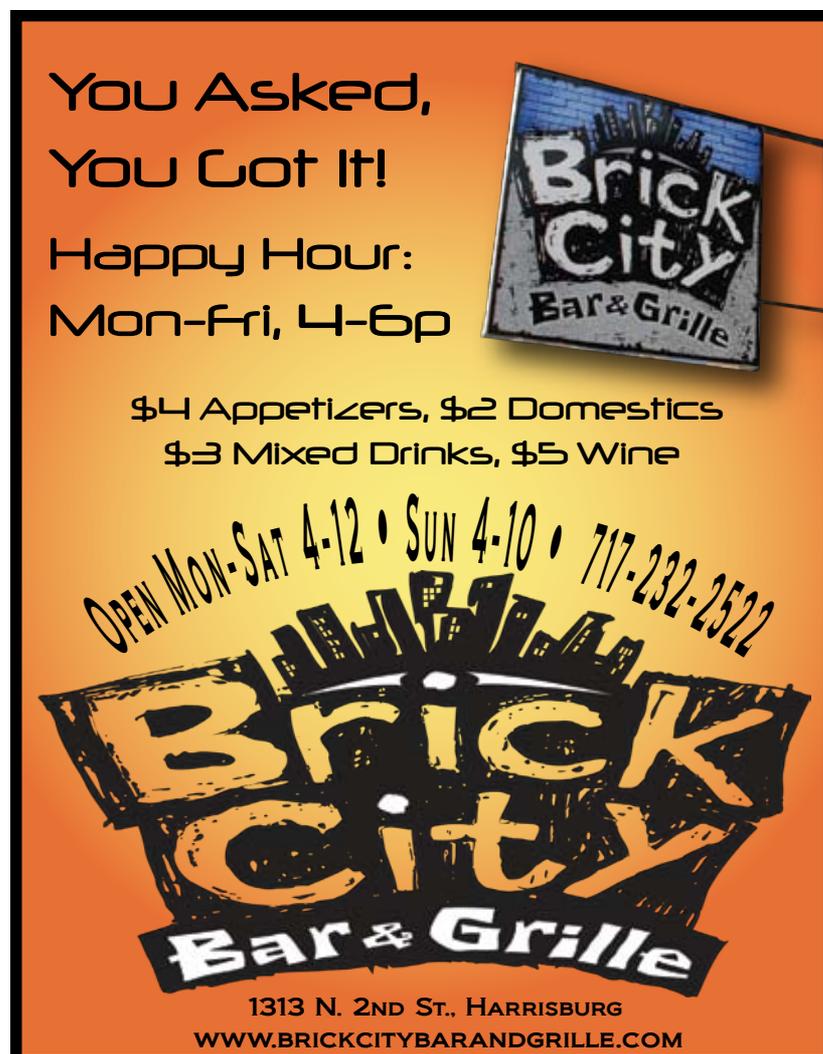
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Harrisburg Gets Smoked, Sauced

MoMo's BBQ slow cooks for the downtown crowd.

Peter Durantine



Barbecue buds: Mike Moran and David Guy in the dining room of their new Harrisburg restaurant, MoMo's BBQ.

They're long-time friends with a taste for the tangy, the sweet, the spicy.

And now Mike Moran and Dave Guy have brought their culinary passion to the heart of Harrisburg. Last month, the pair opened MoMo's BBQ and Grill, offering downtown diners an enticing selection of home-made, award-winning sauces to go with the restaurant's smoked pork, beef and chicken.

Two years ago, Moran and Guy entered the local food scene with a MoMo's stand at Metro Bank Park on City Island, which they still operate. But now they've transformed a former

furniture showroom into a more than 5,000-square-foot restaurant with a full-service bar.

Moran hails from Pittsburgh but has family in Harrisburg. He's long worked in restaurants. Guy is from northern Pennsylvania and had worked in the finance

industry previously.

Moran, a bar manager at Tavern on the Hill in Enola before starting MoMo's, said he had been looking to open a restaurant when "the whole ballpark thing sort of fell in my lap, and then we started looking harder."

MoMo's menu is extensive—from soups, sliders, salads and sandwiches to catfish, ribs and mushrooms. All the meat is slow-cooked on a smoker. Moran's barbecue sauces, which have won national awards from the National BBQ Association as well as rankings in several regional tasting contests, sound unique. MoMo's

signature sauce is Sweet Caroline's, described in the menu as a "Memphis-style tomato-based sweet sauce with a touch of apple."

Some others include Tangy Texas, peppery tomato with vinegar and mustard; KC Thick N Sticky, sweetened with molasses and brown sugar; and Berry Berry—strawberries, blackberries, blueberries and raspberries with "a kick of cayenne."

"We're getting to the point where we're going to get them bottled," Moran said.

MoMo's BBQ and Grill, 307 Market St., Harrisburg. Open Mon.-Thurs., 11a.m.-10 p.m.; Fri.-Sat., 11a.m.-11 p.m.; Sun., 11a.m.-9 p.m. Tel.: 717-230-1030, fax 717-473-4040, www.MoMosBBQandGrill.com.

Restaurant Notes

Renovations began last month to convert a corner store in Olde Uptown into a café and bean roastery. The business will be operated by a person who already has a successful coffee roasting company locally, said Dave Butcher, president of WCI Partners, which owns the property at the corner of Green and Muench streets. It should open in early September, he said.

Starting Memorial Day weekend, The Soup Spot will shut down for a week to move to its new location at N. 3rd and Herr streets. Owner Randy Straub hopes to re-open there on June 7, depending upon inspection timing.

Cuisine Kreole. Maudeline Balan (pictured) last month opened Cuisine Kreole in the Broad Street Market in Harrisburg. Balan serves traditional dishes from her home country of Haiti, such as Haitian-style chicken, beef tasset, plantains and rice and beans. She also offers several refreshing fruit drinks, including a delicious blended papaya drink. Cuisine Kreole is open during regular Market hours, Wednesday to Saturday. Balan also caters her food in the area. She can be reached at 717-713-4971 or at liline1294@hotmail.com.



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A Dessert Fit for a Nun

The sisters loved this lemon cheese pie. So will you.

Rosemary Ruggieri Baer

Nuns loved my mother. I mean the good Sisters of Mercy at St. Theresa Parish, where I spent eight years attending grade school. Now, somewhere along the way, my dear mother must have volunteered for something. And before long it was too late. They fell in love with her baking. Everyone did.

For my mother, Rose, baking was a way of sharing her love with family, friends, her church and even other people's relatives. Buying a dessert from a bakery was unthinkable (well, except maybe for cream puffs).

At Christmas time, she made several orange walnut cakes heavy with butter, grated orange and walnuts, which she ground in a tiny little chopper. It gave her old Sunbeam mixer quite a workout. And she gave all but one away.

Her sister, Mary, had a sweet, elderly mother-in-law, who, with some regularity, would call my mother saying: "Honey, the girls are coming for bridge this week and you know how much they love your coffee cake!" The coffee cake, with its wonderful streusel topping and smelling of cinnamon and nutmeg, was personally delivered, sometimes still warm from the oven. I was always sad she gave it away.

Then there was my Uncle Ray. For him, it was a luscious chocolate cream pie buried under mounds of whipped cream. For me, it was a heart-shaped yellow cake for a February birthday, topped with grated fresh coconut. And for her beloved grandsons, Johnny and James, it was a rich chocolate cake frosted with something she (or Betty Crocker) called "Black Beauty" icing. To this day, nothing I have ever tasted comes close to those desserts.

But back to the nuns. For them, my mother baked lemon cheese pies. She considered these pies her specialty. Whenever there was a special event at the convent, the school principal would call and,

in her sweetest nun voice, begin: "Mrs. Ruggieri, do you think...?" Then the pie-baking would start in earnest. She gently tucked the finished products into cardboard boxes and covered them with wax paper (my mother covered everything with wax paper). Then she and my father delivered the pies to the convent. The sisters would open the door, clasp their hands in delight and accept the pies as if they were a total surprise.

I recently remembered those lemon cheese pies and thought what a lovely summer dessert they make. The recipe is simple and, if you don't make your own pie dough, good commercial crusts are available. But you must use fresh lemon juice and freshly whipped cream. Bottled lemon juice and Redi Whip will not do for this dessert!

Rose's Lemon Cheese Pie

Ingredients

- 1 baked 8 inch pie shell
- 1 package (8 ounces) cream cheese
- ½ cup sugar

- 2 tablespoons fresh lemon juice
- 1 cup heavy whipping cream
- 2 tablespoons confectioners' sugar
- 1 teaspoon real vanilla

In a small mixing bowl, combine cream cheese, lemon juice and eggs. Beat with a hand-held mixer on high speed for 2 minutes. Spoon the mixture into the baked and cooled pie shell. Bake at 350 degrees for 25 minutes until slightly firm. Don't overcook. Cool and then chill the pie for at least 1 hour. Whip together the heavy cream, confectioners' sugar and the vanilla until soft peaks form. Spread the whipped cream on the thoroughly chilled pie.

Enjoy this dreamy pie after a special summer dinner. Just don't tell the nuns!



Rosemary Ruggieri Baer, a first generation Italian-American, grew up in Harrisburg and has spent her life perfecting her mother's country cooking.

City Updates

Philadelphia Suburban Development Corp. plans to make a case this month for its proposed residential facility for pre- and post-release female inmates at 2101 N. 6th St., Harrisburg. A hearing before the Zoning Hearing Board is slated for June 13 at 6 p.m. in City Council chambers. Be warned: the developer has pulled the item from the agenda several times before.

Like many in Harrisburg, you may be wondering about the status of such vital projects as the new Susquehanna Art Museum at N. 3rd and Calder and the redevelopment of the Furlow Building by GreenWorks. The answer: nothing yet. All still are waiting for the Corbett administration to release matching state funds for the projects.

The Harrisburg City Council is considering a resolution that would deny Sunoco's preferred plan to redevelop its station/store at N. 2nd and Maclay streets. A hearing is pending in the council's Building and Housing Committee, and a vote on the resolution may occur in June.

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Reflects investments made in Harrisburg University during the 2010-11 fiscal year.

Harrisburg Has Talent?

Check out the city's best karaoke—then decide for yourself.

Lawrance Binda

Forget everything you think you know about karaoke.

Drop it; cleanse it from your brain.

In Harrisburg, karaoke is no longer the domain of cheesy songs, bad singers and empty back rooms. Nope—it's one huge, crowded party, wrapped inside a love-in.

Over the past year, two city venues—HMAC's Stage on Herr and Bar 704—began offering karaoke nights, elevating the venerable, if often-derided, art form to new heights.

"This place is like a home to me," said Patty Coke, fresh from a turn on stage at HMAC belting out a faithful version of The Cranberries' "Zombie," a challenging song to sing. "Everyone's happy to be here and showing love to each other."

Indeed, the karaoke-ers, many of whom, like Coke, are regulars, offer each other passionate support, good performance or bad. Bad, however, is the exception at HMAC, as maybe three-quarters of the singers are actually quite talented.

Next to the performance quality, another surprise is the large, capacity crowd filling up every table and the bar—on a Monday night. The evening starts off a bit subdued, but, as the night wears on, the crowd swells, sings along and begins to dance. It's then that you realize why everyone shows up—HMAC's "Broke Ass Mondays Karaoke" is the best damn party in town to start off the work week.

Harrisburg karaoke veteran Giovanni hosts HMAC's event, ensuring that the transition from one

singer to the next, and one song to the next, proceeds quickly and without a hitch.

"We love the atmosphere here," said Jen Failor, who dueted on the R&B classic, "Son of a Preacher Man." "It's a great stage and a very accepting environment."

Added her singing partner, Jen Hara, "It's the most fun you'll ever have in Harrisburg."

That is, until Thursday night, when the patrons of Bar 704 have a blast all their own.

Carlisle DJ—otherwise known as "Mama" Lynne Jones—keeps the night moving smoothly. The greatest challenge of the evening may be what to sing, as Jones hauls around a bulging binder of some 200,000 karaoke songs.

Several times throughout the evening, Charles Rider of Harrisburg gladly accepts the karaoke challenge by delving deep into the country songbook, first selecting Tim McGraw's "Don't Take the Girl." Rider is among a group of regulars who make Bar 704 a weekly stop.

"Here, particularly, I like the environment and the DJ," said Rider. "The people are relaxed, and, when my friends come in, we enjoy listening to each other sing."

Everyone at Bar 704 loved hearing the gorgeous voice of Arielle Lacey, who credits karaoke with helping her overcome severe stage fright and eventually land a spot as a singer for the Harrisburg band, That Girl.

"I used to be real intimidated, but karaoke proved to be a good way to get over it," she said, following a rendition of "Something to Talk About" that would give Bonnie Raitt a great big smile.



Sing, sing a song: Charles Rider (top) takes his turn at the microphone at Bar 704, with DJs Lynne and Dan Jones at the controls; at HMAC (below), an impromptu dance party breaks out in front of the stage about halfway through the evening.

Lacey also performs regularly at HMAC, as do several other singers packed into the beautifully renovated Bar 704, located across N. 3rd Street from the State Museum. Some even make the rounds of Harrisburg karaoke: HMAC on Mondays, Bar 704 on Thursdays, then perhaps Zemie's, another Harrisburg hotspot for karaoke, on a weekend night.

"Everyone is having a great time, and, really, that's what karaoke is all about," said Mama Lynne Jones, summarizing the allure of this unique art form, before turning back to her computer and teeing up another singer with another song.

Looking for karaoke in Harrisburg? It can be found nearly every night of the week:

Monday: HMAC Stage on Herr, 268 Herr St., starts 9:30 p.m.

Tuesday: Morgan's Place, 4425 N. Front St., starts 7:30 p.m.

Wednesday: Stallions, 703 N. 3rd St., starts 10 p.m.

Thursday: Bar 704, 704 N. 3rd St., starts 10 p.m.

Friday and Saturday: Zemie's, 226 N. 2nd St., starts around 9 p.m.

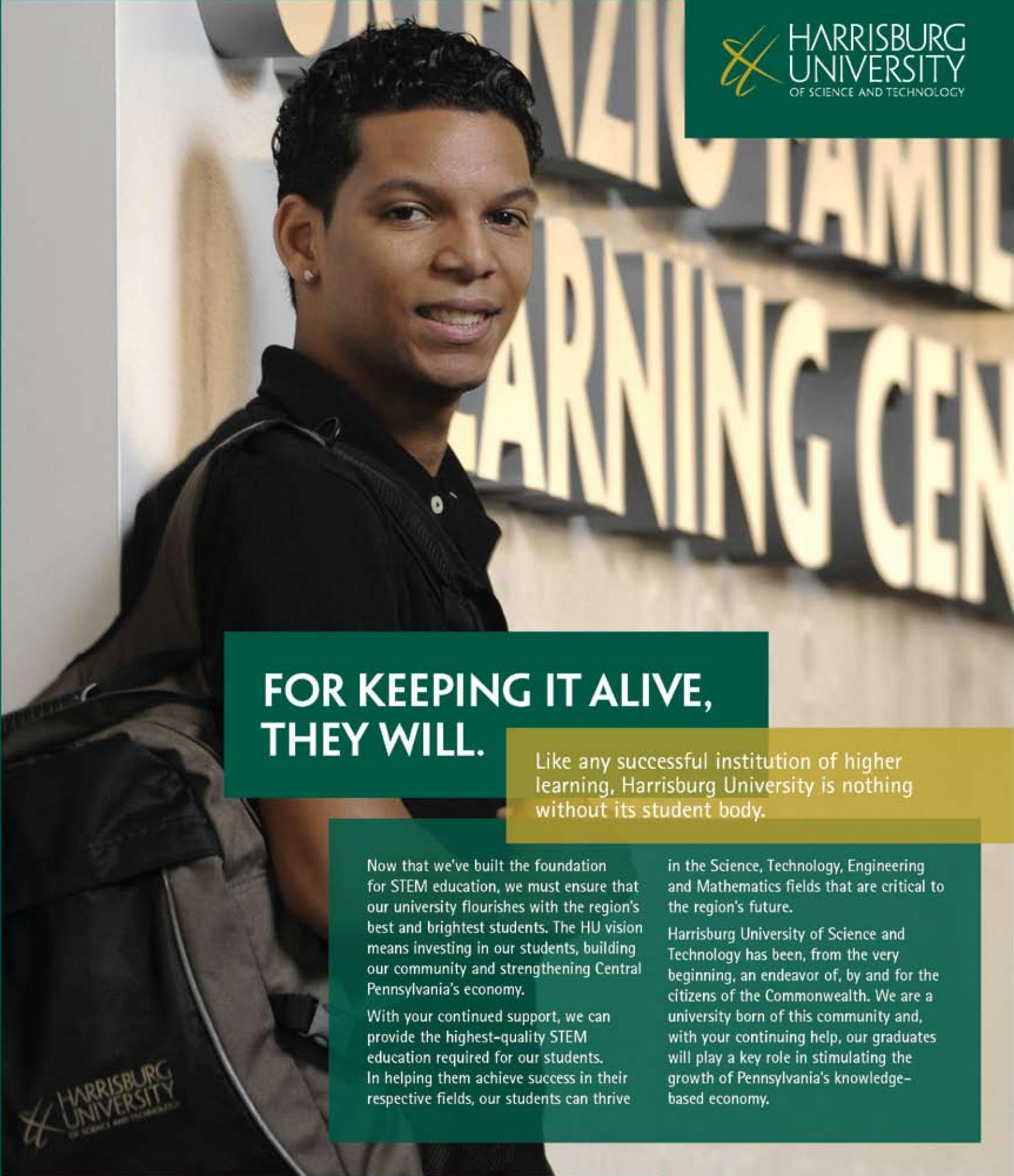
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- June 4: Daniel Adam Smith & Friends
- June 5: Jesse Maurer Jazz Quartet
- June 9: Rhyn McCormick & Friends
- June 10: **Troegs Night w/Starsan & Up Pops The Devil** (Firkin@8p)
- June 11: April Skies
- June 12: Soul Comedy Café
- June 16: **Cuddle Magic**
- June 17: **Chris Smither** (tickets online)
- June 18: Pufferfish w/**Ilenia Volpe** from Rome, Italy
- June 19: Reese Project Trio
- June 23: Innavibe Tribe
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New Tune for Jazz Festival

Annual music fest puts outdoor concert into the line-up.

Judith Brown

For over 30 years, Central PA Friends of Jazz (CPFJ) has built its brand by introducing the absolute finest jazz artists in the world to the central Pennsylvania area. For many in the region, legendary jazz performers such as Freddy Cole, Mulgrew Miller, Diana Krall, Wynton Marsalis and too many more to mention were the first taste of real jazz—as jazz was meant to be.

Now in its 31st year, CPFJ brings its Annual Jazz Festival (scheduled for June 17 through 19) to a new generation in a venue unlike any other. With its theme, Jazz on the Green, Friday's Jazz Walk will begin by featuring jazz gigs throughout the downtown and Midtown areas, including a performance by Steve Rudolph and Friends on the Hilton's Patio. Other venues include Carley's, Suba at Mangia Qui, Mantis Collective Gallery, The Maennerchor, The HodgePodgery, Garden Fresh Market & Deli and others.

Saturday's event will take place exclusively at the Dauphin Highlands Golf Course, located at 650 S. Harrisburg St. in Harrisburg. The course is the perfect venue for the entire family, with artists representing all generations of lovers of "nuttin' but jazz." The day starts at 1 p.m. with a performance by CPFJ's Jazz Camp Kids, followed by a performance by the CPFJ Youth All-Star Band under the direction of the talented Ron Waters. At 4 p.m., the sultry sounds of Amy Banks and her Quartet takes center stage.

The evening festivities will begin with Brazilian jazz vocalist Kenia who credits Elis Regina, Sarah Vaughn, Carmen McRae and George Benson among those who have influenced her own style. Kenia begins her set at 5:30pm.

The night will end following a stunning, one-time only 7p.m. performance by Philadelphia-based saxophonists Bootsie Barnes and Larry

McKenna, who'll no doubt have the joint jumpin'!

Barnes, who began his musical career at age 6 when he took up the piano, switched to drums at 10 and eventually fell in love with the tenor sax. He's played the infamous "Chitterling Circuit" in such noted venues as Dreamland, Cotton Club, Pearl's Celebrity Room, Atlantic City's Famous "Club Harlem" and more.

Larry McKenna has played with the best of them: Tony Bennett, Rosemary Clooney, Frank Sinatra and many others, and is one of the foremost saxophone and jazz theory teachers in Philadelphia. Together, billed as Triumphant Tenor Men Gone Wild!, Barnes and McKenna will "bring us home" after a fabulous day of sun, fun and great music.

The festival will officially close on Sunday following events with Steve



Singer Amy Banks and her sultry voice help kick off this year's Jazz Festival.

Rudolph at the Hilton (Jazz Brunch), open to diners only. And the final act of the festival begins in the afternoon (time forthcoming) at the Appalachian Brewery Company at 50 N. Cameron St., where there will be a \$5 cover charge.

CPFJ is one of the nation's most enduring non-profit jazz organizations. It has weathered economic storms that have depleted the coffers of some of the finest jazz organizations in the nation, many which are now obsolete. Its

endurance is attributed to the extraordinary measures that its board takes in order to remain reasonably priced to its membership and friends. This year, the board agreed to make its 31st Annual Jazz Festival affordable to every member of the community by lowering the ticket cost to just \$20 for the general public. (Member and student tickets are \$15 and \$5 respectively, with children under 12 admitted free.)

For more information regarding CPFJ's 31st Annual Jazz Festival, log onto www.cpfj.org or call 717-540-1010 for more information.



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Find Joy in the Blues

Blues Society takes their troubles, makes fine music.

Jess Hayden



Blues guitarist Kenny Neal is among the blues musicians performing at the Dauphin County Music and Wine Festival, Fort Hunter, June 11.

We're fortunate to have a variety of arts organizations in our area that represent many different musical styles ranging from jazz to orchestral and folk to opera. But of all of these, none is a better champion of the Blues than the Blues Society of Central PA.

This active group has well over 1,000 members, organizes several jams a month, holds summer picnics and produces an annual concert featuring musicians from the Mississippi delta. The Blues Society also collaborates with groups like Dauphin County Parks and Recreation, the Susquehanna Folk Music Society and the Harrisburg Area Riverboat Society to get live blues music into the public eye.

The blues were born in the north Mississippi delta following the Civil War. The music was influenced by African roots, field hollers, church music and rhythmic dance tunes and traditionally involved a call and response where the singer sang a line and the guitar answered.

If you think that blues songs are bound to be about sad things, you'd be right. The lyrics often focus on bad luck, on being taken advantage of and on some person who is

"just yearning to be free from life's troubles." Surprisingly though, blues music is far from depressing.

From the genre's first wave of popularity in the early 1900s, when black composer W.C. Handy wrote the "Memphis Blues" and singers like Billie Holiday brought blues into the mainstream— to the second half of the century when B.B. King invented the concept of the lead guitar and the blues was "discovered" by young rockers— the blues have always been about solidarity. It's hard to be depressed when everyone is suffering right alongside you!

The Blues Society of Central PA was first started by a group of musicians who liked to jam together and, even today, the weekly electric jam held every Thursday at the Liquid 891 Club in Harrisburg is central to the group's activities. President Gary "Rocky" Rothrock said that, in a given week, the jam can have as many as 100 musicians and spectators.

"For the electric jam, you just sign up and every set is a different group of musicians," Rocky said. "You don't really know who you're going to play with. We have a big whiteboard that lists seven sets in an evening, and we just fill in two guitars, a bass, drums, vocal, keyboard, harmonica and horn for each set."

The vocalist, who gets to pick the songs, tempos and keys, usually selects well-known blues standards

such as "Tore Down," "Before You Accuse Me" and "Sweet Home Chicago" to play. "Sometimes it's a train wreck," Rocky said, "but most of the time it's good."

The group also holds two monthly acoustic jams at the Blue Front Lounge in Steelton and the Warm Hearts Café in Mechanicsburg.

Another focus of the Blues Society is the Mississippi Railroad program through which musicians from the Clarksdale, Miss., region are brought to our area for at least one concert a year. Many Blues Society members spend time in Clarksdale, and the group has developed strong connections there. Clarksdale is considered the birthplace of the blues and is site to countless blues festivals and was home to bluesmen Muddy Waters and Son House.

This year's concert is July 10 at the Shellsville VFW Picnic Grounds near Grantville. The concert will feature Jimmy Duck Holmes, a blues guitarist and vocalist who is a practitioner of a distinctive blues style from his hometown. The concert is a Blues Society of Central PA members-only event, but attendees may purchase a \$10 membership at the door.

Upcoming events include Thursday evening electric jams at the Liquid 891 Club in Harrisburg; acoustic jams on the first Wednesday at the Blue Front Lounge in Steelton; and on the third Wednesday at the Warm Hearts Café in Mechanicsburg. The

jams begin at 8 p.m.

On June 11, the Blues Society will take part in the Dauphin County Music and Wine Festival at Fort Hunter in Harrisburg. The event begins 4:30 p.m. The Mark Focazio Band, the Alexis P. Suter Band, Kenny Neal and three local bands will play. On July 10, Jimmy Duck Holmes, Terry "Harmonica" Bean and the Cornlickers will play at the Shellsville VFW in Shellsville. Blues Cruises on the Pride of the Susquehanna also are planned.

For additional information on the Blues Society of Central PA visit: www.bscplblues.org.



Jeff Wiles' photo, "Harrisburg Brothers in Arms" will be among works featured in "Art of the State," an exhibit of Pennsylvania artists that opens at the State Museum on June 18.

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Reception and "3rd in the Burg": June 17, 6 to 9 p.m.
Exhibition: June 9 to July 16

City Cinema

Summer (Non) Blockbuster

Amid the usual dreck, some nuggets shine.

Kevyn Knox

A spectacular film is now playing in Harrisburg. It may, as they say, not be a film for everyone—it is rather slow moving and that scares some of the more faint-hearted away—but it is a spectacular film nonetheless. In fact, I would call it the first truly great film of 2011. But enough of the hyperbole. Let me tell you about this film I am going on and on about.



The film is called "Meek's Cutoff," and it stars the always amazing (and very likely this critic's best idea of a cinematic dream girl) Michelle Williams.

Directed by Kelly Reichardt,

one of the best up-and-coming filmmakers in America today (she also directed Miss Williams in the equally remarkable—and equally not for everyone—"Wendy and Lucy" back in 2008), "Meek's Cutoff" is the story of a group of settlers trying to make their way through the unknown environs of 1845 Oregon. Williams, playing one of the young settlers who find themselves in life-and-death situations out on the trail, hands in one of her finest performances ever—and that sir, is saying a lot.

The other major (and quite intense itself) performance in the film, and the one who will become the wicked antagonist to Williams' determined protagonist, is that of Bruce Greenwood's portrayal of the titular guide, Steven Meek, whose inability to find the shortcut (the cutoff, if you will) he has boasted of knowing will inevitably end in such tragic circumstances. The film is playing at Midtown Cinema and hopefully not too many people will be scared off by the film's methodical but quite powerful pace. The film will play on for several weeks.

As for the rest of the cinematic world this summer, there are some rather interesting-looking movies coming—as long as you can maneuver your way through the minefield of Hollywood blockbuster wannabes like the new "Transformers" monstrosity (I believe that is more

than an educated guess at what the movie will be like) or the new "Pirates of the Caribbean" thing (is this number four or five—to be honest, my indifference has made me forget) or whatever other shiny new toy comes along.



One of the higher prospects, even though it has Steven Spielberg's name attached, is the latest adventure from J.J. Abrams. It's called "Super 8," and it's a story that seems similar to "Cloverfield"

(i.e., an unseen monster of some sort terrorizes the scared populace). Whether it ends up being something interesting (which "Cloverfield" was up to a point) or not is still up in the air. I do have somewhat high hopes for the movie though.



Another summer movie I am looking forward to is the graphic novel adaptation with the great name, "Cowboys & Aliens." The basic premise is this—it is the old west (I seem to be

into the western genre these days), and Daniel Craig is a gunslinger with no memory of his past who finds himself in a town that doesn't like strangers—a town that is run with the proverbial iron fist by Harrison Ford. Oh yeah, and as the title more than suggests, aliens attack. So basically it is Han Solo and James Bond fighting aliens in the old west. How can that not be just fantastic!?

Well that is it for this time, but I will be back with more cinematic ramblings next time. Until then, go watch as many movies as you can. I know I will.



Kevyn Knox is a film critic + historian. His reviews can be read at thecinematheque.com.

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Boldly Going Solo

Flying Solo Festival returns with stories of warmth, wisdom, humor.

Lawrance Binda

The waterfront, City Island, the Capitol dome—many things are uniquely Harrisburg.

You now can add to that list the Flying Solo Festival, Open Stage's annual, month-long slate of high-quality—sometimes controversial, often thought-provoking—single-person performances.

This year features four very different shows, one for each weekend in June, with subjects ranging from our obsession with appearance to the national culture of fear; from gender-bending in the Bible to matters of age and love. They offer audiences the chance to ponder an issue in a new light, while being entertained.

"With Flying Solo, we find that we get new works, often written by the performers themselves," said Don Alsedek, Open Stage's co-founder and artistic director. "Sometimes, they're newer voices; sometimes, they're older voices."

The festival's roots date back a decade when Open Stage began a festival called "WomenSpeak." About five years ago, that festival evolved into Flying Solo, so to bring in new subjects and appeal to a wider audience.

Indeed, Flying Solo's variety of individual performances is now a hallmark of the festival. In addition, the carefully selected performers are given a three-day weekend all their own, as opposed to dozens of performers tossed together over a single weekend, which is the format of many other theater festivals.

This quality, in particular, attracted Peterson Toscano to perform in the festival.

"I like that there are four different performances over four different weekends," he said. "Other festivals become more like a marathon."

Toscano is bringing his one-man show, "Transfigurations," to Open Stage during the festival's second weekend. His performance explores transgender issues in the Bible, a topic, he says, that is apparent in many Bible stories, but is routinely ignored by mainstream religions and scholars.

"There are numerous gender-variant characters who are important

to many plots," he said. "I play multiple characters and genders throughout the play."

Toscano, who recently moved to Sunbury with his partner, the writer Glen Retief, is steeped in the stories of the Bible. A former evangelical Christian, Toscano studied the Bible in its earliest languages, including Hebrew and Greek. He also was an activist in the ex-gay movement before finally accepting his sexual orientation and becoming a Quaker.

"The response to the play from both religious and atheist people has been overwhelmingly positive," he said. "They've told me they were awake all night thinking about it."

Jessica Bedford is another performer with both local connections and a compelling story to tell.

Bedford, a Harrisburg native, is the writer and performer of "Pretty," a comical look at the subculture of American beauty pageants. She plays a lifelong contestant who, now in her late 20s, faces a world without pageants for the first time.

"I talk about serious things, but do my best to do it with a grin," she said. "Sometimes, the best thing to do is to look at life with a laugh."

As a graduate student at Villanova, Bedford was inspired to write her piece after stumbling on a reality TV show about child pageants. After numerous drafts, both in school



Peterson Toscano (above) and Jessica Bedford (right) are two of four performers giving solo shows during this year's Flying Solo Festival at Open Stage of Harrisburg, held each weekend in June.



and after graduation, she began performing the play in venues around Philadelphia, where she now lives. The Open Stage production will be her first in a true professional theater—coincidentally in her hometown.

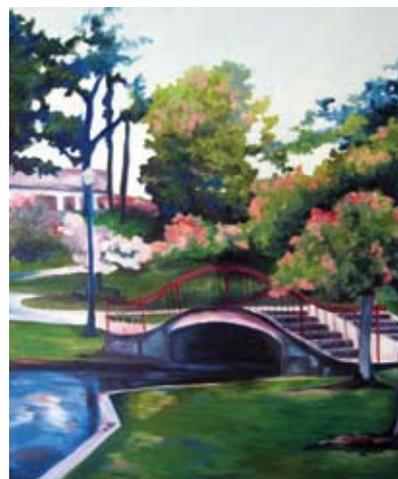
"It's so exciting that Open Stage offers this festival," she said. "The fact that they're able to bring in artists from outside the community really speaks to the strength of the theater."

For more information on the 2011 Flying Solo Festival, please see the ad on this page and visit www.openstagehbg.com. For tickets, call 717-232-1505.

Our Cover: "Lago Italiano"

John Holtzman, an artist from Paxtang, has used Italian Lake in Uptown Harrisburg as an inspiration for "Lago Italiano," our June cover. In this work, he emphasizes an intense contrast and differences in color from the blooms of the late spring.

Holtzman previously painted our November cover, entitled "Heated Capitol." He currently is an art educator at Central Dauphin East High School. Information on his work and upcoming events can be found on his website at www.johnholtzman.com, or he can be reached at johnnyholtz@gmail.com.



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PRETTY
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**TRANSFIGURATIONS-
TRANSgressing
GENDER IN
THE BIBLE**
written and performed
by **Peterson Toscano**
June 9, 10, 11



**ARTIFICIAL
FELLOW TRAVELER**
a solo play in five days
written and performed
by **Ethan Sandler**
(of NBC's *Crossing Jordan*)
directed by
Daniel Goldstein
June 16, 17, 18

Barbara Bates Smith
as **IVY ROWE**
from Lee Smith's
Fair and Tender Ladies
music by **Jeff Sebels**
June 23, 24, 25



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or visit www.openstagehbg.com

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Happenings

Museums & Art Spaces

3rd Street Studio

1725 N. 3rd St., Harrisburg
717-385-3315; www.3rdstreetstudio.org

"Transformation," drawings and paintings by Lesley Blandy, June 17–July 15; reception, June 17, 6–9 p.m.

Antique Auto Museum at Hershey

161 Museum Dr., Hershey
717-566-7100; www.aacmuseum.org

"Buses and Baseball," through Sept. 15.

"Stainless Steel, 1967 Lincoln Continental Convertible," through September.

"Leading the Pack: 100 Years of Indy 500 Pace Cars," through Oct. 9.

Art Association of Harrisburg

21 N. Front St., Harrisburg
717-236-1432; www.artassocofhbg.com

83rd Annual Invitational Juried Exhibition, through June 16.

Café di Luna

1004 N. 3rd St., Harrisburg
717-695-9449; cafediluna.com

Art of Alissa Kachel; reception, June 17, 7 p.m.

Cornerstone Coffeehouse

2133 Market St., Camp Hill
www.thecornerstonecoffeehouse.com

Watercolors by Madeline Reilly, through June.

Cygnets Studios/Conewago Coffeehouse

336 S. Market St., Elizabethtown
717-367-6140; conewagocoffee.com

Eric Tonzola, mixed media, through June 30.

Gallerie Thirteen

13 E. Main St., Mechanicsburg
717-591-6940; www.gallerie13.com

Artwork of Linda Benton McCloskey, through June; reception, June 3, 6 p.m.

Gallery@Second

608 N. 2nd St., Harrisburg
galleryatsecond.com

The artwork of Stacey Martin and Karen Commings, through June 4.

Works by Joseph Caroppoli and Daniel Watts, June 9–July 16; reception, June 17, 6–9 p.m.

Gallery at Walnut Place

413 Walnut St., Harrisburg/717-233-0487

Wood and glass art by Al Fox and Linda Billet, through June; reception, June 10, 5–8 p.m.

Garden Fresh Market & Deli

1300 N. 3rd St., Harrisburg
717-994-8552

Photography by Mike Donovan, through June.

Harsco Science Center

Whitaker Center, 222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

"CSI: Crime Scene Insects," interactive exhibit that explores criminal investigations through forensic entomology, June 11–Sept. 4.

HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg
717-441-7506; www.harrisburgarts.com

Works by various local and regional artists.

The Mantis Collective

1306 N. 3rd St., Harrisburg
themantiscollective@yahoo.com

Icelandic group exhibit, through June 12.

Paintings by Andrew Guth, June 17–July 11; reception, June 17, 8–10 p.m.

Midtown Scholar/Yellow Wall Gallery

1302 N. 3rd St., Harrisburg
717-236-1680; www.midtownscholar.com

"Juxtapose," small drawings and prints by Stephen Fieser, through July 3.

National Civil War Museum

One Lincoln Circle at Reservoir, Harrisburg
717-260-1861; nationalcivilwarmuseum.org

"Among Soldiers: Animals in the Ranks of the Civil War," through Sept. 4.

"1861," an exhibit highlighting the first year of the Civil War, through December.

Ned Smith Center for Nature and Art

176 Water Company Rd., Millersburg
717-692-3699; www.nedsmithcenter.org

"Gone for the Day: Ned Smith and the Pa. Game Commission," through Aug. 13.

Rose Lehrman Arts Center

One HACC Drive, Harrisburg
www.hacc.edu/RoseLehrmanArtsCenter

"Multiple Personalities," photos by Jeff Hubert, through June; reception, June 3, 5–6:30 p.m.

The State Museum of Pennsylvania

300 North St., Harrisburg
717-787-4980; www.statemuseumpa.org

"Art of the State," a juried competition for Pennsylvania artists, June 18–Sept. 11; reception, June 18, 7 p.m.

"Voices of the Revolution," an exhibit commemorating the Civil Rights movement.

The Susquehanna Art Museum

717-233-8668; www.sqart.org

Dōshi Gallery: "38 Works by 35 Artists," juried exhibit, held at The State Museum of Pennsylvania, through June 20.

"Variations on a Theme," juried exhibit, held at Whitaker Center, through July 15.

Read, Make, Learn

Garden Fresh Market & Deli

1300 N. 3rd St., Harrisburg
717-994-8552

June 23: Introduction to Medicinal Herbs, 6:30 p.m., \$5.

The HodgePodgery

1100 N. 3rd St., Harrisburg
717-236-0150; www.thehodgepodgery.com

June 5: Pin Up Doll Photo Session, noon–6 p.m. Call for reservation.

June 15: Expressorize Yourself, 6–8 p.m.

June 17: Spring Flower Pin & Ring Workshop, 5–10 p.m.

June 18: Café Apron Sewing Workshop

June 25: Mixed Media Composition Notebook Workshop, noon–2 p.m.; Resin Jewelry Workshop, 3–5 p.m.

Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg
717-236-1680; midtownscholar.com

June 4: Book signing for Lucilla Ehrhart's book "In My Mind's Eye," 2–5 p.m.

June 28: Art Kaleidoscope presentation and forum, 6–9 p.m.

The Stage Door

Allenberry Resort Inn and Playhouse

1559 Boiling Springs Rd., Boiling Springs
717-258-3211; allenberry.com

"Sisters of Swing," through June 12

"Hello Dolly!" June 15–July 24

Broadway Classics Productions

Harrisburg Mall, 3501 Paxton St., Harrisburg
877-717-7969; broadwayclassicspa.com

"Little Shop of Horrors," through June 26

Fishing Creek Playhouse & Dinner Theatre

450 Fishing Creek Rd., Etters
877-998-7469; fishingcreekplayhouse.com

"Meet Me in St. Louis," through June 26

Harrisburg Comedy Zone

110 Limekiln Rd., New Cumberland
717-920-3627; harrisburgcomedyzone.com

Joel Lindley, June 3–4; Mo Alexander, June 10–11; Ward Anderson, June 17–18; Gemini, June 24–25

Harrisburg Shakespeare Festival

3rd Floor, Strawberry Square, Harrisburg
717-238-4111; www.gamutplays.org

"All's Well that Ends Well" (Free Shakespeare in the Park, Reservoir Park), June 8–12, 15–18

Hershey Area Playhouse

Sand Hill Road at Cherry Drive, Hershey
717-838-8164; hersheyareaplayhouse.com

No shows planned for June.

HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg
717-441-7506; www.harrisburgarts.com

"Soul Comedy Café," June 12

Open Stage of Harrisburg

223 Walnut St., Harrisburg
717-214-ARTS; www.openstagehbg.com

2011 Flying Solo Festival, June 2–25 (for a full schedule and related story, see p. 25).

Oyster Mill Playhouse

1001 Oyster Mill Road, Camp Hill
717-737-6768; www.oystermill.com

No shows scheduled for June.

Popcorn Hat Players at the Gamut

3rd Floor, Strawberry Square, Harrisburg
717-238-4111; www.gamutplays.org

"Tales from Ancient Greece," June 15–25

Theatre Harrisburg

Whitaker Center, Harrisburg
717-214-ARTS; www.theatreharrisburg.com

"Gypsy," June 3–19

Whitaker Center

222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

"June Series," Central Pennsylvania Youth Ballet, June 22–25

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Live Music around Harrisburg

Appalachian Brewing Co./Abbey Bar

50 N. Cameron St., Harrisburg
717-221-1083; www.abcbrew.com

June 3: In Wilderness (CD release party)
June 4: One Voice for Autism Benefit w/
Suburban Transit & Husky Pants and The Rail
June 8: Cowboy Mouth w/UV Rays
June 9: The Farewell Drifters w/Erick
June 10: Juggling Suns
June 11: Jerry Joseph w/Shane Speal
June 12: Marcy Playground w/The Jellybricks
June 15: Giant Panda Guerilla Dub Squad w/
Mishka
June 16: Eilen Jewell w/guests
June 17: Seth Walker w/Tedd & The Hazzards
June 19: Central PA Friends of Jazz presents
Xiomara Laugart
June 22: G Love
June 23: Elizabeth Cook
June 25: Icewagon Flu
Open Mic: Every Wednesday

Blue Front Lounge

109 N. Front St., Steelton
717-939-2800

June 1: BSCP Acoustic Blues Jam
June 3: Mark Focazio Band
June 4: The Humblers
June 8: Nate Myers & the Aces
June 10: Ben & Company
June 15: Danny Stuber & City Jazz Band
June 17: CPFJ Jazz Walk
June 22: Billy Cool's Southern Soul Revue
June 24: Gil Akers & Friends
June 25: Fatback

Carley's Ristorante and Piano Bar

204 Locust St., Harrisburg
717-909-9191; www.carleysristorante.com

June 1: Bryan Herber
June 2: Wade Preston
June 3: Ted Ansel
June 4: Noel Gevers
June 8: Chelsea Caroline
June 9: Giovanni Traino
June 10: Ted Ansel
June 11: TBA
June 15: Mark Zangrilli
June 16: Anthony Haubert
June 17: Noel Gevers
June 22: Brandon Parsons
June 23: Giovanni Traino
June 24: Brandon Parsons
June 25: Noel Gevers
June 29: Special guest Jess Godwin
June 30: Anthony Haubert
Every Tuesday, Open Mic Night

Central Pennsylvania Friends of Jazz

Hilton Harrisburg, 1 N. 2nd St., 2nd Floor
717-540-1010; www.cpfj.org

June 17-19: 31st Annual Central PA Jazz
Festival (various venues, see p. 22)

Char's Bella Mundo

540 Race St., Harrisburg
717-213-4002; www.charsbellamundo.com

"Jazz Wednesdays," with special wine menu

Clover Lane Coffeehouse

1280 Clover Lane, Harrisburg
717-564-4761; www.harrisburguu.org

June 17: Joe Crookston

Cornerstone Coffeehouse

2133 Market Street, Camp Hill
www.thecornerstonecoffeehouse.com

June 3: Sweet Life
June 5: Marie & Me
June 10: Hemlock Hollow
June 11: Womack & Lowery
June 12: Andrew Bellanca & Friends
June 17: Antonio Andrade
June 18: Karl Gessler
June 19: Kevin Kline
June 24: Jeanine & Friend
June 25: Nicole Coutlangus & Joel Gaultier
June 26: Jazz Me

Cygnets Studios/Conewago Coffeehouse

336 S. Market St., Elizabethtown
717-367-6140; conewagocoffee.com

June 5: Rick Hill

Giant Center

550 W. Hersheypark Dr., Hershey
717-534-3911; www.giantcenter.com

June 15: Josh Groban

Harrisburg Symphony Orchestra

The Forum (5th and Walnut Sts.), Harrisburg
717-545-5527; harrisburgsymphony.org

June 30: Free concert (Negley Park, Lemoyne)

Hershey Theatre

15 E. Caracas Ave., Hershey
717-534-3405; www.hersheytheatre.com

June 20: The Monkees

HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg
717-441-7506; www.harrisburgarts.com

June 2: Les Racquet w/Dolchnakov
Brigade and Hank & Cupcakes
June 3: Aortic Valve Audio Video Event
June 4: Daniel Adam Smith & Friends
June 5: Jesse Maurer Jazz Quartet
June 9: Rhyne McCormick & Friends
June 10: Troegs Night w/Starsan & Up Pops
The Devil
June 11: April Skies
June 16: Cuddle Magic
June 17: Chris Smither
June 18: Pufferfish w/Ilenia Volpe
June 19: Reese Project Trio
June 23: Innavibe Tribe
June 24: TBA
June 25: The Greatest Funeral
Ever
Every Wednesday, Open Mic

Hollywood Casino at Penn National

777 Hollywood Blvd.,
Grantville
877-565-2112; www.hcpn.com

June 3: Maxwell Project
June 4: Burning House
June 10: Smokin Gunnz
June 11: Slowhand & Don
Johnson Project
June 17: John King Band
June 18: Absolute Gold &
Flashback
June 24: Bunchafunk
June 25: Uptown Band

Mangia Qui/Suba

272 North St., Harrisburg
717-233-7358; www.mangiaqui.com

June 3: Creekside Soul
June 4: Paul Cullen (guitarist with Bad
Company)
June 10: Chelsea Caroline w/ Monica McIntyre
June 11: Groove Moose Spectacular
June 17: CPFJ Jazz Walk
June 18: Janessa Suguitan from "That Girl"
June 24: Kyle Morgan and The Backroad
June 25: Flamenco in The States

Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg
717-236-1680; www.midtownscholar.com

June 3: Jessica Smucker
June 4: Phil Yates
June 10: Spirit Family Reunion w/Rachel Marie
June 11: Beggar Folk
June 14: Listener
June 17: Robert Bobby Trio
June 18: Ellis Paul
June 24: Bryan Herber
June 29: Eleanor Murray

Morgan's Place

4425 N. Front St., Harrisburg
717-234-8103; www.morgans-place.com

June 3: Kings & Queens
June 4: Shea Quinn & Swish Dog
June 10: Don Johnson Project
June 11: Resonators
June 17: A-Factor
June 18: South Street
June 24: A-Factor
June 25: Blind Willies

Stock's on 2nd

211 N. 2nd St., Harrisburg
717-233-6699; www.stocksonsecond.com

June 4: Don Johnson Project Band
June 11: Cruise Control
June 18: Shea Quinn and Steve Swisher
June 25: Funktion

The Susquehanna Folk Music Society

www.sfmfolk.org (check website for location)

June 3: Square dance w/live music
June 18: The Wiyos
June 26: Summer Fest & Picnic

Whitaker Center

222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

June 30: Hector Olivera

At the Cinema

Moviate Film Co-Op

1106 N. 3rd St., Harrisburg; moviate.org

June 2: Maribelle (indie rock from Chicago),
7 p.m.

June 4: Wilco documentary: "Ashes of
American Flags," 8 p.m.

June 8: From Denmark, film archivist, author,
and historian Jack Stevenson with a program
of pre-1960s burlesque films on 16mm, 8 p.m.

June 10: Spirit Family Reunion at Midtown
Scholar (folk/americana night), 8 p.m.

June 16: "Of Dolls And Murder" film narrated
by John Waters, 8 p.m.

3rd in The Burg: June 17



This oil on canvas is among the works by Joseph Caroppoli that will be featured at Gallery@Second during this month's 3rd in The Burg, June 17. You can visit many galleries, restaurants and other venues at the monthly celebration of art, music and more at locations throughout Harrisburg. For additional information, see our back cover or visit www.3rdinTheBurg.com.



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Custody, without Adoption

SPLC process helps give homes to older children.

Ruth Hoover Seitz

Some teens get a second parent without being adopted.

After an abusive childhood, 17-year-old Rickelle Allen became a legal member of the Williams family. She had been in this safe Dauphin County home since she was 13. She spoke almost gleefully, "I am no longer the foster daughter!"

In the courts, the process is called "Subsidized Permanent Legal Custodianship," known as "SPLC" (pron: "splick"), in the child welfare system. A strong, nurturing family gives a young person with a tumultuous past stability to age 18 and a lifelong relationship. Per court agreement, teens can maintain contact with their birth family. Birth parents' rights do not need to be terminated. There is usually no name change. With SPLC, a family receives a monthly subsidy with medical expenses covered.

Rickelle came into the Williams' home in March 2008. She was sucking her thumb and crying in protest, but, she said, "Within a half hour, I felt I was at home." She bonded well with Carla, a 45-year-old mother of two grown daughters. Carla recalled that Rickelle was hostile and defensive, always moving her hands to a beat. She stole and lied. Carla also noted Rickelle's strengths: "She doesn't feel

intimidated and doesn't stereotype people. She can talk to anybody." That makes Rickelle's goal of studying criminal justice at Harrisburg Area Community College reachable.

As her legal custodian, Carla supports Rickelle becoming self-reliant. She attends Dauphin County Independent Living classes to learn how to buy a car and cook meals. Carla, who will support Rickelle through major life decisions, said, "She's street-smart and very bright."

Feeling such support is a key reason that Brittany Klahre, a 17-year-old junior at West Perry High School, is pleased to have completed SPLC in late 2010. Her legal custodians are Tonyia and Joe Davis of Newport. The Davis' advocated so that Brittany got additional help with math. She is mapping out a career in nursing with training at HACC and then Shippensburg University.

When Brittany first arrived at her foster home, she spent a lot time in her room. "She doesn't like change," Tonyia said. "I was defiant," Brittany said. "Four family members had passed away within one year, and my Nana couldn't talk about this loss." When Brittany felt alone, she acted out.

In the Davis home, she saw a different lifestyle. When she ventured

out of her room, she saw the family playing a game or watching a movie. She joined in. She likes the family dynamics. "We can all joke around," she said. Family members can talk openly. They handle conflicts without criticism.

She is grateful that her mom and grandmother agreed to SPLC.

Her Nana said that she needed a mom and a dad. Brittany doesn't recall her birth father. Tonyia, her new mom, told her, "Your Nana let go of her pride." Case Management Unit (CMU) in Harrisburg facilitated Brittany's legal custodianship with the Davis family.

To any teenager on the fence about SPLC, Brittany urged, "If a family has been there for you, go for it." Kids who age out of foster care are at risk of homelessness, poverty and crime.

Some miles away in the city, Rickelle said proudly, "I am the daughter, the sister." Carla, her mom, passionately recommends that



At home: The SPLC process allowed Carla Williams to become legal custodian to teenager Rickelle Allen.

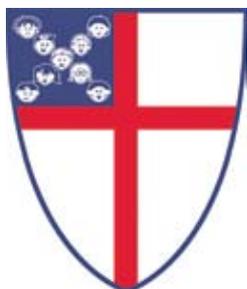
families give teens a forever home. "There are kids out there who can benefit from parenting. You got to mold them so they can show you a positive side."

Because of the focus on permanency over the last decade, the number of Pennsylvania boys and girls waiting for permanency has dropped by approximately 9,000 children, according to the Statewide Adoption and Permanency Network.

For more information, contact the Statewide Adoption and Permanency Network (SWAN) at 1-800-585-SWAN or www.adoptpakids.org.

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These midstate spots are perfect for a summer family outing.

Pamela Waters



Come sail away: Summer fun on Pinchot Lake.

School is almost over for the year, the days are long and hot, and families are looking for experiences to enjoy with their kids. A short drive out of the city will get you to several adventures you may not have encountered before.

In 1965, a few miles north of Halifax, J. R. Tobias opened a wildlife park, where animals from around the world roamed out in the open. Since

then, it has grown into a unique zoo, with habitats for monkeys, capybaras, bears, alligators and dozens of other species. Keepers educate park-goers at the reptile house and allow feeding and petting at the petting zoo. The highlight of a visit, despite its additional charge, is a safari ride in an open-air school bus (imagine chopping off everything from the windows up) throughout 150 cageless acres. Elk, accustomed to the food offered by those on board, climb up the steps and as far onto the bus as their bulky frames allow. The drivers serve as tour guides, pointing out newborn bison, advising caution as the bus passes Texas longhorn cattle, and explaining the difference between ostrich, emu and rhea.

If your children are all the animal experience you need, an outing that will use up some of their energy might be welcome. You may be familiar with

laser tag, a game played in darkened indoor arenas. Adventure Sports, on Route 743 south of Hershey, offers the only outdoor laser tag in the area. Players evade each other on three acres of uneven terrain with trees and structures aiding their attempts at stealth. Special headbands register "hits" from an especially strong ultraviolet light, from up to 1,000 feet away. Play is during daylight hours only and is limited to participants eight years or older.

A cool spot many locals remember from childhood field trips is Indian Echo Caverns in Hummelstown. First used by the Susquehannock Indians for shelter during poor weather, the caves are now a tourist attraction. At 52 degrees year-round, they offer respite from the summer weather, in addition to the wonders of underground lakes and rock formations. Guides share facts, history

and folklore in a 45-minute tour.

Finally, a system of plentiful, varied and flexible destinations: the Pennsylvania state parks in TheBurg's readership area. The 2,338-acre Gifford Pinchot, in northern York County, offers plenty of options for enjoying the outdoors, from horseback riding areas to disc golf (think Frisbees) and camping, to boating, swimming and ice fishing on the 340-acre Pinchot Lake. Yes, ice fishing too, although you'll probably need to wait a few months to try that. Other parks have trails, boating and other opportunities. With 17 state parks within about an hour's drive from Harrisburg, you could try a different one each weekend and still be exploring into the fall!

For more information, visit www.laketobias.com; www.adventurehershey.com; www.indianechocaverns.com; and www.dcnr.state.pa.us/stateparks/index.aspx.

Grand Ascent: Legendary Auto Race Returns for Charity

TheBurg Staff

When it started in 1958, the Hershey Hill Climb featured sports cars winding along a steep forested access road that took Hershey Hotel guests to the boat dock along the Swatara Creek. For more than 25 years, it was one of the crown jewels of auto racing.

On June 11, the Hill Climb will be re-run on the original one-mile course behind the hotel. Now called The Grand Ascent, it's part of The Elegance at Hershey, a weekend of antique auto-related events to raise funds for several charities.

Dozens of vintage race cars, 1958 and older, will be featured, including Maserati, Alfa Romeo, Mercedes and Bugatti for the day-long exhibition of speed and sound.

Notable vehicles will include the Belgian Grand

Prix-winning 1932 Maserati 8C3000 that was driven by Tazio Nuvolari, an extremely rare 1912 Mercedes Grand Prix car fitted with a monstrous 9.5 liter Hall-Scott airplane engine and an amazing 1938 Alfa Romeo Volpi Special, once driven by famed five-time World Champion racer Juan Manuel Fangio.

A gala dinner and benefit auction

will follow the Grand Ascent at the hotel, while, on June 12, The Elegance at Hershey will feature about 60 of the world's most beautiful and sought-after antique automobiles, such as a 1936 Cadillac and 1939 Rolls-Royce Phantom III.

The show field, staged in the formal gardens of The Hotel Hershey in the tradition of the finest European and American Concours d'Elegance, will include judging and guided tours of the "automobile art" for the public. Proceeds from the weekend-long event will benefit the Juvenile Diabetes Research Foundation, the Antique Automobile Club of America



Flashback: This 1932 Maserati 8C3000 again will hit the road for The Grand Ascent.

Museum and the AACA Library and Research Center.

For The Grand Ascent and Elegance at Hershey information, visit www.TheEleganceAtHershey.com or call 717-534-1910.

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A Goal Surpassed

HU meets, exceeds, 5-year fundraising target.

TheBurg Staff



Harrisburg University President Mel Schiavelli announced at commencement that HU exceeded its five-year fundraising goal. Photo: Minick Photography.

Nearly five years ago, as it grew from its founding, Harrisburg University of Science and Technology launched a \$40 million fundraising campaign.

On May 12, as the university's fifth graduating class prepared to receive its diplomas at the Whitaker Center, HU President Mel Schiavelli reported that goal had been surpassed.

The CONNECT Campaign, which is scheduled to conclude by June 30, has raised \$44,728,888 million since it started on July 1, 2006.

"This is a celebration for those individual donors, community businesses and corporate sponsors who thought enough of central Pennsylvania to invest in its future with the founding of Harrisburg University," Schiavelli told nearly 500 attendees of the 2011 Commencement and Partners Day.

Today, the university has a \$73 million, 16-story, state-of-the-art Academic Center at the corner of N. 4th and Market streets and a strong curriculum for science, technology, engineering and math.

The CONNECT Campaign received philanthropic investments from 175 corporations and businesses, 15 foundations and more than 400 individual donors. Significant campaign leaders included: Select Medical Corporation; The Ortenzio Family Foundation and the Robert and Angela Ortenzio Family Foundation; Jay W. & Mary Cleveland, Jr.; Jay W. & Sandra Cleveland, Sr.; the Kirchoff Family; Cleveland Brothers Company;

Anthony & Brenda Pascotti; Gary Nalbandian; the Phillips Group; The Hershey Company; J. Randall & Barbara Grespin; Inez and Bennett Chotiner, M.D.; The Lois Lehrman Grass Foundation; Douglas Neidich; Timothy & Mary Webber Weston; Robert & Vicki Dolan; The Novinger Family; TR McIntosh; Reynolds Construction; The Commonwealth of Pennsylvania; and David & Donna Schankweiler.

"The HU vision means investing in our students, building our community and strengthening central Pennsylvania's economy," Schiavelli said. "For building the dream, we thank you. For keeping it alive with your ongoing support, our students will."

Ryan T. Riley, HU's associate vice president of Development and Alumni Relations, noted, "We are a university born of this community and, with continuing help, our graduates will play a key role in stimulating the growth of Pennsylvania's knowledge-based economy."

For more information on the CONNECT Campaign, contact Ryan Riley at 717-901-5140 or CONNECT@HarrisburgU.edu.

Governor Hotel Becomes HU Housing

The historic Governor Hotel has been converted into Harrisburg University's first dedicated student residence.

The building, at 335 Market St., has been renamed Residences on Market and is directly across the street from HU's Academic Center.

The seven-story building was built in 1909 as the Governor Hotel. It later was converted to low-income housing before being bought last November by Riverview Manor Associates.

The fully renovated building will house about 100 students in double- and triple-occupancy suites, said HU.

Residences on Market will be managed by a graduate hall director, who will coordinate move-ins, move-outs, unit inspections, maintenance and other operations.

Local Schools Score in Rewards Program

Cumberland Valley High School in Mechanicsburg was the top school in the Giant Food Stores' A+ School Rewards Program, earning \$17,162 for the school for its educational needs.

Every time customers used their bonus cards from Oct. 10 through March 19, Giant Food Stores and Martin's Food Markets donated 1 percent of customers' total purchase to designated schools.

Other top earners in the area included St. Theresa's School, New Cumberland; Northern High School, Dillsburg; St. Margaret Mary School, Harrisburg; East Pennsboro Middle School, Enola; St. Joseph's School, Mechanicsburg; Elmwood Elementary School, Mechanicsburg; and Northwood Nursery School, Harrisburg.

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Congratulations Graduates

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TheBurg Staff

The gowns were donned, the caps tossed and the sound of "Pomp and Circumstance" played in the distance last month, as Harrisburg-area colleges held their commencements.

Harrisburg University of Science and Technology, Harrisburg Area

Community College, Messiah College, Central Penn College and Penn State Harrisburg were among the institutions that graduated their students. Below are photos from three ceremonies. Congratulations to all who graduated!



Harrisburg University of Science and Technology: Graduates took one final walk past the HU fountain on Market Street in Harrisburg as they proceeded from the Academic Center to the Whitaker Center for their graduation ceremony on May 12. Harrisburg University, founded only a decade ago, has grown quickly and this year graduated its fifth class.



Harrisburg Area Community College: Sarah Kantes of Camp Hill helped Erica Eisenbise of Narvon with her tassel as Jamie Fink of Harrisburg looked on just before HACC's 46th annual spring commencement on May 17 at the State Farm Show Complex. The three women, who earned associate degrees, were among nearly 1,400 students who earned associate degrees, certificates or diplomas from HACC.



Central Penn College: Students prepare to receive their diplomas at the May 6 commencement at the Forum in Harrisburg. More than 400 students, earning bachelor's or associate's degrees, comprised the school's 129th graduating class. Founder and former president of Estamos Unidos de Pennsylvania Hector Richard Ortiz received an honorary degree during the commencement ceremony.

What's that Sound?

Could it—could it be a r-r-rattlesnake?

Kermit Henning

Rattlesnake! The mere mention of the name conjures up fear and fascination in most of us. Rattlesnakes throughout their range are perceived to be aggressive and deadly, although their threat to humans is grossly exaggerated. They are, however, fascinating for another reason: they are among the most specialized animals in the world.

The rattlesnake belongs to an animal group known as pit vipers. Their venom, actually a specialized saliva, is made up of a complex mixture of enzymes that destroys blood or paralyzes nerves. The venom is delivered through the fangs, movable hypodermic syringes.

Here in Pennsylvania, we are host to the timber rattlesnake, *Crotalus horridus*, the largest of all the species. These are large, heavy-bodied snakes that can grow up to 74 inches long. They have V-shaped dark bands on

a yellow, black or brown body and are white underneath. Rattlesnakes have large, flat triangular heads with thermal-sensitive pits between the eyes and the nostrils. The rattle is actually a collection of specialized scales at the tip of the tail. Each time the snake sheds its skin, it adds another button to the rattles. The distinctive sound is made by the rattles rubbing against each other, up to 60 times per second. Because these segments are added at various rates, depending on food supply and growth rate, and since they can be easily broken off, the number of rattles is not an adequate way of aging a snake. Males average 43 inches, the smaller females 36 inches.

Rattlesnakes are relatively long-lived with an average lifespan of 16 to 22 years. They do not become sexually mature until several years after birth. Males usually mature in five years, females in seven to 11. Females give birth to live young, and these newborn snakes are perfect miniatures of their parents, complete with venom.

Their range is in central and northern Pennsylvania, generally above 1,800 feet in elevation. They prefer rock outcroppings and forested areas of mountainous regions. Southern exposures are preferred,

where they bask in the sun on exposed rocks. This is also where they will den for the winter. They will den in October, emerge again in late April.

Rattlesnakes are ambush predators. They can detect the presence of prey by both heat and scent. Feeding on mice, chipmunks and other small birds and mammals, they lie in wait for prey to pass by and strike with their venomous bite.

Rattlers can strike up to two-thirds of their body length and need not be coiled to strike. Smaller prey usually dies within 20 seconds, but they will follow stricken prey that tries to escape and does not succumb immediately. They swallow their prey whole and then retreat to a sunny, rocky area where the exposure to heat aids in digestion.

For many years, the consensus in Pennsylvania was that any good snake is a dead snake. They do have a very important role in rodent control in the state, and today, the timber rattlesnake is legally protected in Pennsylvania and managed with a regulated season and possession limit by the Pennsylvania Fish & Boat



Rattler ahead: Beware of this guy during your summer hike in central Pa.

Commission. For 2011, the season on rattlesnakes runs from June 11 to July 31. Season limit is one snake at least 42 inches long and with 21 or more subcaudal scales, large flat scales located on the underside of the snake between the vent and the rattle.

Rattlesnakes are usually shy and retreating and will avoid contact with humans. Most bites occur from snakes that feel cornered or threatened. Although they do not always rattle when disturbed, if you hear the rattle, stop, keep your distance and allow the snake to retreat. Heavy boots and long pants are good defenses when in snake country.

If a bite occurs, it is difficult to gauge the amount of venom injected. Quick medical attention is critical, and typical treatment involves the use of antivenin/antivenom to block tissue destruction, nerve effects and blood-clotting disorders. Incisions at the site of the bite and tourniquets are not recommended; they often do more harm than good.

The rattlesnake is a valuable part of the ecology, now strictly protected by increasingly restrictive regulations. A better understanding of the rattlesnake's role will go far in replacing the fear that most feel, as well as serve as a valuable indicator of environmental conditions.



Kermit G. Henning, host of abc27 Outdoors TV, is a member of the Outdoor Writers Association of America.



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Pound Down Some Caution

Energy drinks: no boost to adolescent health.

Dr. Deepa Sekhar

I am seeing an adolescent in the office and doing the usual talk about avoiding drugs and smoking. My patient, an honors student getting ready for his first year of college, says to me, "I don't do any of those things. I just need the occasional Red Bull to get my studying done."

My eyebrows go up. It's certainly not illegal, but with unwanted side effects and safety concerns, there is plenty of reason for caution.

Energy drinks are beverages advertised to improve energy, weight loss, stamina, athletic performance and concentration. Common brand names include Red Bull, Full Throttle, Monster Energy and Rockstar. They are currently sold in over 140 countries and make up the fastest growing segment of the U.S. beverage market. Sales in 2011 are anticipated to exceed \$9 billion. Youth make up half the energy drink market with surveys demonstrating that 30 to 50 percent of adolescents report using energy drinks.

Energy drinks typically contain caffeine, vitamins, herbal supplements, sugar or sweeteners. In particular, the caffeine content of these drinks is usually equivalent to anywhere from one to three cups of coffee.

To provide some numbers for comparison, an 8-ounce cup of Coca-Cola has 23 milligrams of caffeine; 8 ounces of Mountain Dew has 28 milligrams; and 8 ounces of Starbucks coffee has 174 milligrams. An average container of an energy drink may provide anywhere from 75 to 400 milligrams of caffeine. As these drinks are marketed to children as young as 4 years old, there are definite concerns related to excess caffeine exposure.

Caffeine is a stimulant, though it is widely used and accepted. In adults, symptoms of caffeine toxicity typically include jitteriness and nervousness, stomach upset, headaches, concentration

trouble, sleep difficulties and frequent urination.

The U.S. Food and Drug Administration sets limits on the caffeine content in soft drinks as they are labeled as food, but no such regulation of energy drinks exists because they are marketed as dietary supplements. Currently, the safety determinations of energy drinks are made solely by the manufacturers. There are no requirements for testing, warning labels or restriction of sales and consumption by minors.

Additionally, these drinks may contain additional ingredients that have not been proven safe in children. A common energy drink additive is guarana, a South American plant that contains large amounts of caffeine and acts as a stimulant. Taurine, another common additive, is an amino acid found in the nervous system thought to boost performance. Another, ginseng, is an East Asian herb also thought to improve physical performance.

U.S. poison control centers recently gave energy drinks their

own reporting codes so adverse events could be tracked. Germany has tracked energy drink-related incidents since 2002 with a variety of concerning outcomes, including kidney and liver damage, effects on the heart, seizures and even death. It is known that children with certain medical conditions are at higher risk from a bad outcome following energy drink consumption.

A recent study found that energy drinks have no therapeutic benefit. Combined with the fact that they contain many ingredients with poorly studied effects and are known to cause bad outcomes for children, I recommend caution in using energy drinks at this time. In fact, several countries have restricted or banned the sale of energy drinks.

Energy drinks should not be confused with sports drinks and vitamin waters. Sports drinks, such as Gatorade and Powerade, are marketed to re-hydrate the body after intense or sustained exercise. Vitamin waters claim a range of benefits from strengthening the immune system to

relaxation and improved endurance. Though these claims are unproven, vitamin waters do not contain stimulants.

I spent awhile talking with the young man in my office about alternatives to Red Bull. For example, a cup of coffee or tea during a study session would be a safer option. A short power nap can also be an effective alternative. Energy drinks are tricky as they are not illegal substances and they are very attractively advertised.

We can approach energy drinks the same way we educate our children to make healthy food choices, offering them other safer, healthier options to get them through exams, sports competitions and whatever other challenges may come their way.



Dr. Deepa Sekhar is a pediatrician at the Milton S. Hershey Medical Center.

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A few reps can help bond mom & child.

Karen Verlin

Every new mother is anxious to lose that baby weight, but between the sleepless nights, constant feedings and diaper changes, there may be little time (or energy!) left over to head to the gym.

So, how is it that some moms are seemingly peeling that weight right off? They're getting creative! Incorporating exercise back into your life doesn't have to mean a costly gym membership and time away from your precious new baby.

Depending on your level of fitness, walking or jogging with a stroller is an easy and inexpensive way for any mom and baby team to get moving. On rainy days, you can even make this happen indoors at a local mall or shopping center.

At home, there is no need to wait for nap time to exercise (although this can also be a good option for some moms). There is a variety of DVDs demonstrating exercise routines involving baby. The popularity of exercise classes for moms has also exploded over the past decade. The excuse for not having a babysitter is no longer valid.

It is obvious that the repetitive lifting of a little one can be a challenge in itself. Doing these simple actions in a deliberate way is all it takes to be "exercising" with baby. Just try thinking of your baby as a little bundle of weights! If you are holding your baby while doing squats, lunges, leg lifts, etc. . . that counts as exercise too.

Getting started is probably the most challenging part of the entire experience, but just think what a wonderful bonding experience it can be to include your baby in a fitness routine. It's never too early to set a good example when it comes to taking care of your health either.

The best approach for both of you is to start slowly and ease into it. The long list of benefits (aside from getting back into that favorite pair of jeans) happens to include increased energy—which will come in handy for those night-time feedings and diaper changes.

For those moms with toddlers and older children, exercising is easy! All you have to do is get creative to

get moving with your kids. It can be as simple as taking a ball outside, visiting a park, going for a nature hike, or riding bikes—the list is endless. Kids are tireless little balls of energy, so try to let that rub off on you. Take advantage of the natural example they set and just follow along. Not only are you helping yourself get fit, you are setting the foundation for your child to stay active and healthy for a lifetime.



Karen Verlin is a partner at Absolute Wellness Group in Harrisburg, is an NFPT-certified personal trainer, AFAA-certified group fitness instructor and Transitions lifestyle coach.

Digital Quilt Launches for Cancer Support

The Digital Quilt is now available for people to share stories, celebrate health, memorialize a loved one or thank a caregiver.

The quilt, a collaborative effort between witf and Harrisburg University, allows "patches" to be created to reflect an individual's experience with cancer, with the ability to include videos, photos, audio and text. To share your story or make a patch on the Digital Quilt, visit <http://facingcancertogether.witf.org/quilt>.

Digital Quilt is part of "Facing Cancer Together," an education partnership of witf, Lancaster General Health, PinnacleHealth, WellSpan Health and more than a dozen associate organizations in the region.

Burg Classifieds

Wanted

Yearbooks Wanted

Dauphin County Historical Society is looking for high school yearbooks. Any year or Dauphin County school is welcome. Especially need Bishop McDevitt, Steelton, Middletown, CD East, Hershey and Lower Dauphin. Call the Society office at 233-3462.

Treat Scoliosis without Bracing or Surgery

Central PA Spinal Health is only the second clinic in PA to introduce a new method for non-invasive/non-bracing treatment of Scoliosis, where the focus is on spinal biomechanics and postural rehabilitation.

If you want another option for treating Scoliosis besides doing nothing, bracing or surgery, CALL 717-737-4450 NOW for more information and mention this ad to schedule your FREE, No Risk and No Obligation evaluation.

*"Dr. Fullmer has helped me take back my quality of life. His expertise in overall wellness has been beneficial to our whole family."
— Michael S.*

VISIT us and see how this latest, non-invasive method will work for you.



*"We have the newest and most innovative rehabilitation equipment, and we offer a long-term solution instead of short-term pain relief."
— Dr. Jason Fullmer*

Central PA Spinal Health Chiropractic, LLC
4920 East Trindle Road, Mechanicsburg, PA 17050
(717) 737-4450 • www.mechanicsburgchiropractor.com



MEN & the Divorce Process

As marriages and relationships end, new circumstances arise for everyone involved. In particular, many husbands find themselves facing unique challenges during the divorce process.

Often, men feel that their needs are being disregarded. From the onset, they feel as though they are being cast in an unflattering light. Fairness concerns often emerge as a result. Husbands and fathers require and deserve an attorney who is focused on fairness throughout the process, and who will be aggressive on their behalf.

John F. King has a comprehensive knowledge of PA Family Law, with more than 20 years of experience involving divorce, child custody and child/spousal support. He understands how to effectively work within the legal system to get the best results for his clients.

John F. King, Esquire
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David B. Loran, MD; Mubashir A. Mumtaz, MD, FACS;
Troy Moritz, DO; Raymond F. Kostin, MD, FACS

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3rd IN THE BURG

ART, MUSIC & MORE ...

FRIDAY, JUNE 17



THE THIRD FRIDAY OF EACH MONTH IN HARRISBURG



Open Stage of Harrisburg • 223 Walnut St (street level of Walnut St. Garage) • 232-1505 • openstagehbg.com • Ethan Sandler, best known from NBC's Crossing Jordan, asks the question, "What is worth being afraid of?" as he presents his one-person powerhouse ARTIFICIAL FELLOW TRAVELER at 8p. Post-performance reception honors Women Who Care awardee, artist Beverlee Lehr. Tickets \$27.



Gallery at Walnut Place • 413 Walnut St • 233-0487 • Works in wood and glass by Al Fox and Linda Billet. Reception, 5-8p.

City House B&B • 915 N Front St • 903-2489 • cityhousebb.com • City House will feature watercolor paintings from Joseph LaFrance, with Grace Prensner on the keyboards, 5-9p



3rd Street Studio • 1725 N 3rd St • 385-3315 • 3rdstreetstudio.org • "Transformation," a solo art exhibition with drawings and paintings by Lesley Blandy, 6-9p.



Gallery@Second • 608 N 2nd St • 233-2498 • galleryatsecond.com • Featured artists are Joseph Caroppoli and Daniel Watts. Music by Jonathan Frazier. Plus visit "The Upstairs Gallery" showcasing over 200 pieces of artwork. Food and drink served, 6-9p.



Midtown Cinema • 250 Reily St • 909-6566 • Movie trivia, prizes & free popcorn, 7:30p.

Nonna's DeliSioso • 263 Reily St • 232-6150 • nonnasdeli.com • Before visiting the galleries, come, relax and enjoy home-made Italian favorites just like our Nonna made! 10% off 3-5p. Don't forget to BYOB.



Mangia Qui • 272 North St • 233-7358 • Paintings by Elide Hower & Joanne Landis. Featured cocktail: \$6 blackberry mojitos. Join us for Jazz Walk!



Midtown Scholar Bookstore • 1302 N 3rd St • 236-1680 • midtownscholar.com • The science of coffee (cupping), noon. Sample organic teas, 2p. Gamut Players present "TMI" improv theater, 6-7p. Yellow Wall Gallery reception for Stephen Fieser's exhibit, "Juxtapose," 6-9 p. Lancaster's Robert Bobby Trio, 7:30-9:30p. On Sat., 6/18, WXPN welcomes urban folk troubadour Ellis Paul, 3p & 8p.

Other Participating Businesses

- **Art Association of Harrisburg**, 21 N Front St
- **Broad Street Market**, 1233 N. 3rd St (sponsored by Mangia Qui)
- **Garden Fresh Market & Deli**, 1300 N 3rd St
- **The HodgePodgery**, 1100 N 3rd St
- **Mantis Collective Gallery**, 1306 N 3rd St
- **Whitaker Center**, 222 Market St



Harrisburg Bike Taxi rides available during 3rd in The Burg for "Tips Only." Call 461-2202 for a lift and thanks for "Getting There The Green Way."



FOR MORE INFO & A PRINTABLE MAP: WWW.3RDINTHEBURG.COM