

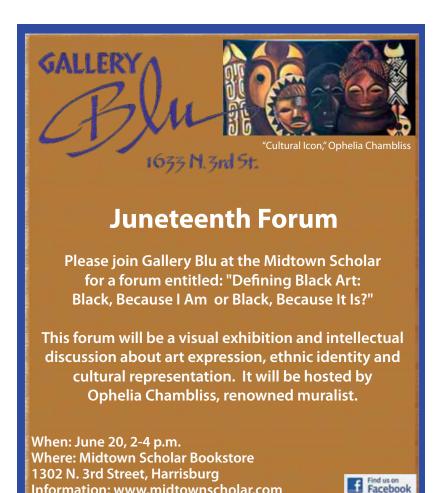
## HMAC 268 Herr Street 🏬 www.harrisburgarts.com /privateparties/stage/acoustics music/art/bar/games/mee

### June Schedule

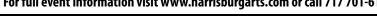
- 1st: Pretty Things Peep Show & The Sex Slaves
- 2nd: Open Mic w/Mike Banks
- 4th:Vinegar Creek Constituency
- 5th: Capitol Area Music Association benefit featuring Layla Hathaway
- 6th: Sam Quinn w/Cullen Miller
- 8th: Board Game Night
- 9th: Open Mic w/ Mike Banks
- 10th: Mike Banks & Friends
- 11th: Gleason's Drift with Starsan Quartet
- 12th: The Cultivators, Slim Fit, Case 150 w/ quests The Last 55's
- 14th: The Farewell Drifters

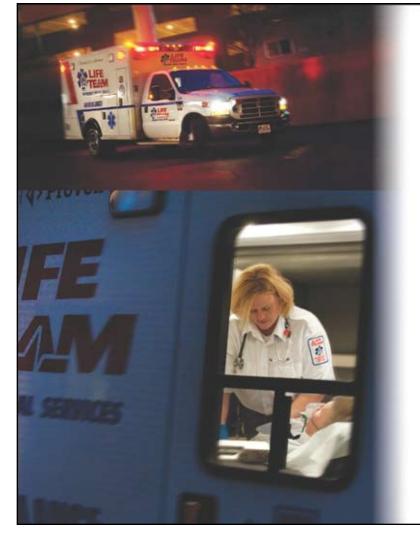
- 16th: Open Mic w/ Mike Banks
- 17th: Zach Maxwell
- 18th: Novak CD release party
- 19th: The Greatest Funeral Ever
- 20th: Hot Club Du Jour
- 22nd: Board Game Night
- 23rd: Open Mic w/ Mike Banks
- 24th: Sam Baker, Natalia Zukerman, John Fullbright in the round!
- 25th: Bloodfeathers, Wayne Supergenius and The Last 55's
- 26th: Dexter Romweber Duo
- 27th: My Rural Radio
- 28th: Arctic Death
- 29th: Board Game Night
- 30th: Open Mic w/ Mike Banks

For full event information visit www.harrisburgarts.com or call 717 701-6199



Information: www.midtownscholar.com Gallery Blu • 1633 N. Third Street • Harrisburg, Pa. 17102 (717) 234-3009 • www.galleryblu.org





## Proven Dedication.

15,000 emergencies a year. 90 Paramedics and EMTs. On-call every minute, every day.

### Because your emergency can't wait.

For more than 30 years, Community Life Team has been providing emergency medical services to the City of Harrisburg. We count on our membership fees and donations in order to maintain and update our vehicles, provide advanced training for our team and respond to those in need 24-hours a day.

> If you're a resident in the City of Harrisburg and are interested in a low-cost membership. please call our billing staff at (717) 236-5947.



pinnaclehealth.org

## **Contents**

### In the Burg

- 4 The First Word
- 5 City Hall

### Burg Biz

- 6 New Business
- 7 Face of Business



New business jackpot, p.6-7

### Street Corners

- 8 Intersections
- 9 Around Town
- 11 ShutterBurg
- 12 Doing Good
- 13 Past Tense



From bad to beauty, p. 8

### Good Eats

- 14 Home Cooking
- 15 Wine Time

### Culture Club

- 16 Creator
- 17 Musical Notes
- 18 Happenings
- 20 Curtain Call
- 21 On the Outskirts



The sound of State Street, p.9

### Home & Family

- 22 Hall Pass
- 23 Wags & Whiskers

Sports & Bodies

24 Green Thumb



A woman & her art, p.16

- 25 Your Health
- 26 One More Thing...

This month's cover:

A view from Riverfront Park, Harrisburg, by local artist Susan Getty











Sprint

For all your Sprint/Nextel needs

- Service plans
- Full line of phone accessories
- Pre-paid phone service
- Bill pay center for Sprint/Nextel

1426 N. 3rd Street Suite 130 Harrisburg, PA 17102 p. 717-695-3401

## In the Burg

#### General & Letters

TheBurg 1103 N. Front St. Harrisburg, PA 17102 www.theburgnews.com

Editorial: 717-602-4300 Ad Sales: 717-350-0428

#### Principals

Editor: Peter Durantine pdurantine@theburgnews.com

Advertising Executive: Angela Durantine adurantine@theburgnews.com

Co-Editor/Creative Director: Lawrance Binda Ibinda@theburgnews.com

#### Staff & Contributors

Sales Associates: Leann Leiter lleiter@theburgnews.com

Peter Carli pcarli@theburgnews.com

Reporters: M. Diane McCormick dmccormick113@aol.com

Stephanie Kalina-Metzger stephaniekalinametzger@yahoo.com

Jeffrey B. Roth jbrothster@gmail.com

Carol Maravic carol.maravic@live.com

Rick Kearns rickearns@comcast.net

Mike Walsh mikewalsh32@hotmail.com

Pat Carroll paddydear@epix.net

Lori Myers lori@lorimmyers.com

Ruth Hoover-Seitz ruthhooverseitz@gmail.com

#### Columnists:

Cooking: Rosemary Ruggieri Baer rrbgu69@aol.com

Cooking: Sara Goulet putchandbuckies@verizon.net

Local History: Jason Wilson

Cinema: Kevyn Knox kevynknox@thecinematheque.com

Sports & Fitness: Laura Spurgeon lspurgeon@aol.com

Outdoors: Kermit Henning kghenning@aol.com

Pets: Todd Rubey reptilevet@yahoo.com

### 1 Courthouse, 1 Civics Lesson

Smiles. Hugs. More smiles. It may have been raw and rainy as a crowd huddled beneath a makeshift tent set up in a grassy lot at the corner of 6th and Reily, but, as the microphone warmed and dignitaries piled out of their big, black cars, it may as well have been a sunny day in the tropics.

"Congratulations," was frequent greeting, and another one was, "Can you believe this?"

Members of Right Site
Harrisburg had fought for years
to get a new federal courthouse
located on this empty expanse of
grass and asphalt. Against all odds,
they had won. They persisted in
the face of opposition from the
two entities that seemed to hold
all the cards: the General Services
Administration and the judges.

"We didn't know it would be such a long haul, but we persevered," said member Jane Allis.

Right Site Harrisburg was a coalition of about nine diverse community, religious and labor groups. In 2007, sharing a common goal, they joined forces and then hung tough through three years of ups and downs. Several times, the cause seemed all but lost, as another

news report had the courthouse going to 2nd and Locust or 3rd and Walnut or 3rd and Pine.

They did all the right things. They formed a steering committee to make the large group manageable; they used billboards, posters and petitions to push their cause; they wrote letters to local media; they got politicians on their side; and they waited out a stubborn administration in Washington.

So, you could understand their sense of glee, relief and even disbelief as the politicians stepped up to the mic. On that day, other people took the spotlight, but the real credit goes to these residents of Harrisburg. Their determination brought the courthouse to 6th and Reily. Without them, this day never would have come.

"We all hung together and kept the pressure on," Allis said.

Could their model work beyond the siting of one building? Right Site Harrisburg made me feel that it could, that a lot can be accomplished in this city by ordinary people using their smarts, a sense of mission, a good organization and a whole lot of will.

—Lawrance Binda

Principal members of
Right Site Harrisburg,
at the new courthouse
location at 6th and
Reily: back row, left
to right, Roy Christ,
Reginald Guy, Dr.
Richard Dowhower, Lori
Raver, Bob Disabella;
Front row, left to right,
Craig Peiffer, Don
Barnett, Judy Forshee,
Jane Allis; not pictured:
Rev. Earl Harris

#### Letters

After reading your interview of us in the May issue of TheBurg, I had to sit down ("A New Gallery, Years of Connections," May 2010, p.10). Your treatment, pacing and accents in the article were superb! While I paid compliments and high praise for the newspaper's design attributes the last time we met, your deft authorship and editorial balance, both on our behalf and that of the community, are real gifts to Harrisburg.

We haven't even opened the doors to our new gallery, and your feature already has made Linda and me feel like it's a success.

#### Ted Walke Gallery@Second, Harrisburg

Thank you so much for the great article about Messiah Lutheran Church ("Partnership with the People," April 2010, p.22). We've heard several comments from our members, many of whom have been exposed to your publication for the first time. Everyone was pleased with the photos and write up. Again thank you so much.

#### Bob Horner 150th Anniversary Committee, Messiah Lutheran Church

I really enjoyed the article about La Femme Jolie ("A Most Fabulous Shop," April 2010, p.6). I love jewelry and this place has just what I was looking for in finding my mom a unique Mother's Day gift. The woman who owns the shop is fabulous! Thanks for the tip!

#### Kimberly McCallum Harrisburg

Letters may have been edited for length, grammar and style.









Follow us on Facebook, Twitter: theburgnews

## City Hall

### **Keystone Games Return to City**

Peter Durantine

The Keystone State Summer Games return to Harrisburg on July 25-31, 2011, for a three-year run that is expected to generate at least \$25 million in economic activity for the region, according to the Hershey Harrisburg Regional Visitors Bureau.

The bureau's Board Chairperson Tara Betz and President Mary Smith were joined at Metro Bank Park by Mayor Linda Thompson, Dauphin County Commissioner George P. Hartwick III and Keystone Games CEO Owen Costello for the May 17 announcement.

The 30-year-old games were last held in the city from 1993 to 1998, a six-year stretch. York, where the games are being held this year for the last time, is the only other city to host the games that long.

"You couldn't have made a better choice than Harrisburg," Thompson said. "Sports provide a positive environment and life experience."

The Keystone's Costello said the games typically move every three years, but Harrisburg offers professional and accessible facilities for the amateur Olympic-style sporting events that draw about 13,000 athletes, families and spectators annually.

"I would venture to say central Pennsylvania has some of the most competitive sports than anywhere in the state," said Hartwick, who won two gold medals in wrestling at the Keystone games in the 1980s. "Bringing home state gold to my hometown of Steelton was unforgettable and inspirational."



Keystone Games CEO Owen Costello and Dauphin County Commissioner George Hartwick announce the return of the Keystone Games to Harrisburg.

The games will be hosted by the Hershey Harrisburg Regional Visitors Bureau and are expected to be held in at least three facilities: Metro Bank Park, the Pennsylvania Farm Show Complex and Expo Center and Giant Center in Hershey.

The Keystone Games are the state's largest amateur athletic festival, open to all ages, and modeled after the Olympic Games with more than 30 events, where athletes compete for gold, silver and bronze medals.

"The games are another stepping stone to achieving an athletic career," Costello said.

## GreenWorks Gets Approval for Parking

The city's zoning board has granted GreenWorks Development a special exception that allows it to build a parking lot at the corner of Reily and Green streets.

GreenWorks sought the exception to gain more parking for a Magisterial District Judge office it wants to develop in the rear of the building that houses the Midtown Cinema, 250 Reily St.

It's a mixed blessing, though, for the developer. The zoning board's ruling explicitly links the lot to the Midtown Cinema. If the theater were to close, GreenWorks would have to return to the board to continue operating the parking lot at that parcel, which is zoned residential.

GreenWorks is concerned this condition could adversely affect its deal with Dauphin County, which wants to buy the back of the building in an office condominium arrangement for the judge's office.

The issue has divided the community. Supporters welcome the improvement of the blighted lot, while others have concerns about traffic, parking and safety.

If the deal closes, GreenWorks has vowed to make substantial upgrades to both the cinema building and the parking lot.

—Lawrance Binda

## Summer Program Turns Cans into Art

The city has joined with the nonprofit BARAK Inc. in a summer youth program that will turn the city parks' green-painted 55-gallon steel drum trash cans into works of art.

Through the "Trash Can Transformers Project," kids will learn basic art skills to paint trash cans. The newly decorated cans will be used in the parks. The program is part of the Recreation Bureau's Summer Enrichment Series, which features a wide range of sports and arts activities for city youth.

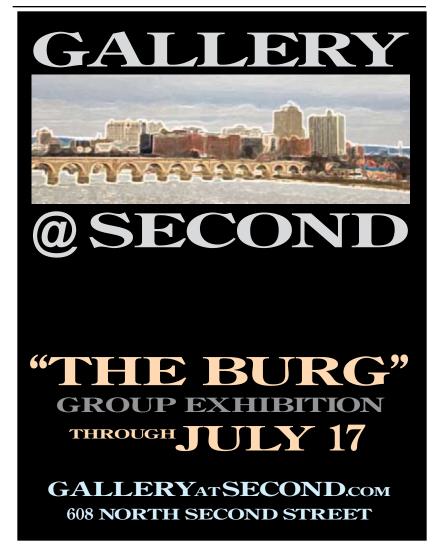
For more information, visit www.HarrrisburgEvents.com or call 717-233-7403 or 717-255-3020.

## Reed Aide Returns as Finance Director

Harrisburg has a new finance director, a city veteran who served for decades under former Mayor Stephen Reed.

Mayor Linda Thompson last month appointed Robert Kroboth to the post at an annual salary of \$66,950. Kroboth had served as both chief of staff and business manager under Reed.

Kroboth had left city service in December at the end of Reed's 28-year tenure. Almost immediately, though, he returned as a special assistant to the city's interim business administrator, Michael Casey, who has since resigned.



## **Burg Biz**

## New Look for State & 2nd A New Business Bonanza

Office building, not hotel, now proposed.

Lawrance Binda

he corner of State and N. 2nd streets has a new plan, with a five-story commercial building now proposed in lieu of a hotel tower.

This month, Harrisburg-based WCI Partners will present its preliminary plan to both the city's Planning Commission and Historic Architectural Review Board. The first formal hearings on the project are planned for July, said WCI President Dave Butcher.

According to the current timeline, construction of the 50,000-square-foot building, located at 409 N. 2nd St., should begin next spring and be completed in 2012.



WCI expects to sign a lease soon for the top three floors of professional office space, which has allowed the developer to move forward with the project, said WCI principal Alex Hartzler. The building's first floor is expected to be occupied by a restaurant or another type of commercial tenant, he said.

Hartzler added that the building will be green-certified, using environmentally conscious building materials and power and heating/cooling systems.

In December 2006, WCI received city approval for a 138-room hotel at that location. The recession, however, made that project "fiscally infeasible," in terms of economics and financing, said Hartzler.

The hotel plan was somewhat controversial, as its 160-foot tower would have changed the skyline of downtown. The planned five-story structure is far more modest in scope.

Left, artist's rendering of the planned office building for 2nd and State streets.

### Food businesses drive surge in openings.

The Burg Staff

rom downtown to Midtown to Uptown, new businesses formed at an astounding rate in Harrisburg during May.

In just the past month, more than half-a-dozen new businesses have opened, many in the food/ restaurant industry.



On pages 6 and 7, we introduce you to some of these businesses and the entrepreneurs running them. We encourage you to give them a try.

Have we missed any openings in your neighborhood? If so, please drop us a line and let us know.

#### Via Roma

At the corner of 3rd and Seneca streets, Tunisian-born Lassad Razouane has opened Via Roma, a pizzeria offering everything Italian, from specialty pizza like ham and pineapple to stuffed shells. The dough and bread are made fresh daily, he said. And customers get free Wi-Fi and free pizza delivery within a five-mile radius. Open Mon.-Sat., 10 a.m. to 10 p.m.; Sun., 11 a.m. to 9 p.m. 717-695-6690

#### Flow Buffet Café

After watching restaurants open and close a few doors down from his home, filmmaker Eric Spaar decided to try his hand as a restaurateur. In May, he opened Flow Buffet Café, 1530 N. 2nd St., a place for people—particularly those in Midtown—to get chefprepared food at a low price: \$7 for lunch, \$10 for dinner, including tip and tax. Open Mon.-Sat., 10:30 a.m. to 8:30 p.m; Sun., 11:30 a.m. to 3 p.m.



#### **Juicy Rumors**

Steve Leslie of Mechanicsburg has is 100 percent fresh," said Leslie, who Shore Farmers Market. Hours are Mon.-

Photo: Joanna Campanaro, Steve

opened a fresh juice and smoothie bar, Juicy Rumors, at 512 N. 3rd St., across from the state Capitol. "Everything here also owns a juice stand in the West Sat., 7 a.m. to 6 p.m. 717-233-0800

Leslie, Veronica Weed and Brittany Wilt

### **City Line Diner**

The Paxtang Diner, 3302 Derry St., has a new owner and name, City Line Diner. The restaurant boasts a new dining room and menu, featuring American, Italian and Greek fare. The owner, Tefa Ghatas, has owned the 24-hour Colonial Park Diner at 4301 Jonestown Rd. for the last 16 years. City Line's hours are 6 a.m. to 9 p.m., seven days a week. 717-565-1171

### **Changing Hands: April Property Sales**

Boas St., 418: J. Sempeles & S. Olmstead to L. Rudy, \$138,000

Brookwood St., 2437: P. & N. Martinez to T. Brumme, \$71,000

Conoy St., 115: G. Tapper to A. & C. Stoudt, \$160,000

Delaware St., 261: WCI Partners LP to C. Hartman, \$110,000

Delaware St., 267: Green Street Props. to B. & A. Jennings, \$130,565

Herr St., 112: U.S. Bank NA Trustee to C. Chandler, \$130,000

Hudson St., 1116: A. Musili to E. Rider, \$127,000

Logan St., 1719: K. Younkin to C.

Leaman, \$145,700

Logan St., 2331: D. Boyle to T. Cunningham, \$70,000

Muench St., 209: Baldwin Group LP to N. Witmer, \$94,000

N. 2nd St., 1611: S. Wagner to A. Skocik & M. Kerrigan, \$166,500

N. 2nd St., 1919: M. Townsend & A. Ramsey to T. & R. Broms, \$80,000

N. 2nd St., 2738: K. Uhlmann and B. Smith to J. Houck, \$155,000

N. 2nd St., 2957: W. Shirk & S. Strunk to D. Nikovits, \$261,500

& H. Lewin, \$121,000

N. 3rd St., 3224: K. & J. Close to D. Mackey, \$220,000

N. 6th St., 3145: T. Mincemoyer to N. Brown, \$74,000

N. 7th St., 2510: L. Simmons to M. & L. Long, \$72,000

N. Front St., 1525, #211: Riverview State St., 1941: M. O'Reilly to L. &

N. Front St., 1525, #212: Riverview Susquehanna St., 1602: Unlisted

Manor Associates to T. Grumbine, seller to A. Fleck, \$130,000 \$147,900

N. Front St., 1525, #312: Riverview Manor Associates to J. Rados, \$152,900

N. Front St., 1525, #505: Riverview Manor Associates to L. Bublin, \$169,900

Penn St., 1110: B. Bohlinger & C. Ellis to G. Latasha, \$180,000

Penn St., 1522: PA Deals LLC to J. Carroll & P. Orzechowski, \$82,000

Rumson Dr., 306: Kings Inv. Co. LP to A. Burston, \$89,200

N. 3rd St., 3006: R. & B. Dwyer to K. S. 13th St., 1488: K. Riley to B. Clough, \$75,000

> S. 19th St., 1201: Peral I P to D. Greene & N. Wade, \$125,000

S. 27th St., 724: J. Kita to E. & M. Kolp. \$119,900

Seneca St., 330: P. Sherrick to J. Runion, \$87,000

Manor Assc. to B. Dwyer, \$129,900 E. Keefer, \$77,000

Susquehanna St., 1641: P. Shank

Verbeke St., 221: M. Wood to K. & J. Gazsi, \$124,500

to K. Stoyer, \$92,000

Source: Dauphin County, City of Harrisburg, property sales greater than \$70,000. Data is deemed to



## Face of Business

## A Perfect Fit: Absolute Wellness Steps into Midtown with New Studio

The Internet gets blamed for a lot of bad things, but here's one thing it did right—it brought together Brenda Hoover, Nicole Maurer and Karen Verlin.

Hoover was searching for qualified professionals to join a new fitness partnership. Maurer and Verlin responded to the online ad, and, before you could feel the burn, Absolute Wellness Group was up and running.

A year later, the three women are ready to take the next step in their business, opening a fitness and wellness studio, smack-dab in Harrisburg's hot 3rd Street corridor.

"The opportunity is right in Midtown," said Hoover. "You can just



feel the energy here."

Absolute Wellness will occupy the former location of Midtown Scholar Bookstore, just past Reily Street. At the studio, the partners will offer a full line of fitness and health classes, including yoga, core cardio, personal training, boot camp, nutritional programs and more.

They plan to continue their onsite fitness and personal training for organizations, groups and individuals, but will use the studio to expand their services, offering affordable programs for people who live and work in Midtown, including classes for parents and children.

"We want to become a hub," said Maurer. "When people think of fitness in this area, we want them to think of us."

Absolute Wellness opens its doors June 1, and a grand opening is slated for June 5. Stop by!

Absolute Wellness, 1519 N. 3rd St., Harrisburg. 717-525-7037. absolutewellnessgroup.com

—Lawrance Binda

Brenda Hoover, Nicole Maurer and Karen Verlin, outside Absolute Wellness, their new studio at 1519 N. 3rd St.

### Tour de Harrisburg: Bike Taxi Adds Funky Charm to Downtown

**D**ing! Ding! A charming little bell sounds the arrival of the black-canopied, three-wheeled bike taxi, the newest mode of transportation navigating the city streets, carrying passengers in rickshaw-style.

"We take alleyways, back streets—we get you there pretty quick," said Sean Hertzler, the 30-year-old owner of Harrisburg Bike Taxi.

Hertzler, a Carlisle native who's day job is sales consultant for AT&T wireless, had worked part-time as a bike taxi driver in San Diego and fell in love with the idea. Upon his return to the area, he started a similar company.

"I really liked it and thought that in Harrisburg, being generally flat downtown, the bike taxi would work well," he said. "I want to make Harrisburg the best it can be—I'm not doing it to make lots of money."

Hertzler, who lives in the Uptown area, hit the streets with two bikes on April 20, serving downtown, Midtown, Uptown and City Island, where the bike taxis use the black-iron Walnut Street Bridge.

The 21-speed bikes cost \$4,000 apiece. Hertzler recently acquired a 1938 re-conditioned rickshaw that spent its early life ferrying passengers through the streets of Shanghai. It has an electric motor

that kicks in to help drivers on hills.

Harrisburg's denizens have taken to the bike taxis. Hertzler's taxis are out at 7 a.m., picking up commuters on City Island, and out well past 2 a.m., getting late-night bar patrons home.

In addition to \$3 fares for one person (\$5 for two in the zone around the Capitol), he is offering advertising space on the back and sides of his cabs, ranging from \$500 per month to \$5,000 all season.

And what money he makes he plans to put back in the business.

"I want to expand my fleet," Hertzler said.

For more, visit harrisburgbiketaxi.com. To reserve a taxi, call 717-461-2202.

—Peter Durantine



Bike hack: Sean Hertzler pedals riders through Harrisburg's streets.

### How Sweet It Is! Bakery Shop Opens

ot a sweet tooth? Then we have good news for you, as a new bakery has opened in the city.

Cindy Sue's Pastry Shoppe, located in the Uptown Plaza, sells homemade donuts, sweet breads, assorted pastries, cookies, muffins, pies and more.



"Everything is made from scratch," said owner Cindy Sweigart, an Enola resident.

This is Sweigart's first business, which her family is helping her operate. A store specialty is sweet potato pie, said her husband, Randy, a baker for 27 years.

Cindy Sue's is the third city bakery, counting Ciao! on Chestnut Street and Alvaro Bread and Pastry Shoppe on Peffer Street.

Store hours are 6:30 a.m. to 6 p.m., Monday to Friday, and 8 a.m. to 3 p.m. on Saturday. Cindy Sue's Pastry Shoppe, 2917 N. 7th St., can be reached at 717-236-1002.

—Peter Durantine

I'll take that one: Cindy Sweigart serves a customer at her new Uptown bakery (left).

### **Paintings & Pizza**



Luigi Ambrosino and Giuseppe Barone flank Stacey Martin, who has completed painting nine murals at the new Brother's Pizzeria in the Campus Square Building at N. 3rd and Reily streets in Midtown. The mural of the Capitol is the centerpiece of the restaurant's dining room, which also features a painting of the Walnut Street Bridge and scenes from the owners' native Naples, Italy. Restaurant hours are Monday to Friday, 10 a.m.-8 p.m. and Saturday and Sunday, noon-6 p.m. Phone: 717-234-8300. Go have a look—and a pie.

## **Street Corners**

## Intersections

## From Blight to Brilliant

Olde Uptown was saddled with decay. Then WCI moved in.

Lawrance Binda



A neighborhood transformed: a view of the corner of Muench and Green streets.

There's an old city trash can near the corner of Muench and Green streets that, to Dave Butcher, serves as a reminder of bad days gone by.

On the receptacle, in fading letters, graffiti reads, "MST." That stands for Muench Street Thugs, and it's a gang tag.

Indeed, this corner used to be turf for two rival gangs and violence was not uncommon. As were loitering and drug dealing and general intimidation of residents.

"We purposely didn't paint over the griffiti to remind us of what used to be here," said Butcher, president of WCI Partners, a company formed specifically to rebuild and rebrand the heart of a neighborhood now known as "Olde Uptown."

What a difference a few years has made. The transformation



WCI partner Alex Hartzler (left) and President Dave Butcher flank Kristine Werley of KW Design, inside one of the many houses she has designed for them.

is nothing short of remarkable, as a clean, pleasant, welcoming community has risen in a place once marred by the ills of urban blight.

The neighborhood renaissance is testimony to what can be accomplished when three critical elements—determination, planning and money—are deployed in sufficient quantities. Since forming in 2005, WCI has driven a wholesale

turnaround of these blocks, buying entire rows of attached homes and restoring the beautiful, century-old houses, while adding modern amenities; razing and rebuilding from scratch when necessary.

"We have a philosophy that change has to be holistic," said Alex Hartzler, a WCI founder and principal. "You won't get anywhere if you just fix up a house here or there. The neighborhood has to change."

The history of Olde Uptown mirrors that of so much of Harrisburg. The area was developed in the late 19th and early 20th centuries, the decorative Victorian rowhouses occupied by shopowners and factory workers, often immigrants, who formed a closeknit urban community. Then came post-war de-industrialization, which

drove many families into the suburbs, and the devastating 1972 flood, which drove away many more

Before long, slumlords moved in, buying houses for next-to-nothing from desperate sellers, then renting them cheaply. The out-of-town owners typically cared little about what happened to the area or even to their properties, as long as the rent checks

cleared. Decay and crime, already rising, became the norm.

Where others saw hopelessness, WCI saw opportunity. The company formed in 2005, seeded with money from the sale of a tech venture called Webclients.net, partially owned by Hartzler, who already had rehabbed some houses in Harrisburg. He then read about a Los Angeles neighborhood that had been radically transformed by large-scale residential redevelopment. The newly formed company decided to try the same strategy here.

WCI identified this dilapidated, yet historic area as a prime candidate for the approach, as it was situated just to the north of the rapidly reviving core of Midtown. Hartzler moved into a house on Muench and, despite threats from gangs—including a rock tossed through his window—persisted.

To date, WCI, sometimes with Green Street Properties, has restored or built about 100 properties in an area around Muench, Green, Peffer, Susquehanna and Penn streets. The construction continues, as does WCI's efforts to convince the city to extend the expiring 10-year property tax abatement program, which it believes is critical for continued progress there.

Standing at the corner of Muench and Green today, it's hard to imagine that the block ever was ruled by violent gangs. The street is lined with gorgeous homes, the air quiet except for the occasional thud of a hammer from the continuing construction. Nearby, diners are seated at tables outside of Alvaro Bread & Pastry Shoppe, basking in a glorious spring day while digging into plates of pasta, salad and pizza.

"This area is now healthy and sustainable," said Hartzler. "Through our homeowner's association, we have a strong social engagement, which is what urban life is all about."

"Intersections" is an occasional feature profiling street corners, corridors and the people who live there.



#### Lawrance Binda

A long N. 3rd Street, there's been a general rule that, if you lost a business, another one may not arrive in that spot for years. Could those days be ending?

It's been just a month or so since Kwak's Valley Market packed up its typical corner store goods, but another grocery is poised to move right in. This one, I'm told, will be more responsive to the tastes of the Midtown community (ie, more gourmet, organic and high-end fare), and should open in July.

Similarly, on the other side of Midtown Scholar, a new tenant has been found for the former Jackson Hewitt location. That was fast! Unfortunately, early word is that it's another convenience store (just how big of a market is there for lottery tickets and cigarettes anyway?).

Down the block, June marks the grand opening of Absolute Wellness in Midtown Scholar's old location at 1519 N. 3rd St. As we went to press, the excited owners were putting the finishing touches on their space, which certainly will complement the developing urban neighborhood around HACC Midtown (story, p.7).

And, speaking of 3rd and Reily, Wohlsen Construction, which does much of the building for GreenWorks, is due to move into the Campus Square building on N. 3rd. The company will occupy space next to the new Sprint store.

Down the block, there's renewed hope for 3rd and Herr, as a restaurant is reportedly interested in the corner space. Locals rightly have learned to take a wait-and-see approach to that site, as past hope has proved false. To wit: a bakery came *this close* to opening in the former Italian Market this spring, but the deal died at the last minute.

On a sad note, one of Midtown's gems, La Kasbah, is departing the neighborhood. The Moroccan restaurant has been closed for months after a fire. The good news: your kefta will only be a brisk walk away, as La Kasbah is set to re-open downtown at 19 S. 3rd St.

## Around Town

## **Growing Up Musical**

### State Street Academy: Where a B-Boy is Bach

M. Diane McCormick



And a 1 and a 2: A beginner ensemble at the State Street Academy.

When Cole Goodman was 5, he spied a window display of string instruments and "cried and cried and cried" for the violin.

"I took it home and slept with it," he said.

And that, says Elizabeth Kuefler, is how a child can discover classical music.

"Sometimes, they find it through the instrument," said Kuefler, artistic director of the State Street Academy of Music. Now 15 with plans to be a politician, Goodman recently joined State Street Academy classmates, from kindergartners to teens, for a Sunday afternoon recital of all the best classical staples—Pachelbel's Canon, "Twinkle, Twinkle Little Star."

Founded in 2004, State Street Academy provides 130 students—children and adults—with high-quality instruction in string, wind and brass instruments, piano, voice and even the harp. A children's choir and women's chorus bring together lovers of song. Summer camp immerses kids in musicianship and drama.

Ability to pay is no barrier to enrollment. One-third of students receive scholarships—some covering up to 80 percent of tuition—based on a sliding income scale. The magnificent, French Gothicstyle St. Lawrence Chapel along Harrisburg's State Street is the academy's home, with soundproof rehearsal booths in the basement's Ortenzio Music Center, a soaring

apse with stained glass windows.

The Roman Catholic Diocese of Harrisburg owns St. Lawrence as a chapel for St. Patrick's Cathedral. The church hosts weekly Latin Masses, and the scent of incense seems to sanctify the strains of Bach's "Minuet in G" and "Swing Low, Sweet Chariot" for the Sunday recital.

Students get lessons after school and in the evenings, but all the lessons drive toward performance—critical to State Street's instructional philosophy.

"It's creative and takes a lot of hard work and perseverance to be able to perform," said Kuefler, as she sat in a hushed rehearsal booth, safe from two dozen violin and viola students just outside the door, tuning up for the recital.

Most SSA students won't become professional musicians, but they're learning to be well-rounded citizens and arts patrons, said board Chair Tom Arnoldi in the sanctuary after the recital, while students and parents mingled over punch and cake in the basement.

"I would like to cultivate and instill in them a love of music and the arts," Arnoldi said. "It would make their lives more fulfilling. Arts round out our lives and make them whole."

Academy teachers, including violin teacher Joseph McAnulty, help students master each level and push for the next, said Cole Goodman.

"Always try to be better and strive," he said. "State Street helped me in sports, which is really weird, but I'm not satisfied with the level I'm at. I always push myself."

At their regular schools, most State Street Academy students are the top musicians, said violist Christine Suhr, 14. At State Street, the students challenge themselves, learn from each other, and create beautiful music together, she said.

"Here, you have all these amazing people," she said. "To me, we're all amazing."

State Street Academy of Music: 110 State Street, Harrisburg, ssamusic.org, 717-236-1366.

## New Chapter for Midtown: 1st Annual Book, Artsfest

Lawrance Binda

Do you love books? Then picture this.

Books as far as the eye can see. Books about politics. Books about sports. Books about cooking, history. Memoirs, novels, whatever.

It's a book lover's fantasy, yet it's that rare fantasy that's about to come true.

On June 26–27, the 1st Annual Harrisburg Book Festival and Midtown Artsfest will set up its tent on the grassy lot at 3rd and Verbeke streets, just across from the Broad Street Market.

But you say you're not so much into books? Then how about crafts? The arts? What began in the planning stage as a big book fair has mushroomed into a street celebration of the arts district that Midtown has become.

"It's a huge celebration of the arts, as well as a celebration of the community," said festival organizer Eric Papenfuse, owner of Midtown Scholar Bookstore-Café.

Outdoors, 10,000 to 20,000 books will be for sale, each priced at under \$2. And these aren't used books. They're new, from Midtown Scholar's own warehouse stock.

Dawn Rettinger, co-owner of the HodgePodgery, is drumming up more than two dozen of her shop's consignors, who will show and sell their wares. Tara Chickey of Mantis Collective is spearheading the fine arts component of the festival. "This is the perfect way to highlight the talent that we have here in Harrisburg," said Rettinger.

Inside Midtown Scholar, another component of the festival will take place. Dozens of local authors will hold forth with readings, lectures and signings. In addition, several academics will discuss topics related to writing, the arts and

culture.

The big keynote is slated for the night of June 26, when author and teacher Jackson Taylor will speak on the role of writers in our society. Taylor, a Harrisburg native and associate director of the graduate writing program at The New School in New York City, is author of "The Blue Orchard," a just-published novel set in Harrisburg.

"There is a hunger in

the community for an event like this," said Papenfuse. "It's a celebration of books and the arts and of crafts and of Midtown."

1st Annual Harrisburg Book Festival and Midtown Artsfest, June 26-27, N. 3rd and Verbeke streets, Harrisburg. For updated information, visit midtownscholar.com.





Authors Jackson Taylor and Jen Hirt will be among the guests at the Harrisburg Book Festival/Midtown Artsfest, to be held June 26–27.

## "Language Is a Code"

lya Isoke breaks barriers as Harrisburg's poet laureate.

Faith Camp



lya Isoke, Harrisburg's poet laureate

It flows, like music to the ears, giving voice to the voiceless, power to the powerless; it is used as a therapeutic

method for victims who have experienced traumatic events. Yet, poetry is often overlooked.

Many cities have a poet laureate, officially appointed, often expected to compose poems for state occasions and other governmental events. One of Harrisburg's popular poets, lya Isoke, has had the honor since 2002, when former Mayor Stephen Reed appointed her. Mayor Linda Thompson re-appointed her in January. As poet laureate, she receives the title on the day of the mayoral inauguration and serves for the mayor's 4-year term.

"A poet laureate is charged with bringing the message out to the community," Isoke said. "Poets have an ability to both write and deliver in a way that a roundtable discussion, conversation or even debate, may not. We often have audiences who won't attend a political rally, PTA meeting or even therapy. Poets are griots; we speak the voice of the elders. We are storytellers, dreamcatchers and spiritual advisors."

Poetry also has a history of breaking cultural and racial barriers, especially during the 1960s. Many Civil Rights activists, such as Maya Angelou, used poetry to express themselves and to speak out against racial injustices. Isoke reminds us of this in these words:

STOP THE VIOLENCE!
INCREASE THE PEACE!
MARCH WITH THE N DOUBLE A C P!
NO TO PRO-ACTIVITY!
You see we reactively storm the
streets
Calling for PEACE!

Isoke's poetry is not limited to racial and cultural issues. She speaks to social issues as well. A survivor of sexual assault, Isoke uses her poetry to overcome her pain. She shares her story in conferences, and with her powerful "worDshop 'Standing Naked on my Diary."

As poet laureate, she reaches out to the community and to help the next poet laureate have an easy transition into the role. She started a Facebook page in March for Women's History Month, which now has approximately 500 fans. In April, "Sexual Assault Awareness" month, she posted a daily poem related

to sexual assault. She is also working on a newsletter. Outreach is important because Harrisburg "is sorely lacking" in poetry venues, slams and readings, Isoke said. She works with groups such as the Poetry Cartel, which has readings at Midtown Cinema, and places like Midtown Scholar and Stage on Herr, which provide poetry venues. Midtown, she said, is a Mecca for poetry in Harrisburg.

Isoke, a Kentucky native now in her early 40s, moved to Harrisburg when she was 10. She changed her name to the Swahili Iya Isoke—Iya means "can do;" Isoke, "daughter of the river"—and said the name reminds her that she has the strength to forge through hard times and the courage to open doors that would otherwise seem locked.

Since she was a young girl, Isoke has written poetry; it helped her to find herself. "I love words. I'm a daydreamer, and I had a difficult time expressing my thoughts as a child," she said.

She was unaware her creative outlet was poetry until an elementary school teacher taught her the literary form. "I had a teacher who would read "The Hobbit" at the end of class each day. He would give each character a voice—I never read a book the same after that."

Isoke said writing poems is like scratching a dreadful itch—poetry is not something she wants to do, but something she has to do. "I write what I see, think, feel and hear," she said, noting, repeatedly, "Language is a code, use it or be used by it."

Her favorite phrase is: "The past is just before us. If we are not careful it will rudely bypass us, and if we don't nurture it, it will crush us..."

#### Poetic Junkie

The refinement of your words sustain me The pictures you paint are bright and vivid Close my eyes and I'm lifted Your voice is sensuous I adore you because you're gifted I can feel your words pour over me In a gentle warm shower of splendor I lift my face and enjoy The cool splash Of adjectives, verb and nouns I bathe my soul in your stanza Submerge my body within your style Take pleasure in your measure I long for your rhythmus sounds I am a poetic junkie Strung out on your verse Unkempt in my adoration Waiting for my next fix

—Iya Isoke

For a taste of the "Isoke Experience," visit Iya's Facebook page, "Iya Isoke, Poet Laureate-City of Harrisburg PA."

## CAT Now Serves Wildwood Nature Ctr.

Capital Area Transit (CAT) is now providing weekday bus service to Wildwood Park. CAT's Route 9 from downtown Harrisburg to Harrisburg Area Community College has been extended to four times a day to the Benjamin Olewine III Nature Center.

The new service runs Monday through Friday, arriving and departing the Benjamin Olewine III Nature Center at 9:55 a.m., 10:50 a.m., 12:50 p.m. and 2:50 p.m. Transfers from all CAT routes to the Route 9 bus can be made at the Downtown Transfer Center on Market Square.



with any other offer, discount, or promotion. One discount per visit.

Participating locations only.

1-800-GET-ROTO (438-7686)

(Operated as an Independent Contractor)



2005, 2006, 2007, 2008, 2009, 2010 FIFTH ANNIVERSARY SPECIAL

BUY TWO INK CARTRIDGE REFILLS AND GET ONE FREE (OF EQUAL OR LESSER VALUE)

Cartridge World-Harrisburg 3869 Union Deposit Road Harrisburg, PA 17109 (717) 724-2201 Cartridge World-Mechanicsburg 5250 Simpson Ferry Road Mechanicsburg, PA 17050 (717) 458-0430

## ShutterBurg

### ... a Month in Pictures



April 26: New federal courthouse announced for 6th & Reily; pols line up to say a few words.



April 30: Harrisburg named a "Tree City USA." Trees planted in Riverside Park for Arbor Day.



May 15: Displays of military gear were part of Armed Forces Day on City Island.



April 28: Mayor Linda Thompson marks the 71st home Tri-County Housing Development Corp. has rehabbed in the South Allison Hill.



May 2: Stephen Strasburg pitches his final game as a Harrisburg Senator. The team loses 6-1, but Strasburg gets promoted to Triple-A. He soon will be in the Major Leagues.



May 15: A crowd checks in for the HYP house tour of Midtown. First stop: Lofts@909.



April 29: Owner Anthony Cristillo cuts the ribbon for a new Sprint store at 3rd & Reily.



May 11: Rep. Joe Sestak speaks at Midtown Scholar Bookstore a week before upsetting Sen. Arlen Specter in the Democratic primary.



May 18: Election Day on Verbeke Street, near the poll at Second United Church of Christ.



May 21: Gallery@Second opens during 3rd in The Burg. Owners Linda and Ted Walke host a packed house eager to see the new art space at 608 N. 2nd St. They estimate that 400 people stopped by to see exhibits by Mark Wesling and Andrew Hench, as well as a Harrisburg-themed group exhibit entitled, of course, "The Burg."



May 21: Kaycee Kofalt relaxes on the cozy new patio outside Café di Luna during 3rd in The Burg. The colorful new mural adorning the space, entitled "The Soul of the Bean," was painted by local artists Steven Shaw and William Ortiz. Visitors were entertained outside by the Andrew Bellanca Duo jazz band.

## Doing Good

## The Dentist Is In

### New clinic fills tooth-care gap on Allison Hill.

Peter Durantine

At its zenith, when South Allison Hill was the residential neighborhood of a prosperous middle class, Christ Lutheran Church was the third largest Lutheran congregation in Pennsylvania. Its men's Sunday Bible study alone had 500 participants.

Today, maybe 40 out of the congregation's 100 members will attend Sunday service in the imposing, stone-face English Gothic church near the corner of 13th and Derry streets, with its soaring sanctuary and beautifully adorned stained glass windows.

Yet, it still provides a vital service to the community in its rebirth as a mission church, offering food vouchers, day care, free baby furniture and a host of medical services that last year were used by 15,000 people.

"We sort of have been revitalized and reborn over the last 10 years," said the Rev. Jody Silliker, who, as the pastor, sees a blessing in the church's new purposefulness. "We are fortunate to be in an area where there are people in need."

The latest need the church is filling is dental services. Local construction companies that wished to remain un-named have built at no cost or reduced cost a two-chair dental clinic on the second floor of the administrative wing.



The Rev. Jody Silliker at Christ Luthern Church on Allison Hill.

"The construction companies have just taken us to their heart," Silliker said, during a tour of the clinic, which opens this month.

The clinic offers digital X-rays and minor oral surgery. Initially, it will be open on Fridays and only for dental emergencies. Eventually, Silliker said, they would like to open it for checkups.

"One baby step at a time," she said. "We're trying to focus on those who are falling through the cracks of the healthcare system."

Forty-one dentists with the Harrisburg Area Dental Society have volunteered to work the clinic. One of those dentists, John Kiessling, said the clinic fits into the organization's efforts to improve access to care in the Harrisburg area.

"I think it could take care of a good portion of the needs that occur here," Kiessling said.

Some dentists prefer to provide free care at their own offices, but the fully equipped clinic should make it

comfortable for many practitioners to work there, said Kiessling, who also hopes one day to have student dental hygienists seeking experience volunteering at the clinic, which he expects will grow.

"I think the need—as people become aware of it—will increase," he said.

Once the clinic opens, Mission of Mercy, which has been providing dental care twice a month at the church, will no longer be needed, Silliker said.

The clinic is just the latest healthcare service this mission church, which began in 1890, offers. It has a free, nurse-run, drop-in clinic open every weekday that, on average, sees 900 patients per

month for first aid, simple lab tests, assessments, health education and case management. The nurses speak at least two languages, including French, Spanish and Hausa, a west African dialect.

Holy Spirit Hospital in Camp Hill supports this medical outreach program, which also provides blankets, underwear and hygiene products. Silliker, who is unpaid for her pastoral duties, is a registered nurse at Holy Spirit and the program director.

The program includes pre-natal care, which recently was approved for free federal malpractice insurance. Standing in the prenatal clinic, which also serves as her office, Silliker said, "The next closest free pre-natal clinic is in Frederick, Maryland."

Standing in the medical outreach clinic, which could pass for a clinic in a hospital if it weren't in a church basement, Silliker noted the immense support that created it.

"You're looking at the love of thousands," she said.

For more information on Christ Lutheran's health clinics, visit www.pcvsoftware.net/christlutheran; for Holy Spirit Hospital,visit www.hsh.org; and for the Harrisburg Area Dental Society, visit www.padental.org.





## Past Tense

## Harrisburg's Other Airport

### Capital City was the area's original landing spot.

Peter Durantine

August 16, 1930, was a sunny, hot summer day for the opening of Capital Landing Field, located just south of the city, along the banks of the Susquehanna River and on the outskirts of New Cumberland.

It was a festive weekend affair that began Saturday afternoon with four couples boarding a Ford Tri-Motor that flew them down and across the river to Highspire and back, during which time marriage ceremonies were performed.

"The four couples seemed terribly thrilled upon landing," wrote reporter Betty Brooks of the Harrisburg Telegraph." ... but then, maybe that is the effect of being married under almost any condition."

The sky brides and grooms returned to a carnival of events, including an aerial parade, airplane racing, parachute jumping, "aerial maneuvers & aerobatics," formation flying and "passenger carrying," according to the day's program.

Harrisburg had entered the air age, and the new facility was its first commercial service airport. Less than two months after opening, Charles A. Lindbergh landed at the airport in preparation for Transcontinental and

Western Airline's (the predecessor to TWA) inaugural service.

Three years before, Lindbergh had made his historic nonstop solo flight across the Atlantic Ocean. Crowds mobbed the airfield that October to see "Lucky Lindy" arrive on the 1,000-foot runway, according to news accounts.

Other celebrities visited the city through the airport, such as aviator Wiley Post—the first man to fly solo around the world. He arrived in late summer 1933 and circled the Capitol building in his white "Winnie Mae" monoplane, which he used in his pioneering flight. He landed at the airport to cheering crowds.

In 1934, the state bought the facility with its 18,000-square foot hangar and art deco terminal, atop of which sat the control tower and a single turning searchlight. The renamed Harrisburg-York State Airport provided air service to the region and served as a stop between Philadelphia and Pittsburgh.

Four years later, the airport was expanded, bringing greater opportunities.

"Harrisburg took another stride forward in aviation today

as it became a link in direct coast-to-coast airplane service, and dedicated its enlarged flying field," the Telegraph reported on Nov. 3, 1938.

It was the third-largest airport in the state, and during World War II it was part of the supply line moving war materials for the

adjacent New Cumberland Army Depot (later renamed Defense Distribution Center) to the fronts. It also was the site of the former Naval Photographic Reconnaissance Training School. In 1948, Frank Sinatra landed there in a private plane to spend time in Harrisburg promoting his movie, "The Miracle of the Bells," which had been filmed in Wilkes-Barre (he played a priest!).

Air service increased steadily during the 1950s and '60s, and when Olmsted Air Force Base



A prop plane takes off in this 1940s-era postcard of Harrisburg-York State Airport, which began life as Capital Landing Field. It's now called Capital City Airport, a busy general aviation hub for the area.

> in Middletown closed in 1968, commercial operations moved across the river to the base, renamed Harrisburg International Airport.

Harrisburg-York State Airport became Capital City Airport, and today it's as busy as when it opened 80 years ago, its original hangar and terminal still in use for general aviation. According to Susquehanna Area Regional Airport Authority, which owns Capital City, the airport "averages more than 57,000 corporate, charter and private aircraft operations every year."

### Then and Now

Courtesy: Historical Society of Dauphin County





The circa 1892 photo (left) shows Harrisburg's beloved "Peanut House" at 2nd and Market streets. The simple frame structure was built around 1800, serving turns as an oyster house, a restaurant and a dry cleaner. In 1921, Italian immigrant Salvatore Magaro opened a grocery called The Buzy Corner, which became known for fresh produce and bags of roasted peanuts. The family ran the store until the building was razed in 1991 for a parking garage (right).

### **New City Listings!**

#### ~ 1504 Green St. \$124,900 ~

2 unit located on great block. Close to Midtown Cinema and numerous restaurants. Only multi-unit on this half block; all others are owned occupied single family houses. Easy to convert to single home.

#### ~ 2024 Green St. \$162,900 ~

Original oak woodwork throughout this old world charmer in the heart of Midtown. Pocket doors lead to the dining rm & open kitchen w/42" cherry cabinets w/crown molding & granite countertops.

#### ~ 421 Boas St. \$142,000 ~

2 Blocks from the Capital. Seller willing to upgrade all appliances. Schedule a showing and bring us an offer.



Wendell Hoover • RE/MAX Realty Associates, Inc. 717-269-7777 (C); 717-761-6300 (O) Whoover@capitalareahomes.com www.wendellhoover.com

## **Good Eats**

## Home Cooking

## A Sweet, Sweet Season

Zabaglione + Fresh Berries = Heaven on Earth.

Rosemary Ruggieri Baer

As we enter the beautiful month of June, I think of my dear mother, Rose, who treasured this time of year. She greeted the "growing season" with joy because it heralded the time when the fruits and vegetables she loved would be in abundance. But most especially, she loved the arrival of her namesake flowers and homegrown strawberries.

When I was a girl, every June we were greeted by the sounds of the "strawberry man" as he drove down every street in our neighborhood shouting "berries, berries, York County streaaw—berries!"

This was a time when June was the only month of the year when you could buy strawberries, and my mother took full advantage of the season. She would run out the front door, money in hand, and return to the house with her ruby red treasures filled to the brim in little wooden boxes. These were not the pale, hard, plastic-encased strawberries we find today at supermarkets, even in winter.

I can still smell the heavenly aroma of strawberries simmering on

my mother's stove for her legendary pies. She poured the thickened cooked berries into a crisp baked pie shell (her own of course) and covered the pies with mounds of freshly whipped cream. Her strawberry pie was a dessert that memories are made of.

We also ate strawberry shortcake as often as we could during strawberry season. My mother's version was simple: small, round biscuits made with BisQuick baking mix, sliced and sweetened strawberries, topped with halfand-half or whole milk and lots of powdered sugar. This is how I still make shortcake every summer, never adding whipped cream.

But if you are looking for a new and versatile strawberry dessert this summer, try your hand at making zabaglione. Once you perfect the technique of making this unique Italian dessert, you will find dozens of uses for it. Zabaglione is a sweet, light and frothy custard made by whisking fresh egg yolks, sugar and Marsala wine over boiling water until thickened.

Marsala is a fortified Sicilian wine. You can find it in your local wine and spirits shop alongside ports and sherries. Marsala wine may be sweet (dolce), semi-sweet (semi-secco) or dry (secco). Dry Marsala is often served as an aperitif, but, for zabaglione, the sweet version is best. Store Marsala as you would other spirits, in a cool dry place and use it for other recipes, such as the much-loved chicken or veal Marsala. Marsala has a taste reminiscent of sherry, but its flavor is distinct, and there really is no substitute for it in most recipes.

#### Zabaglione: Italy's Famous Dessert

- Place 4 egg yolks, ¼ cup sugar and 1 tablespoon of warm water in a double boiler or a bowl set over boiling water in a saucepan. The bowl should rest over the sides of the saucepan. This might take a little experimenting. You might try using superfine sugar for better blending.
- Beat the eggs with a balloon whisk until frothy and pale in color.
- Whisk in the Marsala, a little at a time and continue whisking until the mixture increases in volume. It will become thick and foaming and will hold its shape on the back of a spoon. This should take about 10 minutes.
- Remove from the heat when thickened and pour over sliced ripe strawberries. Serve immediately, accompanied by ladyfingers or other plain cookies, if you wish.

Here are some tips for making perfect zabaglione:

- Use very fresh eggs and a good quality Marsala wine.
- Using a double boiler or a heatproof bowl over boiling water is important. Do not place the egg yolks directly in a saucepan.



A bowl of zabaglione: welcome to paradise.

- Do not let the boiling water touch the bottom of the bowl to avoid scrambling the eggs. An inch or two of water is all that is needed.
- Beat the eggs with a wire whisk or rotary beater, not an electric mixer.
- Make right before serving to avoid having the custard separate as it sits.

There are many ways you can serve zabaglione, and you will find this lovely sweet custard could be your "go-to" option when you are looking for a quick and elegant dessert. Try mixing in a little melted semi-sweet chocolate or a few tablespoons of strong espresso and serve over pound cake or angel food cake. Layer it in a tall parfait glass with fresh blueberries, blackberries or pitted sweet cherries. It is lovely over baked peaches topped with crushed amaretti cookies. You can even experiment using other spirits in your zabaglione, such as Amaretto, Grand Marnier, Bailey's Irish Crème or your favorite rum. But the classic version will always be Marsala-based.

The luscious June strawberries will be here soon, especially in our local farm markets. Surprise your friends and family with the classic dessert from Sicily, zabaglione.



Rosemary Ruggieri Baer, a first generation Italian-American, grew up in Harrisburg and has spent her life perfecting her mother's country cooking.

## Brothers Pizzeria



Proudly Announces
Our Newest Location



Campus Square Building
Reily & N. 3rd Streets, Midtown Harrisburg

Join us for authentic pizza, sandwiches, salads and dinners—just across the street from HACC Midtown!

Dine In • Take Out • Pick Up

To order:

Phone: 717-234-8300 Fax: 717-234-8302

Hours:

Mon.-Fri.: 10am - 8pm Sat.-Sun.: noon - 6pm

Area's Best Pizza • Scrumptious Salads • Delicious Panini • Tasty Subs

## A Taste, South of the Border

Open your palette to wine from unexpected places.

Paul Seymour



bout a year and ha half ago, I reestablished contact with my old friend Joe who was heading up our high school reunion committee.

We had been the best of friends from the elementary grades through high school and then gone our separate ways, only to get back in touch with each other after too many years to mention. We had a good time catching up and, by-andby, got around to a subject that was, as it turned out, near and dear to both of us: fine wine.

Now, we regularly correspond regarding new wine discoveries and our opinions on all things relating to the culture of the vine. Both of us will admit to taking good-natured delight in ribbing each other on our wine outlooks—hopelessly New World (Joe) vs. hopelessly Old World (me). All kidding aside, Joe knows what he is talking about when it comes to wine. So, I did sit up and listen when he described a visit to an up-and-coming wine region.

Joe, and his wife, Carol, recently

discovered some excellent wineries in the western hemisphere's oldest wine producing country, Mexico. They took a two-hour drive south from their home in San Diego to the vineyards and wineries of northern Baia California.

His reports were positive. Actually, excellent would be a better adjective. This should not come as a huge surprise. The growing conditions, or terroir, take advantage of the cool air coming off the Pacific Ocean and the elevation of the mountains.

While accounting for limitations, such as scarce water and very direct sunlight, savvy growers and producers use their expertise to produce good Zinfandel, Petite Syrah, Tempranillo, Nebbiolo, Colombard and Chenin Blanc. Unlike Joe and Carol, we can't drive a couple of hours from home to sample these wines, but we can hope that someday they will be available here.

While a point of this article is to alert you to Mexico's wine producing potential, the broader purpose is to illustrate that decent wine is being produced in regions that, 20 years ago, were not even on our radar screens. Undoubtedly, as technology advances and as information-sharing among producers and growers increases, additional areas will continue to move to the viticulture forefront.

The Pennsylvania Wine Society will, among other things, try to support events that put a spotlight on improving or newly emerging wine regions. One such area, Long Island, generally regarded as the benchmark for eastern United States wine excellence, will be on our calendar for September. Stay tuned, and visit our website at www.pawinesociety.org for information about this or other upcoming tastings. Your presence is most welcome!



Paul Seymour is the current president of the Pennsylvania Wine Society and has been a member of the board of

directors for the past 10 years.

### **Fireworks Express** to Board in Hershey

Modern Transit Partnership's Independence Day party, which has been held on the abandoned railroad bridge spanning the Susquehanna River at the southern end of City Island, is going on the road this year.

The 10th annual July 4 confab will be at the Antique Auto Club of America Museum in Hershey with buses available to transport quests to the event.

The Fireworks Express! party will be held on the museum lawn and features light hors d'oeuvres and beverages, as well as exclusive admission to the museum, as part of the evening's festivities. Attendees will have front row seats for Hershey's fireworks display.

Tickets and sponsorships are available by calling the Modern Transit Partnership office at 717-238-2400 or by e-mailing jshade@ mtptransit.org.

### "RIVERSIDE" AT ITALIAN LAKE

ONE OF HARRISBURG'S

**FAVORITE UPTOWN NEIGHBORHOODS!** 

3425 Market Street • Camp Hill, Pa. 17011 • 717-761-6300

#### 500 Graham Street Just \$124,900!

- · Handsome original wood trim
- Oak floors throughout
- Over 1700 square feet
- 4 Bedrooms, 1.5 Baths
- Remodeled kitchen w/island
- Lower level game room
- Detached garage, fenced yard



#### N O W LEASING

Various Apartments and Houses throughout Greater Harrisburg Area Ready for Immediate Occupancy

Lehman Property Management



717-652-4434

**Tenant Screening and Placement** Lease Execution and Enforcement **Maintenance and Construction Oversight** 

Rent Today in Central PA

**Professional Management Services** 

## **Culture Club**



## A Lifetime of Art

Natalie Lock lived steeped in creation; now, others can see her work.

Lawrance Binda



**Artist Natalie Lock** 

Try to make a rainbow in every

cloud."
The poet
Maya
Angelou
wrote those
words, and
the artist
Natalie
Lock lived
them. When
Natalie

died last year at age 88, that quote, handwritten, was found among her things, along with a drawing of a cloud flooded with rainbows.

Perhaps nothing summarizes her body of work better than that phrase—and that drawing. She spent a long life frantically creating, filling a sometimes darkened world with things as beautiful as rainbows.

"I think my mother's artwork encapsulates her as a person," said

her daughter, Lisa. "She saw beauty everywhere and asked the viewer to look around the collage and wonder as she did every day."

For the first time, the public can view the best of Natalie's lifetime of creativity: paintings, collages, abstracts, painted plates and more. On May 29, SPRAMA.gallery will open "Natalie Lock: Legacy," which showcases 45 examples of her work.

"She was feverish about getting her artwork made," said Harmony Boore, an owner of SPRAMA and curator of the exhibit. "When I walked into her house, there literally were piles of paintings. We selected pieces that we thought were of the highest quality and best represented her life's work."

Natalie lived her young life in New York and Washington, D.C., later moving to Pennbrook, where she raised a family. After her three children, Lisa, Evan and Shelley were grown, she worked in the Harrisburg offices of several federal agencies, finding enough time to engage her passions for travel, gourmet cooking and viewing and creating art. She was a small woman with an expansive personality, an expressive redhead who loved to dress elegantly, favoring the

bright colors that also became part of her artwork.

From time to time, she did show some of her creations. People may remember a few exhibits at the Dōshi Gallery over the years, and she had a substantial retrospective at Penn State Harrisburg in 1997.

Generally, though, she needed to be talked into exhibiting and was reluctant to part with any of her





Two abstracts by Natalie Lock, now at SPRAMA.gallery. (All photos are courtesy of the Lock family.)

works, despite many offers.

"She purposely put outrageous prices on her pieces, so as not to sell them," said Boore.

While she worked in many different styles, Natalie may be best remembered for her mixed media.

According to Evan Lock, his mother would use practically any type of item in her art, including magazine pictures, souvenirs from her many trips abroad and various household items, even things that others would consider to be trash. She once even used dried tea bags, remnants of her husband's daily drink, as a centerpoint in a piece, cut open and folded as a book.

"I often asked her what she was thinking about when she assembled her collages," said Evan. "She always replied that she never thought anything—it was purely an emotional intersection of the materials she had collected and what she felt at the time."

Indeed, a review of Natalie's work shows an artist who is both playful and disciplined, someone who had the ability to see art in almost anything and the talent and ambition to realize her vision.

"My mother had a passion for living and infected others with that passion," said Evan. "Her vibrancy lives, thriving on the walls of those she loved dearly."

"Natalie Lock: Legacy" runs May 29 to Sept. 6 at SPRAMA.gallery, 308 N. 2nd St., Harrisburg. www.sprama.com





## Musical Notes

## A Riff of Their Own

### Annual jazz festival honors women in music.

Judith Brown



Helen Sung is among many women featured at this year's Jazz Festival.

As we prepare for our upcoming 30th Annual Jazz Festival, dedicated to women in jazz, I cannot help but reflect on where we've come from and where we're going.

I still remember "the gang" coming out every Saturday afternoon to "Miss Helen's place"— or as it's known by its legal title, Lucky Seven Bar, on the corner of Maclay and Moore streets. I remember when I found out that "jazz" was a real force and not just something I saw on TV.

I fell in love.

Out of those Saturday afternoons, when musicians and friends gathered to play and listen—out of those relationships and out of those classic performances—came the Central Pennsylvania Friends of Jazz. Its mission: "To preserve, foster, promote and present live jazz in central Pennsylvania by local, regional, national, and world renowned international artists for the enjoyment of all audiences."

We've lived up to it. To date, we've featured such greats as Donald Byrd, Cyrus Chestnut, Freddy Cole, Chick Corea, Stan Getz, Diana Krall, Branford and Wynton Marsalis, Anita O'Day, Max Roach, Sonny Rollins, Cedar Walton and a host of other phenomenal talents. We've educated and entertained—and the upcoming 30th Annual Jazz Festival (June 10-13) is no exception.

Here's what we have in store: Thursday, June 10, is our annual Jazz Walk, where live jazz performances can be seen in at least 14 venues in the downtown/ Midtown areas, beginning at 4 p.m.

Friday, June 11, features our official welcome on the Hilton's

patio at 4:30 p.m., with The Marianne McSweeney Trio performing. At 7:30 p.m., our evening concert will feature the phenomenal Helen Sung Group. Sung has won several major awards and is known in jazz circles as the woman to watch in the future.

Immediately following, at 9:15 p.m., will be the 15-member, all-female jazz orchestra DIVA, which has entertained people all over the world.

On Saturday, we begin at 10 a.m. with entertaining yet educational workshops for young and old alike, including CPFJs Youth Jazz Band under the direction of Ronnie Waters. There will also be an open panel discussion with our noted performers at 1 p.m., followed by a film on the life of jazz legend Anita O'Day. A 3 p.m. jam session will take place on the Hilton's patio.

At 6 p.m., the gypsy jazz band, The Hot Club of Detroit, with special guest Anat Cohen will open our concert in honor of the 100th anniversary of Django Reinhardt, creator of the unique style.

The Tia Fuller Quartet follows. Fuller is hot off her worldwide tour

with megastar Beyonce, but she's in her element at CPFJ's festival, as her recently released jazz CD, "Decisive Steps," steadily climbs the charts.

Saturday's headliner is Grammy award-winning jazz vocalist Patti Austin, who made the transition from pop icon in the '80s to jazz, where she clearly shines. Austin's style and unique blend of interpretation is sure to bring down the house. She headlines at 10 p.m.

CPFJ will close its 30th Annual Jazz Festival with a local favorite, Cathi Chemi, who will perform at Raspberries at the Hilton's Sunday Jazz Brunch at 11 a.m.

For tickets to the event, visit www.cpfj.org or call 717-540-1010. Tickets can also be purchased at the door each day of the festival. You can purchase a ticket for the entire festival or for a single event. The smart move, though, is to join CPFJ as a member. You will get tickets for the entire festival and tickets to each of our upcoming concerts over the next year.

Judith Brown is a writer, jazz fan and publicist for Central PA Friends of Jazz.





## Happenings

### Museums & Art Spaces

#### **Antique Auto Museum at Hershey**

161 Museum Dr., Hershey 717-566-7100; www.aacamuseum.org

"Muscle Car Mania," Detroit's muscle machines from the 1960s and '70s, through Sept. 6.

#### Art Association of Harrisburg

21 N. Front St., Harrisburg 717-236-1432; www.artassocofhbg.com

The Art Association's 82nd Annual Juried Exhibition, through June 17.

"There's a Song in My Heart," summer membership exhibition, June 25 to July 22. Opening reception, June 25, 5–8 p.m.

#### **ArtHouse Lounge**

217 N. 2nd St., Harrisburg 717-236-2550; www.arthouselounge.com

"The Eternal Essence of Existence," the art of Adam Scott Miller, through July 3.

#### Arts at 510

510 N. 3rd St., Harrisburg 717-724-0364; www.artsat510.com

Laminated acrylic paintings by Donald Sam Sneeder; also, Historic Harrisburg hand-colored prints, through June 27.

#### Conewago Coffeehouse

336 S. Market St., Elizabethtown 717-367-6140; conewagocoffee.com

Painting and mixed media by Candace Luciani and Samantha Davenport, June 18, 7-9 p.m.

#### Gallery@Second

608 N. 2nd St., Harrisburg galleryatsecond.com

The gallery marks its debut with exhibits by Mark Wesling and Andrew Hench; also, "The Burg," a Harrisburg-themed group exhibit, through June.

#### Gallery Blu

1633 N. 3rd St., Harrisburg 717-234-3009; www.galleryblu.org

"Juneteenth," an exhibit commemorating the ending of slavery in the United States and exploring the artistic expression and cultural representation of our African American community, through June 30.

#### Harrisburg 2010 History Center

Dauphin Deposit Bank Building, Harrisburg 210 Market St.; dauphincountyhistory.org

"The Early Years," through June 5.

"Living Legacies," June 19-July 17.

#### **Harsco Science Center**

Whitaker Center, 222 Market St., Harrisburg 717-214-ARTS; www.whitakercenter.org

"Titanic: The Artifact Exhibition," explores the ill-fated 1912 cruise with 150 artifacts and several re-creations of onboard life, through Sept. 5.

#### **HMAC/Stage on Herr**

1110 N. 3rd St./268 Herr St., Harrisburg 717-441-7506; www.harrisburgarts.com

"Greece Smiles," by Robert Stadnycki, through mid-June.

#### **The Mantis Collective**

1306 N. 3rd St., Harrisburg themantiscollective@yahoo.com

"Airports," a series of paintings by Jeff Bye based on airport hubs throughout the country, through June 12.

Paintings and mixed media by Andrew Guth, June 18-July 11.

#### **Midtown Cinema**

250 Reily St., Harrisburg 717-909-6566; www.midtowncinema.com

Paintings by Anna Novak, through June.

#### Midtown Scholar/Yellow Wall Gallery

1302 N. 3rd St., Harrisburg 717-236-1680; www.midtownscholar.com

"Light & Dark," works by J. Britton, A. DeFalco, E. Kramer and C. Peters through mid-June.

"Eco-Arts," photos by Danzante students, through mid-July; reception: June 18.

#### **National Civil War Museum**

One Lincoln Circle at Reservoir, Harrisburg 717-260-1861; nationalcivilwarmuseum.org

"Spies Among Us" focuses on efforts to form spy networks on both sides, through Sept. 6.

#### **Ned Smith Center for Nature and Art**

176 Water Company Rd., Millersburg 717-692-3699; nedsmithcenter.org

"Fragile Nature," a photo exhibit by National Geographic photographer Joel Sartore, through June 13.

"Moments in Time," art using natural elements by Andy Goldsworthy, June 19-Dec. 31.

#### **Radius Gallery**

300 North St., Harrisburg 717-787-5590; www.radiusgallerv.com

Featured showcase: "Under the Cover: Handmade Books," through June

Featured craftsman: Elizabeth McCue of Landisburg, basketry, through June; open house, June 12, 1-3 p.m.

#### **Rose Lehrman Art Gallery**

One HACC Drive, Harrisburg www.hacc.edu/RoseLehrmanArtsCenter

"Square Peg, Round Hole," works on paper by Kim Banister and Garrick Dorsett, through June 24; reception, June 10 at noon.

#### SPRAMA.gallery

308 N. 2nd St., Harrisburg 717-238-1001; www.sprama.com

"Natalie Lock: Legacy," a retrospective of the life's work of the Harrisburg-area artist, through Sept. 6.

#### The State Museum of Pennsylvania

300 North St., Harrisburg 717-787-4980: www.statemuseumpa.org

"1780 Act for the Gradual Abolition of Slavery Exhibit," an exhibit examining the first such legislation in America, through June 20.

"The Fine Art of Giving," a selection of artwork given to the museum, through June 30.

#### Susquehanna Art Museum

301 Market St., Harrisburg 717-233-8668; www.sqart.org

"Down the Rabbit Hole: The Bizarre Worlds of Salvador Dali," artworks by famed artist/personality Salvador Dali, as well as photographs of him, through Aug. 1.

Dōshi Gallery: "Cornucopia," works by Lawrence von Barann, through June 13; "Scenes from the Northwest of Iceland," works by Matt Willen, June 17-July 18.

### At the Cinema

#### Midtown Cinema

250 Reily St., Harrisburg 717-909-6566; www.midtowncinema.com

Opening soon: "The Secret in Their Eyes," "Mid-August Lunch" and "My Tale of 2 Cities"

### The Stage Door

#### **Allenberry Resort Inn and Playhouse**

1559 Boiling Springs Rd., Boiling Springs 717-258-3211; allenberry.com

"No Sex Please, We're British," through June 6

"Dirty Rotten Scoundrels," June 9 to July 11

#### Harrisburg Shakespeare Festival

3rd Floor, Strawberry Square, Harrisburg 717-238-4111; www.gamutplays.org

"As You Like It," June 9-12, 16-19 (Free Shakespeare in the Park, Reservoir Park)

#### **Hershey Area Playhouse**

Sand Hill Road at Cherry Drive, Hershey 717-838-8164; hersheyareaplayhouse.com

No shows scheduled for June.

#### **Open Stage of Harrisburg**

223 Walnut St., Harrisburg 717-214-ARTS; www.openstagehbg.com

2010 Flying Solo Festival, June 3-26

#### **Oyster Mill Playhouse**

1001 Oyster Mill Road, Camp Hill 717-737-6768; www.oystermill.com

"Picasso at the L'Apin Agile," June 4-13

#### Popcorn Hat Players at the Gamut

3rd Floor, Strawberry Square, Harrisburg 717-238-4111; www.gamutplays.org

"Aesop's Fables," June 16-26

#### Theatre Harrisburg

Whitaker Center, Harrisburg 717-214-ARTS; www.theatreharrisburg.com

"Bye Bye Birdie," June 10-20

#### Whitaker Center

222 Market St., Harrisburg 717-214-ARTS; www.whitakercenter.org

"June Series," performance of the Central Pennsylvania Youth Ballet, June 23–26

### 3rd in The Burg: June 18







In celebration of Juneteenth, African American history and art are in focus for this month's 3rd in The Burg at both Gallery Blu and Midtown Scholar Bookstore-Café. Above are works by local artists Dana Ward, Stephanie Lewis and Ophelia Chambliss, respectively, showing at Gallery Blu. 3rd in The Burg is a monthly event featuring art, music and more at numerous venues around Harrisburg. For more information, please check out our back cover or 3rdinTheBurg.com.



Completely updated home w/ A/C, open floor plan and neutral colors. Superior location

river. Large backyard! 1424 Susquehanna St.

EDWIN TICHENOR, CSP www.buyharrisburghomes.com 717-724-3729 direct 570-419-3079 cell 717-657-4700 office Keller Williams of Central PA East



### Live Music around Harrisburg

#### Appalachian Brewing Co./Abbey Bar

50 N. Cameron St., Harrisburg 717-221-1083: www.abcbrew.com

June 3: Jerry Joseph and Wally Ingram w/ Hamell on Trial and Mike Banks

June 4: The Tom Petty Appreciation Band

June 5: Mightychondria

June 10: Roamin Gabriels (Jazz Walk)

June 11: Amy LaVere w/Indian Summer Jars

June 12: The Martini Brothers w/The Feens

June 18: The Refugees w/guests

June 19: Windchill featuring Ladi J

June 23: Bobby Lee Rodgers Trio w/The Big

June 25: Molehill w/The Mint

June 26: Juggling Suns

1004 N. 3rd St., Harrisburg 717-695-9449; cafediluna.com

June 18: Live jazz w/Andrew Bellanca

#### Carley's Ristorante and Piano Bar

204 Locust St., Harrisburg 717-909-9191; www.carleysristorante.com

June 2: Andrew Bargh

June 3: Anthony Haubert

June 4: Ted Ansel

June 5: Giovanni Traino

June 9: Joel Toluba

June 10: Giovanni Traino

June 11: Wade Preston

June 12: Noel Gevers

June 16: Andrew Bargh

June 17: Anthony Haubert

June 18: Ted Ansel

June 19: Noel Gevers

June 23: Joel Toluba

June 24: Giovanni Traino

June 25: Chris Novak

June 26: Anthony Haubert

Every Tuesday, Open Mic Night

#### **Ceoltas Irish Pub**

310 N. 2nd St., Harrisburg

717-233-3202; www.ceoltasirishpub.com

June 4: Natural 9

June 5: Kenton Shelley Band

June 11: Good-bye Horses

June 12: Smooth Like Clyde

June 18: Johnny Chimpo June 19: Lucid

#### Char's Bella Mundo

540 Race St., Harrisburg

717-213-4002; www.charsbellamundo.com

"Jazz Wednesdays," with special wine menu

#### **Clover Lane Coffee House**

1280 Cover Lane, Harrisburg 717-564-4761; www.harrisburguu.org

June 18: Three Twelve

#### **Dragonfly Club/Spy Club**

234 N. 2nd St., Harrisburg

866-468-7619; www.dragonflyclub.com

June 5: Rightstart, Kid PA, Paper Tongue and

June 26: The Blood Meridian, The Lurking Corpses and The Turbo Lovers

#### The Fire House Restaurant

606 N. 2nd St., Harrisburg 717-234-6064; thefirehouserestaurant.com

"Throwback Saturdays," featuring barbershop quartets

#### H. Ric Luhrs Performing Arts Center

Shippensburg University; 717-477-7469 www.luhrscenter.com

June 5: "Little Anthony and the Imperials"

#### **Hilton Harrisburg and Towers**

1 N. 2nd St., Harrisburg

Solo jazz piano in the bar Tuesday through Saturday evenings

#### **HMAC/Stage on Herr**

1110 N. 3rd St./268 Herr St., Harrisburg 717-441-7506; www.harrisburgarts.com

June 1: Pretty Things Peep Show & The Sex

June 4: Vinegar Creek Constituency

June 5: Capital Area Music Association Benefit

w/Layla Hathaway

June 6: Sam Quinn w/Cullen Miller

June 10: Mike Banks and Guests

June 11: Gleason's Drift w/Starsan Quartet

June 12: The Cultivators, Slimfit and CASE 150

w/The Last 55s

June 14: The Farewell Drifters June 15: Fifth Nation

June 17: Zach Maxwell

June 18: Novak CD Release Party

June 19: The Greatest Funeral Ever

June 20: Hot Club du Jour

June 24: Sam Baker, Natalia Zukerman and

John Fullbright

June 25: Bloodfeathers w/Wayne Supergenius

and The Last 55s

June 26: Dexter Romweber Duo

June 27: My Rural Radio Sunday

June 28: Arctic Death Every Wednesday: Open Mic Night

#### **Hollywood Casino at Penn National**

777 Hollywood Blvd., Grantville, Pa. 877-565-2112; www.hcpn.com

June 4: Full Tilt

June 5: Echelon

June 11: Cazhmeire

June 12: Grumpy Old Men

June 18: Just Like Prom Night June 19: Maxwell Project

June 25: Uptown Band

June 26: The Doozies

#### Mangia Qui/Suba

272 North St., Harrisburg 717-233-7358; www.mangiaqui.com

June 4: Aaron Daniel Gaul

June 5: Stacey Dee and Friends

June 10: The Monica McIntyre Ensemble

June 11: The Whispering Tree June 12: Kyle Morgan and The Back Road

June 18: Phipps and Phriends June 19: Brooks West

June 25: Bucky's Brother

June 26: Batida!

#### Midtown Scholar/Famous Reading Café

1302 N. 3rd St., Harrisburg

717-236-1680: www.midtownscholar.com

June 4: Lizanne Knott & Craig Bickhardt June 11: Vance Gilbert

June 25: Diana Jones w/Robert Bobby

#### Morgan's Place

4425 N. Front St., Harrisburg 717-234-8103; www.morgans-place.com

Please contact the venue.

#### Stock's on 2nd

211 N. 2nd St., Harrisburg 717-233-6699; www.stocksonsecond.com

June 5: Don Johnson Project Band

June 10: Jay Umble

June 12: Shea Quinn and Steve Swisher

June 19: Cruise Control

June 26: Funktion with Robin McClellan

#### TuesdayBluesday

Der Maennerchor, 221 North St., Harrisburg www.tuesdaybluesday.com

June 1: Chris Cawthray Duo

June 8: Organ with Jonathan Ragonese and

Jake Sherman June 15: TBA

June 22: Blue Elephant

June 29: The Cornlickers & Friends

### **Lectures, Readings** & Classes

#### The HodgePodgery

1100 N. 3rd St., Harrisburg 717-236-0150; www.thehodgepodgery.com

June 4: Charcoal drawing w/Matt Carrieri June 23: Book Binding w/Chrissy Rothgeb June 26: Embroidery w/Becky Mader

Midtown Scholar/Famous Reading Café 1302 N. 3rd St., Harrisburg

717-236-1680; www.midtownscholar.com June 5: Discussion and book-signing by Harrisburg's own Alan Kennedy-Shaffer, author of "The Obama Revolution," 2-4 p.m.

June 18–20: Juneteenth weekend of events honoring African American history & culture:

- June 18, 6–8 p.m. Free discussion on slavery and the Civil War, led by Dr. Amanda Kemp
- June 19, 9:30 a.m.-4 p.m. Day-long tour and celebration of history, includes stops at the State Museum, Broad Street Market, the Forum and Midtown Scholar Bookstore
- June 20, 2-4 p.m. "Defining Black Art," a forum, lecture and discussion group

June 26-27: Harrisburg Book Festival and Midtown Artsfest events, including:

• June 26, 7-9 p.m. Jackson Taylor, author of "Blue Orchard," discusses the writer's craft

• June 27, 4-6 p.m. Roundtable discussion with Bryant Simon, author of "Everything but the Coffee: Learning about America from

### Other Highlights

June 4: Lancaster First Friday. Lancaster highlights its arts and gallery community in this citywide event. lancasterarts.com

June 6: Tour de Belt. The Tour de Belt celebrates its 10th year, with its signature short-distance cycling event around the Capital Area Greenbelt. Starts and ends at HACC's main campus. caga.org

June 6: Bistro Bash Fundraiser. CHANNELS Food Rescue hosts a fundraiser with food. drink and a silent auction to support the needy and alleviate hunger in central Pa. Hilton Harrisburg, 4 p.m. 717-232-1300

June 10-13: Central PA Jazz Festival. Central Pennsylvania Friends of Jazz hold its 30th annual Jazz Festival, saluting women of jazz. Festival kicks off June 10 with Jazz Walk and goes all weekend. Hilton Harrisburg for main events. Jazz Walk at various venues, cpfi.org.

June 12-13: Dauphin County Music & Wine Festival. National acts, local bands and wine tastings come to Fort Hunter Park for a weekend of fun, forthunter.org

June 17: Jubilee Day. Mechanicsburg holds its 82nd annual Jubilee Day, one of the largest one-day street fairs in the country. mechanicsburgchamber.org/JubileeDay

activities are planned in downtown and Midtown Harrisburg celebrating African American history and culture. Details under "Lectures & Readings" section.

June 18-20: Juneteenth. A weekend of

June 19: Harrisburg Brewer's Fest. The 7th annual celebration of suds and music. Two sessions: noon-3:30 p.m. and 5-8:30 p.m. Downtown Harrisburg, entrance at 3rd and Locust streets. troegs.com/brewfest

June 19: New Cumberland Greenfest, New Cumberland goes green with this second annual festival full of fun things to do, many with an environmental twist. 9 a.m.-2 p.m. ncareenfest.com

June 26-27: Harrisburg Book Festival and Midtown Artsfest. Wade among a sea of books, as well as crafts and arts at the 1st annual festival. Check out author talks and get a book signed. Outdoors, N. 3rd and Verbeke streets, and indoors, Midtown Scholar Bookstore-Café. midtownscholar.com



A scene from last year's Tour de Belt. This year's event rides off on June 6. Information: www.caga.org

## Curtain Call

## Summer Stock, Central Pa. Style

Big names, bigger productions pass through Gretna Theatre.

Lori Myers

At Gretna Theatre, the show will go on ... and on ... and on.

That's the mantra of not only the directors and staff who see to every detail of the theater's summer musicals, plays and children's shows, but also the audiences that have long been filling the more than 700 seats, applauding with appreciation, and whistling the Broadway tunes after the final curtain.

Whistling comes easy around this place, a forested setting high in the hills of rural Lebanon County. No parking garages, no traffic lights, no fuss. The playhouse is right where it should be and right where it has always been; past the Jigger Shop where they pile creamy ice cream on cones, down a macadam drive or through a path in the woods that goes by a unique little fairy garden.

The large theater structure is like a round wooden tent, open on the sides, and nestled neatly amid tall shade trees that appear to thrive because of the artistry that has flourished here for 83 seasons. Theater has been produced at the Gretna Playhouse location since 1927, making it one of the oldest summer theaters in the country.

"It's a park-like setting, and the town is like an arts resort," said Larry Frenock, Gretna Theatre's producing artistic director. "There's a gift shop, a roller skating rink, a lake. You can stroll among the Victorian cottages."

But like any other decadesold arts-related organization, the theater has had its ups and downs; its good years and lean ones. A devastating blizzard in '94 collapsed the playhouse roof, destroying the structure, but the theater and its contribution to the community meant so much to this little lake town that no time was wasted rebuilding a replica with more modern backstage amenities and a larger stage.

Performers of stage and screen have either begun their illustrious careers on the Gretna stage or have made Gretna Theatre their summer work space away from the Big Apple.

Bernadette Peters, Faith Prince, Kaye Ballard, to name just a few, have starred in shows here. Charlton Heston acted in 10 plays in 10 weeks back in 1947, and Sally Struthers, best known for the sitcom "All In The Family," performed here in 2001 in "Always, Patsy Cline." Struthers is back this summer, heading Gretna Theatre's season opener, "Nunsense," directed by Dan Goggin, playwright, composer and lyricist of the "Nunsense" series of musicals.

Most of the shows not only rehearse here but also are built from the ground up here—sets, lighting design, costuming, all of it.

Gretna's nine-week schedule this year features seven major shows. "It's our most ambitious season," Frenock said.

This ambitious season isn't only for the over-21 crowd. Gretna also presents its Theatre for Young Audiences series on the five Saturdays in July at 11 a.m. The

one-hour musicals and plays are geared toward children 3 to 10 years of age and their families.

Principal acting roles are generally hired out of New York, but Gretna officials know that high-quality talent is just as plentiful in the surrounding towns and cities like Lancaster and Harrisburg. Locals

get to share the stage with equity performers who have Broadway, film and/or television credentials.

"We had a two-time Emmy winner, a Tony Award winner and a soap opera star audition this season," Frenock said. "We got 3,000 online submissions, and we auditioned 1,300 actors. Out of that, we chose 70 people."

This summer, Harrisburg actor Jay Miffoluf starts his sixth season at Gretna, where he has appeared in eight musicals and plays. He has seen the theater come a long way in that time and doesn't tire of the excitement that comes with each production's opening.

"The artistic standards are high and great young talent is brought in every year, along with some folks that have appeared on Broadway," Miffoluf said. "This has been of invaluable benefit to me as a student of the stage."



The Gretna Playhouse, where all the world's a stage, at least until the end of summer.

Frenock acknowledged that Gretna Theatre's state of health in decades past was "touch and go," but the last five years have seen a boost in attendance and production quality.

"We've turned it around," he said. "The quality is up and we've brought in great people."

#### Gretna Theatre's Summer 2010 Season

June 3-6: Nunsense

June 10-13: The Marvelous Wonderettes

June 17–20: The Will Rogers Follies

June 24–27: The 25th Annual Putnam County Spelling Bee

July 1-11: Peter Pan

July 15-18: Mr. Hobbs' Vacation

July 22–31: Mame

For more information, visit www.gretnatheatre.com.





#### Nothing.

It's what happens when you don't advertise.

Contact Angela with your ad

717-350-0428

adurantine@
theburgnews.com

## On the Outskirts

## **Remainders of Things Past**

Pie safes, gateleg tables and other old, musty, pricey mysteries.

Ellen Perlman



What's old is fun again: One of the many antique shops in nearby New Oxford.

In the back of the Center Square Antiques shop in New Oxford, Pa., my friend Paula examines a yellow wooden box near an intricate birdhouse. She admires the dovetailing that substitutes for nails and guesses that the painted design is original. She points to another feature. "It's got great hinges."

Great hinges? Not something I've thought much about. But I do know one thing: \$4,900 for an old box is out of my price range and beyond my comprehension.

I favor contemporary furniture and accessories. If I'm going to shell out hard-earned cash, I want the goods to be shiny and new. No cuts, cracks or chinks. If I find that something I've bought is peeling or chipped, I return it for a new one.

To me, therefore, antiques stores look like junk shops. Places that charge astronomical prices for dusty used stuff.

So when Paula suggested that I spend a weekend antiquing in a little town called New Oxford, home to 500-plus antiques dealers, I told her that she had to come along. Someone was going to have to explain what I was missing.

That's how we ended up in "the little town with the beautiful circle," as the Chamber of Commerce website calls it. We pulled into the one-horse town, nine miles east of Gettysburg, on a sunny Saturday via

a two-lane road and parked in the circle, the town's center.

An orientation walk had us gazing up at the clock tower of the 1887 Emory United Methodist Church and peeking into the windows of the historic 1763 Kuhn Tavern, the oldest building in town. When we reached Center Square Antiques, Paula's heart melted at the sight of two of her loves:

antiques and garden supplies. And we hadn't even gone inside yet. The grounds were filled with fountains, sculptures, trellises and large pots.

Paula exclaimed over the treasure trove. She loved a stone rabbit, among many other things. "It's somewhat realistic, but quirky," she said. "Which I can be." For a brief moment, I thought about pricing a metal trellis and plant holder for my balcony. But it was rusty.

Some people scrape off the rust and repaint, Paula explained. Others leave it as is. "If it's cheap enough, who cares? Some people really love rusty," she informed me. Hmm. Where I grew up, surrounded by Danish modern furniture, the only thing rust indicated was time for a tetanus shot.

Inside the shop, we walked among the fine furniture, clocks and stoneware. Paula pointed to a folding "tilt" table that she described as being good for small rooms. She called a metal-bar structure near the door a towel rack. "It could be," she said. "That's how I see it."

It was clear that, like the young boy in "The Sixth Sense," Paula could see things that I couldn't.

Before I knew it, we had spent almost an hour at the shop. Shockingly, I wasn't bored. But I was ready for a rest after our drive. We commandeered a booth at a restaurant called On the Square. Despite the fact that it's On a Circle. Almost as perplexing as antiques shopping.

After lunch, we headed to Golden Lane Art & Antique Gallery, a three-story antiques "mall" containing hundreds of dealers' goods. Glass cases held Civil War artifacts, small French papier-maché soldiers (eight for \$695), handcrafted baby shoes from 1896 (\$125), old ice cream scoops. "It smells musty in here," I said. "Welcome to antiquing," Paula replied.

With her help, my vocabulary broadened as we scrutinized items unusual and mundane. Gateleg tables. Plank-bottom chairs. A Hoosier cabinet. Side-by-sides. A cane-bottom highchair. A pie safe.

Pie safe! Heaven forbid that someone should steal the pie. Or a chunk thereof. Actually, the green cabinet on legs, with shelves and doors with screens, was used to cool pies if you didn't have a screened-in window sill to rest them on.

Paula murmured "great" and "lovely" many times as we wandered. "The workmanship on this stuff?" she said. "You can't hold a candle to it unless you're spending a lot of money."

I became enamored of a Victorian side-by-side, an asymmetrical piece with a narrow desk on one side and a glass-front cabinet with shelves on the other. Almost looked new! But where would it fit in my contemporary home? Style-wise, that is. Putting it in my home would be like wearing a cowboy hat after returning from a Colorado ranch vacation. Something wouldn't be quite right.

I didn't buy anything during our trip, although I was momentarily drawn to a hand coffee grinder. Paula bought a few Depression-glass drinking glasses. She collects the green-glass pieces and was thrilled with her find.

At the cash register, I asked a guy buying a \$165 felt Baltimore Colts pennant whether he was a fan of Baltimore or the Colts. "Pennants," he replied. "Felt pennants."

Geez, my brother had scads of those on his wall when we were growing up. We could been rich.

Before we left on Sunday, we were chatting with Steve McNaughton, one of the innkeepers at our B&B, which is filled with Victorian antiques. "What is the attraction of rust?" I asked him.

"It reminds you of what it was," he explained.

"I'm sorry, I just don't get it." His threw back his head and laughed heartily. I still have plenty to learn.

For more about New Oxford, visit www.newoxfordantiques.com.

Ellen Perlman is a consultant and freelance travel writer who blogs at www.boldlygosolo.com.



## **Home & Family**

## Hall Pass

## Learning: "Fast and Furious"

### Accelerated program a favorite at Elizabethtown College.

Peter Durantine

For Linda Beck, an instructor for Elizabethtown College's accelerated degree program for adults at Harrisburg's Dixon University Center, the five-week and single-weekend courses have an exciting, intense feel for teaching and learning.

Take a recent weekend business course she taught. Students attended lecture Friday evening, Saturday 9 a.m. to 5 p.m. and Sunday 1 p.m. to 5 p.m., studying the Blockbuster Video era and its impact on business and society.

As required, there was precourse work for this three-credit class, a post-course discussion and then students were required to write a 14- to 16-page research paper.

"I don't think the students know how much they are learning in terms of critical analysis because it is so fun," Beck said. "It's fast and furious."

The learning objective was to show students how business theory and practice is applied in the real world, and its effect.



Linda Beck

E-town has been offering adult continuing education programs since the 1970s, and, in an effort to always stay on the cutting edge and to make college more accessible for adults,

the accelerated program for the last 10 years.

The college offers the program because the traditional method "was still taking adults a very long time to complete a degree in the evening," said Barbara Randazzo, director of admissions and marketing for the College's Center for Continuing Education and Distance Learning.

The program has a strong retention rate—most students who start do complete the program, Randazzo said.

While the accelerated program is available even to those with just a high school education, Beck said most of her students have some college, and, in most cases, they want to broaden their knowledge

and skills to achieve workplace advancement.

"The majority of students are not looking to leave where they are at," she said. "They just realize they can't go any further without a college degree."

Her students average in age from mid-30s to mid-60s, and, although Dixon is located in the city's Riverside neighborhood, many commute long distances.

"I'm always surprised when we end at 10 o'clock and people tell me, 'Oh, yeah, I have a 40-minute drive home," Beck said.

Located at 2986 N. 2nd St., Dixon University was created for adult continuing education with 11 state colleges and universities participating, including Elizabethtown College, which joined in 1959

E-town is focused on linking education to real-world experience. Instructors like Beck, who worked in the corporate world before turning to teaching a decade ago, offer students insight into those experiences and how critical thinking can be and is applied.

First-time students are required to take a foundation course that re-acquaints—or acquaints—them to the college classroom and its expectations by having them write a research paper and a memoir, and make a verbal presentation.

As an instructor, Beck has found teaching students who work full-time and have families rewarding. "I often find my students teach me as much as I teach them," she said.

For more on Elizabethtown College's accelerated degree program, visit www.dixonuniversitycenter.org/learning/elizabethtown.asp.

## HACC President Plans to Depart



Edna Baehre is leaving Harrisburg Area Community College after a 13-year tenure as president.

Baehre will depart to head up Napa Valley Community College in California. She expects to leave HACC before the start of the new academic year in the fall.

Baehre has supervised many changes and seen much growth in the five-campus system, which enrolls more than 21,000 students. Notably, she has overseen the expansion of HACC Midtown.

Vice President of Academic Affairs and Provost Ronald Young will serve as interim president until a new president is selected.

## One School Board Sues Another One

School politics in Harrisburg took another ugly turn last month, when the elected school board sued the mayor-appointed Board of Control.

The elected board asked for a court injunction that would prevent the appointed board from making major decisions before the elected board resumes control of the system on June 30. The elected board wants to prevent the Board of Control from acting on important matters, including the district budget and the hiring of a new superintendent.





## Have Doggie, Will Travel

Pet ownership means extra planning come vacation time.

Todd Rubey, DVM

Whether vacation or business travel, don't forget about your furry companion. Most of us plan our trips well in advance. We look for the best deals and try our hardest to make the trip as painless as possible. It is important to do the same for your pet.

The most common plan is to leave your pet in someone else's care: at a kennel, at a vet's office that offers boarding, at a friend's house or with a pet sitter who comes to your home on a scheduled basis or stays at your home the entire time.

Regardless of what you choose, plan ahead as much as possible. Most boarding facilities fill up quickly during summer months and over holidays. The earlier you book your reservation, the better. Check the facilities ahead of time to make sure they meet your standard of care. Ask about feeding and walking schedules. Check out the extra amenities they offer, such as one-onone time, bathing, spa-like activities, etc. Many boarding facilities offer considerable extras, at additional costs, that can make your pet's stay less stressful or even enjoyable.

If you are considering a pet sitter, do an interview. Some pets may not get along with the sitter, so it's important to figure this out ahead of time. Have the sitter visit when you are there and again while you are out so you and the sitter can see how things will work out. It's important to keep as normal a schedule as possible. Try to set up times for visits when the pet is used to eating and going outside. Make sure your sitter is aware of any medical conditions and medications that your pet may need or have. Ensure that he or she can successfully administer these medications or treatments with as little stress as possible.

A lot of people choose to travel with their pets. This is great, but there are many things to take into consideration. Those who travel in a car must be aware of the confined space that the pet will be in for an extended period of time. Most animals are not used to this, so make routine stops to allow them time to stretch their legs, get a drink and snack and relieve themselves. Remember to clean up after your pet

just like at home; it is not someone else's responsibility to do this.

Secondly, find a local vet once you reach your destination. It's less stressful and safer to have a phone number on hand than to look for a vet when an emergency occurs. Try to bring copies of your pet's medical records and shots, especially for special medical conditions. Make sure you have enough of your pet's medications for the entire trip so you won't be scrambling to get something when you're halfway across the country and can't reach your vet. Make sure you have a sedative, if your pet needs one.

Finally, check your destination. Do they allow pets? Is there a deposit if you bring a pet? Are there pet size restrictions? You don't want to arrive at your destination and find you can't stay because you brought your pet.

For those flying with their pet, it is vital to plan ahead. There are federal regulations that must be abided. A federal health certificate is required for all commercial air travel. This is a certificate that you get from your vet after he or she has

examined your pet within a stated period of time prior to the flight (usually within 10 days). For travel within the contiguous 48 states, the health certificate and a current rabies certificate are all that is needed (check the airline to be sure). Your pet can travel in the luggage compartment in an approved pet carrier or under the seat if the carrier is small enough.

If you travel to Hawaii or overseas, the paperwork and requirements are considerable. Hawaii, for example, is a rabies-free state and requires many documents before the authorities will allow you to bring your dog or cat. Give yourself plenty of time (at least six months) to prepare. Ask your vet or travel agent for help.

Traveling with your beloved furry companion can be a wonderful experience. Just remember to plan ahead. Happy travels!



Todd Rubey, DVM, a veterinarian for 12 years, works for the Colonial Park Animal Clinic

## **Burg** Classifieds

#### **For Rent**

#### **Outstanding Location**

One BR apartment includes washer/dryer. In the Capitol area in the 100 block of South Street. Late summer occupancy. No pets. \$600+. Accepting calls after 6/8 at 233-2270 or 919-1540.





## The Whys and Whens of Watering

### Thirsty this summer? Your plants are too!

Rebecca Mack

A pril showers brought May flowers, and now it's June and the heat of summer is upon us. As we take time to quench our thirsts and re-hydrate with a nice cool drink of water, we need to remember that out there, in that beautiful landscape we prepped for in spring, are thirsty plants waiting for their turn for a drink. Just as our bodies need water to live and grow, so do our plants. Proper watering is imperative if we want a healthy, vibrant garden, but some of us aren't sure what "proper watering" is.

The most common mistake when caring for our plants is the amount of water we give them. Too much watering promotes leaf disease, or fungus, and can also drown the plant by overfilling its pores, resulting in a lack of oxygen. Under-watering will result in dry plants that will stop producing new growth and eventually die.

Consider your soil type. If you have heavier soil, or clay soil, you will need less water because the soil holds the water longer. If you have sandy, loose soil, you will need more. Also keep in mind the plant's exposure to the sun. Plants in the shade will need less water, as the sun will not be able to dry them up

It is best to water less frequently and more thoroughly. This encourages the roots to grow deep, anchoring them to soil deep down which provides the best nutrition and moisture in order for them to

RUSSELL FEESER 717.460.8095

What can we arow for you? www.naturagardens.com

grow large and healthy. Frequent shallow watering eventuates in weak roots with shallow growth, minimizing their chance to grow and maintain optimal health. Water the soil and not the plant itself to garner against leaf disease, wilt and water run-off. The best time to water your landscape is in the mornings. The temperature is a little cooler, which means less evaporation, and watering early in the day gives the plants and soil time to dry a little before night-time when the cooler temperatures, coupled with the darkness, promote fungal growth.

There are a few types of watering methods that can be used. Hand-watering obviously allows the water to get directly to the spot where it's needed. It takes time and dedication, but ensures happy, quenched plants with deep roots and beautiful blooms or leaves. A drip irrigation system is convenient, fairly inexpensive and it conserves

water over its popular counterpart, the sprinkler. The sprinkler can be used, but it does waste water by drenching areas that don't have plantings. It also wets foliage, which can result in leaf disease. Some gardeners use just one method or a combination. Choose which works best for your plants and adjust your watering schedules accordingly.

It can be quite difficult to remember to water your landscape, and water it correctly. Just remember that, every time you come in from the heat and feel you need a drink of water, you better check your plants outside; they might be thirsty as well.



Rebecca Mack is a freelance writer and the co-owner of New Growth Landscaping, located in Dillsburg.

www.nglandscaping.com



A delight any way you look at it (or smell, taste, feel or hear it): The **Five Senses** Garden, just across the city line in Swatara Township (story on right).

### A Garden Near You: 5 Senses, No Waiting

Peter Durantine

Just across the city line in Swatara Township, along Route 441 leading up to the Harrisburg Mall, is a piece of quiet solitude amid the noisy urban busyness—The Five Senses Garden.

Its pebbled paths, chromatic flora and fauna and babbling brook that gently meanders around the garden belie its location, which is partly seen through the trees—the high-rise retirement home and the low-rise industrial buildings.

Across the stream, Spring Creek, and through the thick woods stands Dauphin County Prison, congested Paxton Street with its fast-food joints, the mall and an endless array of shops and businesses.

Stand in the garden, though, and its serenity envelopes; you would think you were out in the country, alone with nature.

Opened on a small acreage in 1996, the garden is part of the 18mile Capital Area Greenbelt trail that circles Harrisburg through patches of woods and parks and along streams and the Susquehanna River.

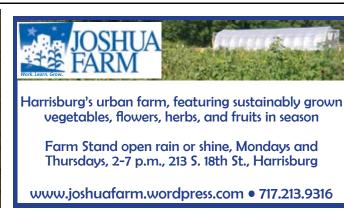
For sight, the garden offers flora such as balloon flowers and Russian sage, as well as an array of ornamental grasses. It invites visitors to gently touch the plants while enjoying their fragrances

> and listening to a chorus of birds: bluebirds, grouse and woodpeckers, among others. The taste garden offers mint, Rosemary and blueberries.

Finally, benches, one of which overlooks the brook, invites visitors to just sit, think and relax with nature.

The Five Senses Garden is open from sunrise to sunset. For more information, visit, caga. org/five senses gardens.





## **Sports & Bodies**

## Your Health

## A Tough Call for Men

Prostate screening: it's no slam dunk.

Dr. John Goldman

At least half of men over the age of 50 are screened for prostate cancer with a blood test that measures the level of prostate specific antigen (PSA).

Despite this test's widespread use, the value of the PSA is controversial. There has been little evidence that screening with a PSA prevents deaths from prostate cancer, and in studies that show a benefit, it is at the cost of increased and often invasive testing and treatment. Consequently, some medical societies (American Cancer Society and American Urologic Society) recommend PSA screening and some (U.S. Preventative Services Task Force) do not.

Prostate cancer is very common. In the United States, 230,000 new cases are diagnosed and 30,000 men die of this cancer each year. However, asymptomatic, slowgrowing tumors are much more common than fast-growing, more aggressive tumors.

In autopsy studies of men who died of other causes, 30 percent of men over 50 and 80 percent of men over 70 had microscopic evidence of cancer in their prostate gland. In other words, men who live long

enough will almost certainly get prostate cancer. However, the vast majority of men die of other causes even when they have the disease.

PSA screening simply detects the possible presence of a cancer. It does not distinguish between a slow-growing cancer that may never be symptomatic and a more aggressive fast growing cancer that may result in death. Consequently, as a result of PSA testing, many men will have cancers detected and undergo further testing and treatment, even though many of the cancers would have never caused any morbidity or mortality, even if they had remained undetected.

There is a recent study that showed PSA reduced the risk of death from prostate cancer by 20 percent over a 10-year period. This decline in deaths is much less impressive when one realizes that the absolute risk of death was reduced by seven per 10,000 men screened (0.07 percent). Furthermore, this reduction in death was accomplished at a cost of a greatly increased rate of invasive testing and treatment.

Men in the screening group had much higher rates of prostate

biopsies, higher rates of the diagnosis of cancer and underwent radiation therapy and radical prostatectomy (surgical removal of the entire prostate) more frequently. In fact, to prevent one cancer death, approximately 1,400 men needed to be screened, 250 biopsies needed to be performed and 48 men needed to be treated either with a radical prostatectomy or radiation therapy.

These treatments are not benign. They can cause sexual dysfunction (impotence), urinary incontinence and retrograde ejaculation (ejaculation of sperm into the bladder instead of into the urethra).

Men should understand the risk and benefits of prostate cancer

screening. PSA screening may result in a small decrease in death from prostate cancer. But it is at the cost of a large increase in testing and treatment, which has a real potential to decrease the quality of your life.

If you don't undergo PSA testing, you have to be comfortable with the small possibility of missing a fatal cancer. If you do undergo PSA testing, you have to be comfortable with the small possibility of ending up impotent or incontinent because of a benign lesion.



Dr. John Goldman is the Program Director of Internal Medicine at PinnacleHealth.





## One More Thing ...

## A Lesson in Bravery

Want to see an everyday hero? Go back to school.

Judith P. Forshee

// ero: a person remembered for bravery, strength or goodness, especially when admired for an act of courage under difficult conditions."

Are there any American heroes left? Legions. Find them among our firefighters, drug counselors and clerics, as well as in the military ranks and political arenas. Individuals from many diverse social strata and career categories qualify for heroic status, according to this definition.

Rarely do true heroes teachers, among them—headline the front page of newspapers or appear nightly on television. Rather, they wage private battles, one day at a time, on their individual fronts.

Consider the classroom teacher. Charged with the daily responsibility for 30 to 200 lives, as well as the collective future of society, these underpaid, under-appreciated and often misunderstood souls minister to the needs of our children.

It takes a brave person to closet oneself in a room full of adolescents, captives by law, held against their will until the age of 16. Considerable resentment and rage can build in 16 years. Disenchantment with the system, disdain for adults, rebellion

against authority simmer below the surface of the classroom. Too often, the teacher appears to embody these issues. Seen as "the enemy," he or she is a convenient target for harassment, ridicule or attack.

Teachers are frequent victims of verbal and physical abuse from students and parents, both in and outside school. Threatening notes and telephone calls, slashed tires and vandalism can follow one home. Flames crackling outside the bedroom window, a wall of fire threatening the household, torched by disgruntled youth, can cause one to question the wisdom of returning to the workplace. When reality ranges from lice to lugers, bravery on the part of educators extends beyond curricular concerns.

Strength is required. It takes a certain physical stamina just to withstand the relentless assault germ warfare wages in the overcrowded, overheated or Arctic conditions of most classrooms. The "school cold" blossoms in September and flourishes until May, often embellished by various bouts of stomach virus, recurring sieges of three-day measles, impetigo and flu. At least chicken pox appears to be a

one time event. Headaches, nervous stomachs, bladder problems and waning eyesight tax the strength of the most physically fit.

Teaching is not for wimps. A routine daily schedule can be strenuous. Lugging 30 books from room to room, pushing audio visual equipment, racing down long hallways, climbing countless stairs, standing for hours—all make for physical demands not apparent at first glance.

Emotional strength cannot be underestimated when dealing daily with so many of life's walking wounded. Trying to meet many critical needs—intellectual, physical, emotional—is enormously draining. Consider the magnitude of the endeavor: Children's lives—and society's future—are placed in the hands of a relative few. Basic issues range from illiteracy to suicide.

Is that 13-year-old child pregnant? Has this boy been beaten by his alcoholic father? Is that one asleep because he cleaned office buildings all night or because he is drugged? Is the precocious blonde responding to normal adolescent fads and hormones or is the sexpot image a symptom of incest? Will

VANCE GILBERT

In Concert

FRIDAY, JUNE 11

\*8 PM \*\$15

that suicidal boy live through a five-day suspension for excessive tardiness or will this minor infraction of administrative rules kill him? How can that girl concentrate on verb forms when her mother is being consumed by cancer?

The classroom is a microcosm of society. Every day, new tragedies, as well as triumphs, unfold. Teachers face a desperate struggle for perspective and balance.

Without fanfare, teachers nurture the needy, be it physical or psychological. Each day they pack lunches, loan money, provide clothes, share homes. They are there for the students whose parents are not. Friends as well as instructors, they persevere through incredible traumas against incredible odds. Sometimes they win. Sometimes kids choose life. Sometimes kids are even academically prepared. Sometimes kids do become successful members of society, accepting challenges, finding contentment. Sometimes, kids say, "Thank you."

More apt to receive publicity for transgressions than triumphs, teachers are caught in a peculiar place, somewhere between the childhood realm of the classroom and the adult world of business. Their days are regulated by bells, their months tallied by semesters, their years celebrated by graduations. Riches are measured in roses and hugs, letters and wedding invitations, loyalty and friendship. Success is intangible, illusive, rare.

The American teacher: brave, strong, courageous and good, a hero whose battles are far from won, whose ultimate reward is



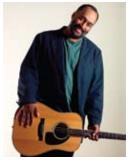
Judy Forshee has taught reading from elementary to college and retired after 40 years from the State University of New York's Orange County campus in 2000. She lives in Midtown.

remembrance. Friday June 18 is 3rd in The Burg! Sample new coffee varieties at noon Dr. Amanda Kemp on Civil War history, 6-8 PM "Eco-Arts" photography exhibit reception, 6-9 PM

Hours: Wed 9-5, Thu-Sat 9-9, Sun 12-7 \* 236-1680

\*Great Used Books \* Art Gallery \* Acoustic Music \*

**Pride Festival of Central PA** July 23 - 25 "One World, One Goal, Equality for All" Pride Shabbat Pride Festival Friday July 16 7:15 PM Saturday July 24 **Temple Beth Shalom** Riverfront Park Mechanicsburg Harrisburg 12 - 5 PM Voices United Concert Spirits United Friday July 23 8 PM Sunday July 25 MCC ~ Harrisburg 7 PM PrideFest Unity Parade Stonewall Democrats Saturday July 24 11 AM Sunday July 25 Pride Forum Get Your Parade & Vendor P.O. Box 12083 Harrisburg, PA 17108-2083 (717) 801-1830 Applications info@prideofcentralpa.org In Today! www.prideofcentralpa.org



\*Fair-trade Coffees, Teas & Espressos\*



## S.E. TOKENS FOR TAIN

Trade in your old water heater – and we'll give you \$200!

\*Towards the purchase and installation of a tankless or a hybrid tanked water heater.

CALL Today About TOKENS FOR TANKS 1-888-379-3257

mention your code 3257!

Homeowners who purchase and install a qualifying tankless water heater are eligible for a tax credit equal to 30% of the full purchase and installation price\*!

Must be installed before December 31, 2010!!

up to a maximum of \$1500.





## DOUBLE YOUR TO

Double your trade-in value if this coupon is redeemed by 6/30/2010!

Promotional Code: 3257 Expiration Date: 06/30/2010

Coupon must be presented and used at time of estimate only. May not be combined with other offers or applied to previous purchases. Valid only at select locations.

\*Tokens for Tanks offer excludes all prior sales. Offer valid only 06/01/2010-6/30/2010.

Financing Available [222]

Richard D. Reustle Jr. NJ MPL #10655 DEMPL #0002303 WVMPL #02398 MDMPL #82842 Licensed in PA PAHIC #17978

Thinking about going back to school? If time is your main concern, an accelerated program just might be the answer. We'll help you save time with:

5-week classes
 Online courses
 Locations close to home

Through Elizabethtown College, you'll earn your degree in no time. Visit our website to find out more. And you'll be telling yourself, yeah, I can do this.

Elizabethtown College ADULT DEGREE PROGRAMS

Harrisburg • Elizabethtown• Lancaster • York

361-1411 • 800-877-2694 • www.etowndegrees.com/harrisburg

# EVERY 3RD FRIDAY IN HARRISBURG: JUNE 18

Gallery Blu (1633 N 3rd St • 717.234.3009 • www.galleryblu.org • Hours: 11 am-9 pm) "Juneteenth" art show commemorating end of slavery in the US and exploring artistic expression of our African American community.

Midtown Scholar Bookstore (1302 N 3rd St • 717.236.1680 • www.midtownscholar.com • Hours: 9 am-9 pm)

Coffee Cupping at Noon. Reception for "Eco-Arts," photos by Danzante students: 6-9 pm. Dr. Amanda Kemp discusses slavery and the Civil War: 6-8 pm.

The HodgePodgery (1100 N 3rd St • 717.236.0150 • www.thehodgepodgery.com • Hours: 11 am-10 pm) Back by popular demand: Henna Tattooing and artwork by Shruti Shah plus \$1 per minute chair massages by Donna Opuszynski: 5-10 pm. Call to book appt.

Midtown Cinema (250 Reily St • 717.909.6566 • www.midtowncinema.com) Independent & foreign films. Featured artist is Anna Novak.

Arts at 510 (510 North 3rd St • 717.724.0364 • www.artsat510.com • Hours: 11 am- 8 pm) Laminated Acrylic paintings by Donald Sam Sneeder. Reception and music by 510 Express: 5:10 -8 pm

Mangia Qui (272 North Street • 717.233.7358 • www.mangiaqui.com) Featured artist: Joanne Landis & drink: Strawberry Lemon Mojito \$6

ArtHouse Lounge (217 N 2nd St • 717.236.2550 • www.arthouselounge.com) LIVE Glassblowing by Michael Peluso w/FREE Raffle of 3 on-site creations. Continued solo exhibit of Adam Scott Miller. Upper Lounge exhibits by Cecelia Lyden, Jeff Wiles & Fang Lin Lee: 6-10 pm

SPRAMA.design. (308 N. Second Street • 717.238.1001 • www.sprama.com) "Natalie Lock: Legacy". Enjoy collage and abstract expressions of a Hbg artist who was well ahead of her time in the art community. Exclusive solo exhibit brought to you by the Lock Family.

Nonna's Deli-Sioso (263 Reily Street • 717.232.6150) South Central PA's only authentic Italian Delicatessen. June's Special: Veal Marsala.

Gallery@Second (608 North Second St • www.galleryatsecond.com) Featured artists: Mark Wesling and Andrew Hench, plus "The Burg" group exhibition: 6-9 pm

Café di Luna (1004 N 3rd St • 717.695.9449 • Hours: 7 am-10 pm) Outdoor Seating & new menu, but the same friendly atmosphere and the best coffee in town. "Live Jazz" featuring Andrew Bellanca.

Broad Street Market (1233 North Third St • 717.236.7923 • www.broadstreetmarket.org) Vendors are open later! HACC student art on display: 6-9 pm

"Chevy Courtesy Shuttle" Look for a specially marked 2010 Traverse or Equinox. Departing on the half hour from the Broad Street Market and stopping at all participating galleries and restaurants throughout the evening. "Win prizes just for riding!" Call: 717.798.7128 for a ride.

